BHARATA MATA
COLLEGE | AUTONOMOUS
THRIKKAKARA

NAAC with A+ Grade. NIRF Ranked in the BAND 151-200. DBT Star College. ISO 9001-2015 Certified

ANNUAL REPORT 2023-24



BHARATA MATA SCHOOL OF SOCIAL WORK

Department at a Glance

Bharata Mata College is a nationally accredited 'A+' grade arts and science coeducational institution of higher learning in the aided sector under Bharata Mata Educational Trust owned and managed by Archdiocese of Ernakulam- Angamaly.

The Bharata Mata School Social Work was established in the year 2004 with vibrant faculty and two batch of committed and oriented pursuers. From the nascent stage onward, the school spread its roots into explicit discipline, development of personality in professional, social and individual life. The school imparts academic charisma through well-organized curriculum, striving for higher global educational practices through well qualified and experienced faculty. The MSW program is an amalgamation of theory, practice and research with a commitment towards society by catering to the needy, especially to the neighbourhood communities.

The horizon of activities ranges from micro level interventions to macro level policy changes. The department aim to promote an inclusive environment with equal opportunities to mould our students into responsible citizens. The faculties are the strong pillars of the program, who are experts in the field with rich research experience. Social work today is an expanding and challenging profession and we social workers strive to enhance the social functioning of individuals, families, groups, organizations and communities; to support the development of human capacities; to empower at-risk groups; and to promote social and economic justice.

Bharata Mata College has launched "BVOIC" (Bharata Mata Venture for Organising Inclusive Communities), a registered NGO under the Travancore Cochin Literary, Scientific and Charitable Societies Act, 12 of 1955. Founded in 2023 by students, BVOIC aims for comprehensive societal development, promoting inclusivity, diversity, empowerment, equality, and sustainability. It envisions a world where every individual, regardless of background, enjoys equal opportunities and a voice in shaping their future.

Department vision

To become a centre of learning and excellence through value based and experiential learning opportunities, that helps in the holistic development of individuals.

Department mission

To create and facilitate inclusive environment and culturally diverse practices that promotes equity, equality and social justice that mould individuals into responsible citizens.



Courses offered

Programme	Name / specialisation
PG	Master of Social Work Specialisations: - • Community Development • Family and Child Welfare • Medical and Psychiatric Social Work
Certificate/ Add on	• Participatory Rural Appraisal • Project Planning • Practice Skills for Counselling • Street Theatre • Statistical Package for Social Science (SPSS) • Art Therapy • Life Skill Training

Department Highlights

Ph.D. Awarded - 2
Funded Research - 2
Paper Publications - 1
Paper Presentations- 14
Publications - 1
MoUs - 10
NET/JRF Qualifiers - 2
Workshops/Seminars/ Invited Talks - 35

Faculty Profile



Dr. Sheena Rajan Philip

HOD , Assistant Professor

Qualification: MSW,M.Phil,PhD

Joining Year: 2014



Dr. Elsa Mary Jacob

Assistant Professor

Qualification: MSW,M.Phil,PhD

Joining Year: 2019



Mr. Sooraj M.V

Assistant Professor

Qualification: MSW,M.Phil

Joining Year: 2022



Ms. Simmy Xavier

Assistant Professor

Qualification: MSW

Joining Year: 2024

Student Profile Batch Wise

Batch	Male	Female
2023-2025	11	19
2022-2024	10	20

Student Representatives

Batch	Male	Female
PG – 1st Year	Edwin Jose M	Aleena Davis
PG – 2nd Year	Bipin Balakrishnan	Agnes Treesa Sevi

Result Annalysis of Students of Batch 2020-2022

Program	Batch	Semester	No of Students registered	No of Students Passed	Percentage
MSW	2021-2023	I	31	31	100 %
MSW	2021-2023	II	31	31	100 %
MSW	2021-2023	III	31	31	100 %
MSW	2021-2023	IV	31	31	100 %

Department Contribution to Examinations

Name of the Faculty	Role Taken
Dr. Sheena Rajan Philip	Chief Examiner Additional Examiner Question Paper Setter BOS Member External Examiner and Evaluator (PhD, Bharathiyar University) International PhD Guide (Lincoln University, Malaysia) Editorial Board Member of International Journal of Development & Social Concern, Kenya
Dr. Elsa Mary Jacob	Chief examiner and External Examiner of viva-voce, Kerala PSC question paper setter, Calicut University question paper setter, Editorial Board Member of International Journal of Development & Social Concern, Kenya Paper Valuation MSW MG University
Mr Sooraj M V	External examiner for St Alberts college Autonomous, Ernakulam. Question bank verifier for B-Voc. Psychiatric Social Work and MSW- St. Alberts College Autonomous, Ernakulam. Paper valuation B-Voc and MSW St Alberts MG University MSW paper Valuation

Institutional responsibilities held by the faculty

Name of the Faculty	Responsibilities Held
Dr. Sheena Rajan Philip	Head of the Department, Bharata Mata School of Social Work Course Mentor, Regular Classes and Mentoring of students Field Work Supervision Initiate, coordinate, facilitate Rural sensitization camps Dissertation Guidance, Department projects IGNOU Study Centre Coordinator, SIA Chairman
Dr. Elsa Mary Jacob	Course Mentor Regular Classes and Mentoring of students Field Work Supervision Rural sensitization camp, Dissertation Guidance Research Coordinator of the department Coordinator of department programs IQAC Coordinator (of the department for college) NAAC Coordinator (of the department for college) Faculty in-charge of Alumni Engagement Department documentation
Mr Sooraj M V	Class in charge batch 2022-2024 Regular Classes and Mentoring of students Initiate, coordinate, facilitate Rural sensitization camps Dissertation Guidance Placement officer Fieldwork Officer, Vice president B-VOIC Staff Secretary
Ms. Simmy Xavier	Class in charge batch 2023-2025 Regular Classes and Mentoring of students Dissertation Guidance
Dr Reshma K S	Staff Secratery Program in Charge, Documentation in Charge Assistent Coordiator Placement Cell Assistant coordinator Bharathion

Bharata Mata Venture for Organizing Inclusive Community (BVOIC)

Bharata Mata Venture for Organizing Inclusive Community (BVOIC) is a student's association which aims to the comprehensive development of society. The association is registered on August 2, 2023, under the Travancore Cochin Literary, Scientific and Charitable Societies Act, 12 of 1955.

The vision of the association is to create a world where every individual, regardless of their background, abilities, or circumstances, has equal access to opportunities, resources, and a voice in shaping their future by emphasizing the core principles of inclusivity, diversity, empowerment, equality, and sustainability, which are essential for holistic community development.



The association is committed to fostering social, economic, and environmental inclusion, promoting equal opportunities, and nurturing a sense of belonging among all community members. Through collaborative partnerships and innovative solutions, we strive to create a future where every individual has the chance to thrive and contribute to the betterment of our diverse and interconnected society

Structure of the Association:

Staff In charge : Mr. Sooraj M V

President : Fr. Abraham Oliapurath

Secretary : Angel Feba John

Other office bearers

Joint Secretary : George Milan Mendez

Treasurer : Alamin K Y

Executive Member: Ashwini Mary

Executive Member: Anjali Biju

Executive Member: Aswin K M

Executive Member: Agnes Treesa Sevi

Executive Member: Adithya S Bhanu





Association Report

PRA Workshop for students from St. Gregorios College, Parumala (09-10/10/2023)

The PRA workshop held at Bharata Mata School of Social Work for students from St. Gregorios College of Social Science, Parumala, spanned two days from October 9 to October 10, 2023. This PRA workshop was fully organised by BVOIC. Social work students immersed themselves in learning about Participatory Rural Appraisal (PRA). The workshop aimed to equip them with essential knowledge and practical tools for implementing PRA within their field curriculum. Additionally, emphasis was placed on crisis intervention techniques and fostering social relationships within marginalized communities. The PRA training was given by Dr. Sheena Rajan Philip and Mr. Sooraj MV

Urjakiran Seminar: Promoting Energy Conservation (14/12/2024)

In collaboration with Urjakiran Mission, BVOIC organized a seminar on 'Energy Conservation and its Importance' at Kannavam Government Tribal UP School in Kannavam, Kannur, on December 14, 2023. Attended by both local community members and students, the seminar aimed to raise awareness about energy conservation practices. Social work trainees actively participated, sharing insights into the significance of energy conservation. The interactive session facilitated discussions, allowing participants to exchange perspectives and enhance their understanding of the topic. Overall, the seminar provided a dynamic and informative platform for promoting energy conservation initiatives.

Project Clean Blue: Transforming Valappu Beach (15/03/2024)

The Clean Blue Project, a joint effort between Petronet LNG Ltd. and BVOIC, Bharata Mata School of Social Work, successfully revitalized Valappu beach into a sustainable and welcoming recreational area. Beginning on March 15, 2024, the project focused on creating a plastic-free environment and enhancing beach amenities. Students spearheaded clean-up drives, repurposing collected plastic bottles and tires to construct cozy hangout spots. With financial support from Petronet, a prominent Bottle Disposal Bin was installed on the beach, encouraging responsible waste management. The project garnered widespread support from residents and tourists, fostering a shared commitment to maintaining the beachfront's cleanliness.

Expressive Art Therapy Workshop

Date and Time : **17-06-2023**
Coordinator : **Dr. Elsa Mary Jacob**
Resource Person/s : **Ms. Krishnendhu B S**
Number of Participants : **30**

Expressive art therapy is a powerful therapeutic approach that combines various art forms to promote emotional healing and self-expression. It holds great importance in helping individuals explore and communicate their thoughts, emotions, and experiences in a non-verbal and creative way. The introduction to expressive art therapy by Krishnendhu B S, a renowned dance/movement therapy practitioner from Navem Art Centre in Trivandrum, during the seminar held at the Bharata Mata School of Social Work on June 17, 2023, was a transformative one-day session. The seminar covered a wide range of domains, allowing participants to delve into painting, drawing, music, movement, and other art forms, enabling them to tap into their inner creativity, gain personal insights, and enhance their overall well-being.



Counselling Workshop

Date and Time : 28 – 29 /07/2023
Coordinator : Dr. Elsa Mary Jacob
Resource Person/s : Dr. Rajeev S P
Number of Participants: 30

Counselling is a form of therapeutic support provided by trained professionals to help individuals, couples, or groups navigate through emotional, psychological, or behavioural challenges they may be facing. As social work trainees it is important to have both theoretical and practical knowledge about counselling and what are the techniques and skills used in it. To provide this opportunity for the social work trainees of Bharata Mata School of Social Work, two days of workshop for counselling was arranged at the MSW seminar hall on 28/07/2023 – 29/07/2023. The workshop was led by Dr. Rajeev S P Assistant professor, department of social work of Rajagiri College of Social Sciences.



How to Build a Resume

Date and Time : 25/07/2023

Coordinator : Mr. Sooraj M V

Resource Person/s : Mr. Saravanakumar S

Number of Participants: 30



The workshop on 'How to Build a Resume' was orchestrated by the student association BVOIC (Bharata Mata Venture for Organizing Inclusive Communities) Conducted on July 25, 2023, at the seminar hall of BMSSW. The resource person, Mr. Saravanakumar S guided the session. The workshop, focused on resume construction, proved highly beneficial, providing attendees with essential skills and insights. Organized by BVOIC, the event aimed at enhancing students' proficiency in crafting compelling resumes, ensuring it was a fruitful and constructive session for all participants at BMSSW's seminar hall

Life Skill Workshop

Date and Time : 09-10 /08/2023

Coordinator : Dr. Elsa Mary Jacob

Resource Person/s : Mr. Baby Prabhakaran and Mr. Thomas Wilson

Number of Participants: 30

On the 9th and 10th of August 2023, Bharata Mata School of Social Work hosted an insightful Life Skill Workshop, led by Mr. Baby Prabhakaran, CEO of Bluepoint Org, and Mr. Thomas Wilson, a seasoned professional trainer from the Bluepoint Organization. Employing a participatory approach, the workshop provided an interactive platform for trainees to discern and apply their life skills effectively. Through diverse training methods, participants engaged in practical exercises aimed at honing various skills. The workshop's emphasis on self-identification of skills and hands-on application contributed to a dynamic and enriching learning experience for social work trainees.



Induction and Orientation Program 2023-25

Date and Time : 16 - 17/08/2023

Coordinator : Dr. Elsa Mary Jacob

Resource Person/s : Mr. Baby Prabhakaran, Mr. Thomas Wilson, Mr. Shaju K K, Dr. Arya Chandran, Mr. Tony M Tom, Mr. Goodwin Jose and Ms. Sreerekha K Zenith

Number of Participants: 35



The comprehensive two-day induction program for the Master of Social Work trainees of the 2023-2025 batch took place on the 16th and 17th of August 2023, offering a valuable platform to delve into the realm of social work. The primary objectives of this workshop were to acquaint MSW trainees with the fundamental principles and values integral to social work, enhance their proficiency in effective time management, and underscore the significance of professionalism within the field. The event featured distinguished resource persons, including Mr. Baby Prabhakaran, Mr. Thomas Wilson, Mr. Shaju K K, Dr. Arya Chandran, Mr. Tony M Tom, Mr. Goodwin Jose, and Ms. Sreerekha K Zenith. Their expertise and guidance contributed to a holistic and enriching experience, empowering the trainees with essential skills and knowledge for their journey in social work.

Vidyarambham - "Agneyam 2023"



Date and Time : 05/09/2023
Coordinator : Dr. Elsa Mary Jacob
Resource Person/s : Rev. Dr. Saju M D
Number of Participants: 30

Bharata Mata School of Social work conducted Vidyarambham - 'Agneyam 2023' on 05-09-2023. The main agenda of this event was the official beginning of academic year of batch 2023-25. The program was presided by Rev. Dr. Abraham Oliyapurath the manager of Bharata Mata College. Dr. Saju M D, Principal of Rajagiri College of Social Sciences, Kalamaserry, Kochi, graced the occasion as the Chief Guest. Ensuring inclusivity, the program witnessed the active participation of first-year MSW students along with their parents. Spearheaded by the guidance of Dr. Elsa Mary Jacob, the faculty coordinator, and orchestrated by second-year MSW trainees, the event unfolded seamlessly.



Seminar on Gender Equality Open Heart

Date and Time : 12/09/2023
Coordinator : Dr. Sheena Rajan Philip
Resource Person/s : Rev. Mathew Philip
Number of Participants: 68



The Gender Equity Cell of Bharata Mata College, in collaboration with the Bharata Mata School of Social Work, organised a seminar titled 'Advocate on Gender Equality Open Heart' on 12/08/2023. Reverend Mathew Philip, representing the Navodaya organization facilitated the program. The session proved to be an enriching experience, offering students a nuanced understanding of gender equality while compelling them to approach the transgender community with compassionate concern. Rev. Mathew Philip's guidance illuminated the intricate facets of advocating for gender equality with an open heart, fostering an atmosphere of inclusivity and empathy. The event served as a catalyst for awareness and advocacy, aligning with the mission of fostering gender equality within the educational community.

Street Theatre Workshop

Date and Time : 28/09/23 to 01/10/23
Coordinator : Mr. Sooraj M V
Resource Person/s : Sri K.J. Baby
Number of Participants: 30

The Theatre Workshop for first-semester MSW students conducted at Bharata Mata School of Social Work, Thrikkakara from October 28, 2023, to November 1, 2023. This was a residential event, and it was privileged to be led by the distinguished Indian writer and film director, Sri K.J. Baby. Throughout the workshop, Sri K.J. Baby sir shared invaluable insights into various facets of life. This workshop, an integral component of the curriculum, provided an invaluable opportunity for the students to acquire fresh perspectives and a deeper understanding of various dimensions of life. The main outcome of this program is to make a good rapport with everyone, understand the weaknesses and strengths of everyone, their interested areas, improve good communication and overall, it was totally a wonderful session which helps to develop personality, different skills and so on.



Professional Social Work in UK Standards

Date and Time : 06/10/2023

Coordinator : Dr. Sheena Rajan Philip

Resource Person/s : Ms. Soosan Philip

Number of Participants: 30

The Bharata Mata School of Social Work, in collaboration with Ms. Soosan Philip, Senior Social Work Lecturer at the University of Northampton and an Executive Member of the UK MSW Forum, conducted an expert lecture on 'professional social work standards in the UK'. This enlightening session took place on October 6, 2023, facilitated through the 'Teams' application. The session aimed to provide participants with an in-depth understanding of the social work profession in the UK, emphasizing its values and ethics.



PRA Workshop

Date and Time : 09-10/10/2023

Coordinator : Mr. Sooraj M V

Resource Person/s : Dr. Sheena Rajan Philip and Mr. Sooraj M V

Number of Participants: 60

The BMSSW Students Association, BVOIC, organized a two-day residential Participatory Rural Appraisal (PRA) workshop for students from St. Gregorious College, Parumala, on 9th and 10th October, 2023. The seminar hall at BMSSW served as the venue for the workshop, while a field exposure visit to Kadamakkudy complemented the theoretical sessions. Prior to the workshop, meticulous arrangements were orchestrated by the BVOIC team. Students from St. Gregorious college had guidance from faculty, including the department head Mrs. Divya M. K., Professor Anitha Joseph, and office administrator Mr. Ajin Abraham, alongside Principal Fr. Reni Thomas, ensured a comprehensive learning experience. The workshop aimed to equip social work trainees with in-depth knowledge of PRA tools and methods, emphasizing their practical application within the field curriculum.



Diversity Inclusion Orientation

Date and Time : 23/11/2023

Coordinator : Dr. Elsa Mary Jacob

Resource Person/s : Shri. Prijith P.K

Number of Participants: 25

Bharata Mata School of Social Work organized an enlightening orientation on diversity and inclusion on November 23, 2023. The event, hosted at the BMC A.V Hall. The initiative, generously funded by the Indian Council of Social Science Research (ISSR), aimed to promote awareness and understanding of diversity across various dimensions. Renowned human rights defender, queer and Dalit activist, Shri. Prijith P.K, took the stage as the key speaker. He delved into the intricacies of diversity and sexual orientation, shedding light on key concepts such as gender identity and SOGIESC (Sexual Orientation, Gender Identity, and Expression, and Sex Characteristics). Additionally, he provided valuable insights into relevant laws, emphasizing inclusion, disability, and legal considerations pertinent to the LGBTQIA+ community.



PRA Workshop

Date and Time : 18/11/2023 to 20/11/2023
Coordinator : Mr. Sooraj M V
Resource Person/s : Mr Tony M Tom
Number of Participants: 30

The Bharata Mata School of Social Work (BMSSW) organised a comprehensive three-day residential Participatory Rural Appraisal (PRA) workshop, for the first semester MSW students, spanning from the 18th to the 20th of November, 2023. The seminar hall of BMSSW served as the venue for this workshop. The crux of the workshop unfolded on the second day, wherein the theoretical knowledge acquired by the students transitioned into practical application within the vibrant environs of the Muthirakkattumukal Colony, within the Edathala panchayath. This PRA workshop was taken by the Mr Tony M Tom, Alpha chaperone empanelled trainer of mission better tomorrow, Kochi.



Employability Training Program for the Transgender

Date and Time : 15-17/12/2023

Coordinator : Dr. Elsa Mary Jacob

In collaboration with the Kerala Knowledge Economy Mission and PRIDE (employment Project for the Transgender Community), Bharata Mata School of Social Work successfully orchestrated a transformative Transgender Community Training Program from December 15th to 17th, 2023. This comprehensive session proved to be immensely fruitful, fostering greater understanding and empowerment within the transgender community. Throughout the program, participants engaged in enriching discussions, workshops, and practical exercises aimed at promoting inclusivity, acceptance, and equality. Led by experienced facilitators and experts in the field, the training delved into various aspects of transgender rights, healthcare, social integration, and advocacy.



Bharathion Pre-conference Seminar

Date and Time : 23/01/2024

Coordinator : Dr. Elsa Mary Jacob

Resource Person/s : Mr. Nazar Ezuthannikattu

Number of Participants: 57

The pre-conference seminar held at Bharata Mata School of Social Work on January 23, 2024, as part of the Bharathion National conference, featured Mr. Nazar Ezuthannikattu, who shared insights into his transformative journey towards a healthier lifestyle, primarily achieved through embracing a millet-based diet. Emphasizing the profound influence of lifestyle choices on health, Mr. Nazar highlighted that 80% of health issues are attributable to such decisions. He referenced a study revealing a higher incidence of diabetes among the middle-class populace, attributed to their elevated consumption of rice and wheat. This observation underscores the pivotal role of lifestyle in determining overall health outcomes. It was a fruitful session for the social work trainees to know more about the features and uses of Millets and its importance in a healthier life.

BHARATHION

FOR THE NATION

Bharathion 2024

Date and Time : 1st – 2nd February 2024
Coordinator : Dr. Elsa Mary Jacob
Resource Person/s : Mr. Cheruvayal Raman, Mr. P T John, Mr. Baby Prabhakaran and Prof. Abraham Francis
Number of Participants: 280

Bharata Mata School of Social Work orchestrated a national seminar, Bharathion, spanning from 1st to 2nd February 2024, hosted at Bharata Mata College. The central theme of the conference revolved around “Exploring the Multidimensional Prospects of Millets: The Panacea to Kerala’s Growing Public Health Menace.” Sponsored by the Indian Council of Social Science Research (ICSSR), the seminar encompassed academic conferences alongside cultural festivities titled ‘Sargot-sav.’ A notable turnout of 280 students from diverse colleges across India



actively engaged in the proceedings. The distinguished inauguration was presided over by Sri. Cheruvayal Raman, a revered farmer from Wayanad, accompanied by insightful addresses from PT John, Mr. Hibi Eden (Ernakulam MP), Dr. Johnson KM (Principal BMC), Fr. (Dr.) Abraham Oliapurath (Manager BMC), Fr. (Dr.) Jimmy Karthanam, and other esteemed dignitaries, including vice-principals and staff members of Bharata Mata College. The inaugural day culminated with captivating cultural events.



Beyond the academic presentations, the event featured a vibrant competition series called "Sargotsav." Participants from colleges across India showcased their talents in a variety of exciting events, including INK (poem writing), PROSO (extempore), OLAM (group dance), ICON OF BHARATHION (best social worker), SAMVADHAM (debate), NUKKAD NATAK (street play), THALAM (group song), and KODO (fashion show). Each competition was a captivating display of creativity and skill, and the students' enthusiasm was infectious. To recognize their outstanding performances, cash prizes were awarded for each event.

The seminar concluded with a valedictory ceremony, where accolades were bestowed upon competition winners and the titles of the best social work academician and practitioner were announced.


BHARATHION











Career Guidance Seminar for Social Workers and UK Job Opportunities

Date and Time : 15/02/2024

Coordinator : Mr. Arun Paul

Resource Person/s : Mr. Tomy Sebastian

Number of Participants: 57

A career guidance seminar focusing on job opportunities for social workers in the UK was conducted jointly by T & T Global Recruitment LTD and the Department of Social Work at Bharata Mata College, Thrikkakara on February 15, 2024. The seminar centered on higher studies opportunities in the UK and was facilitated by Mr. Tomy Sebastian, the Managing Director of T & T Global Recruitment LTD, headquartered in Vyttila, Cochin. Targeting first and second-year MSW students, the seminar aimed to enlighten attendees about job prospects, country preferences for various professional courses, and associated fees. He also explained about the procedure of UK social work registration process.



SPSS Workshop

Date and Time : 23/02/2024
Coordinator : Dr. Elsa Mary Jacob
Resource Person/s : Dr. Aneesh K R
Number of Participants: 29



The SPSS (Statistical Package for the Social Sciences) workshop for 4th-semester MSW students took place on 23rd February 2024 at the MSW computer lab, featuring Dr. Aneesh K R, Associate professor at Rajagiri College of Social Sciences as the resource person. Integral to the MSW curriculum, SPSS was the focal point of the session. Dr. Anish provided an insightful exploration into SPSS and data statistics, expounding on theories, with a specific emphasis on variables and independent variables. Drawing from his research experiences, he motivated participants, shedding light on the expansive realm of research. The session proved to be immensely beneficial for students, addressing queries related to data analysis and fortifying their understanding of this vital academic component.

Sex Therapy Workshop

Date and Time : 26/02/2024
Coordinator : Ms. Simmy Xavier
Resource Person/s : Ms. Anitha S
Number of Participants: 27



The online Sex Therapy workshop, organized by Bharata Mata School of Social Work for 2nd-year MSW trainees on February 26, 2024, provided a virtual platform to delve into the intricacies of sexual dysfunction and therapy. In response to the evolving landscape of virtual learning, the session, spearheaded by Ms. Anitha S, a seasoned psychiatric social worker, aimed to bridge the gap between theoretical knowledge and practical application in the realm of sex therapy. Through interactive online mediums, participants embarked on a journey to explore the multifaceted dimensions of sexual health and therapeutic interventions.

CV and Career Profile Preparation & Interview Skills

Date and Time : 26-02-2024

Coordinator : Dr. Sheena Rajan Philip

Resource Person/s : Mr. Tomy Sebastian

Number of Participants: 43

Students from Bharata Mata School of Social Work actively engaged in a workshop centred around enhancing their professional expertise on 26th of February 2023. Titled 'CV and Career Profile Preparation and Interview Skills,' the session, spearheaded by Mr. Tomy Sebastian, Managing Director of T & T Global Recruitment Ltd, and Mrs. Litty, was a comprehensive exploration of vital career building elements. Attended by both first-year and second-year MSW students, the event commenced with a compelling introduction by Ameerali KY, paving the way for Mr. Sebastian's insightful presentation. This collaborative initiative aimed to equip students with the essential skills crucial for their future endeavours.



CBT Workshop

Date and Time : **27 - 28 /02/2024**
Coordinator : **Dr. Elsa Mary Jacob**
Resource Person/s : **Fr. (Dr.) Saju M D**
Number of Participants: 28

Bharata Mata School of Social Work organised a Cognitive Behavioral Therapy (CBT) workshop that took place at Rajagiri College of Social Sciences, on 28/02/2024, aimed at bolstering comprehension and utilization of CBT principles among social work trainees. Attended by 28 participants, the workshop featured Fr. Dr. Saju M D, the principal of RCSS, as the resource person. Over the course of two days, the session delved into practical applications, tools, theories, techniques, and methods of applying CBT. The workshop proved to be highly beneficial and enriching for the social work trainees, providing them with valuable insights and skills in the realm of CBT.



CBT Workshop for Bharata Mata College Students , February 27-28, 2024
Rajagiri College of Social Sciences (Autonomous), Kalamassery

Expressive Art Therapy Workshop

Date and Time : 29-02-2024
Coordinator : Ms. Simmy Xavier
Resource Person/s : Ms. Krishnendu B S
Number of Participants: 29

The expressive art therapy workshop conducted by Bharata Mata School of Social Work for second year MSW Students on 29/02/2024, Friday provided an \opportunity for the students to understand the importance of expressive art therapy in professional social work practice through a series of games and activities. The session headed by Krishnendu B S founder of Navem art Centre, Trivandrum and an efficient dance/ movement therapy practitioner aimed to bridge the gap between theoretical knowledge and practical application in the realm of expressive art therapy. This workshop facilitated an immersive learning experience, equipping students with valuable insights and skills essential for their future roles as social work professionals.



Life Skills Workshop

Date and Time : **29-02-2024 to 02-03-2024**

Coordinator : **Dr. Elsa Mary Jacob**

Resource Person/s : **Mr. Baby Prabhakaran, Mr. Thomas Wilson, Mr. Rinson and Mr. James (Team Blue Point Org.)**

Number of Participants: 30

Bharata Mata School of Social Work hosted a three-day Life Skills workshop for the second-semester MSW students, spanning from February 29th to March 2nd, 2024. Led by esteemed figures including Mr. Baby Prabhakaran, CEO of Bluepoint, and Mr. Thomas Wilson, a seasoned Professional Trainer, alongside their proficient team members from Bluepoint Org. The workshop was tailored to impart essential life skills and their practical applications in everyday scenarios. This immersive session proved immensely beneficial for the budding social work trainees, equipping them with invaluable tools for their future roles as trainers. Notably, the workshop adopted an interactive approach, incorporating engaging activities and games to foster learning and participation among attendees.



Seminar on "Rights of the Transgender Community"

Date and Time : 20/03/2024

Coordinator : Mr. Arun Paul

Resource Person/s : Mr. Sanjo Steve

Number of Participants: 25

The comprehensive awareness seminar on the rights of transgender individuals, conducted by the 'Marivillu' help desk for transgender people in association with the Social Justice Department of Kerala, the District Social Justice Department, Jilla Panchayat Ernakulam, and Welfare Services Ernakulam (Sahrudaya), on 20/03/2024, was a crucial initiative. Led by Mr. Sanjo Steve, an outreach worker at 'Marivillu' and a member of the Jilla Transgender Justice Board, the seminar aimed to educate 1st year MSW students about the rights, laws, and policies concerning the transgender community. The session handled different realms of the living condition of the transgender community.





Seminar on "Rights of the Person with Disabilities"

Date and Time : 20/03/2024
Coordinator : Mr. Arun Paul
Resource Person/s : Ms. Sheelamma
Number of Participants: 25

Bharata Mata School of Social Work, in collaboration with the Social Justice Department of Kerala, the District Social Justice Department, Jilla Panchayat Ernakulam, and Welfare Services Ernakulam (Sahrudaya), organized a comprehensive awareness seminar on the rights of persons with disabilities on March 20, 2024. The session, led by Ms. Sheelamma from the District Social Justice Department, delved into the special rights and policies concerning individuals with disabilities. This seminar provided valuable insights for social work trainees, offering them an in-depth understanding of the measures necessary to ensure the rights of disabled persons.

Bhodhi: Rural Sensitization Camp

Date : 14th – 20th December 2023

Place : Govt. tribal UP School, Kannavam, Kannur



Bharata Mata School of Social Work conducted 7 days rural sensitization camp 'Bhodhi' for first semester MSW students from 14th December to 21st December 2023 at Government Tribal U P School Kannavam, Kannur. The camp was in a tribal setting which is specified for the first setting of Kurichiya tribe in the area. 28 students and 3 faculty members along with 2 SIA supervisors participated in the rural camp. The camp includes Social Impact Assessment study, Seminars, Participatory Rural Appraisal practice, community level interventions, cultural programs, community inclusion programs etc. The social work trainees were able to learn the cultural social and geographical aspects of a society by fulfilling the objectives and requirements of the camp.

The rural camp commenced with three days dedicated to Social Impact Assessment (SIA) concerning the Mattannoor-Thalassery road expansion for Kannur Airport. Divided into groups, trainees conducted SIA in specified areas covering 21 kilometers, interacting with locals to discern community concerns. This practical |application allowed them to exercise EPAS competencies, engaging with diversity and ethical practices while understanding community dynamics. Following the SIA, a Participatory Rural Appraisal (PRA) was undertaken, offering insights into the community's needs and challenges. The official inauguration of the camp, held on the fourth day, saw the presence of local dignitaries and the initiation of community-focused cultural programs. Notably, the fifth day was dedicated to community service, specifically the cleaning and renovation of a neglected community hall in Kannavam

Colony. This hands-on initiative highlighted the social work trainees' commitment to addressing community needs and fostering sustainable development within rural areas.



സപ്തദിന ഗ്രാമീണ പഠന ക്യാമ്പ് ആരംഭിച്ചു

സപ്തദിന ഗ്രാമീണ പഠനക്യാമ്പ് പാട്ടം ഗ്രാമപഞ്ചായത്ത് പ്രസിഡന്റ് എൻ.വി. ഷിനിജ ഉദ്ഘാടനം ചെയ്യുന്നു

പാനൂർ: ഭാരത മാതാ കോളേജ് തൃക്കാക്കര എറണാകുളം സോഷ്യൽ വർക്ക് വിഭാഗം നടത്തുന്ന സപ്തദിന 'ബോധി' എംഎസ്ഡബ്ലിയു വിദ്യാർഥിക ളുടെ സപ്തദിന ഗ്രാമീണ പഠന ക്യാമ്പ് ആരംഭിച്ചു. കണ്ണവം ഗവ: ട്രൈബൽ യുപി സ്കൂളിൽ പാട്ടം ഗ്രാമപഞ്ചായത്ത് പ്രസിഡന്റ് എൻ.വി. ഷിനിജ ഉദ്ഘാടനം ചെയ്തു.

വാർഡ് മെമ്പർ എൻ. വിന, കണ്ണവം ഗവ: ട്രൈബൽ യുപി സ്കൂൾ പിടിഎ പ്രസിഡന്റ് സി.പി. സന്തു, ഭാരത മാതാ സ്കൂൾ ഓഫ് സോഷ്യൽ വർക്ക് അധ്യാപകൻ എം.വി. സുരജ്, വിദ്യാർത്ഥി കോർഡിനേറ്റർമാരായ തോമസ് ജോയ്, സാന്ദ്ര ഗോപാൽ എന്നിവർ സംസാരിച്ചു.



Day Observations

Environment Day observation

Date and Time : 05/06/2023
Coordinator : Mr. Arun Paul
Resource Person/s : Fr. Abraham Oliapurath and Dr. Johnson K M
Number of Participants : 70

As a part of the observation of World Environment Day Bharata Mata School of Social Work in association with Bluepoint Organization organized a program called “I Am a Farmer”. The program intended to create awareness of environmental protection and the planting of trees by distributing more than a hundred saplings to students and teachers of Bharata Mata College. The event took place on 5th June 2023 at the social work department of Bharata Mata College. Fr. Abraham Oliapurath, the Manager and Dr. Johnson K M, the principal were present at the function



International Day Against Drug Abuse and Illicit Trafficking

Date and Time : 26/06/2023

Coordinator : Mr. Arun Paul

Resource Person/s : Ms. Smitha M.V, Ms. Rajani Mani and Ms. Sheeba Lal

Number of Participants: 30

As a part of the International Day Against Drug Abuse and Illicit Trafficking, MSW trainees of Bharata Mata School of Social Work in collaborating with Social Work Department of Kerala Govt and the 'Nashamukth Bharat Abhiyan' campaign organised a program at Kaloor Renewal Centre. The first program presented by social work trainees of BMSSW was a street play, highlighting the importance of combating drug abuse and illicit trafficking. Ms. Smitha M.V, District Social Justice Officer, Ms. Rajani Mani, Division Counsellor of Cochin Cooperation, Ms. Sheeba Lal, welfare Standing Committee Chairperson of Cochin Cooperation were present in the function. After the Flash mob and street play there was an awareness rally from Kaloor Stand to Renewal Centre. Upon reaching the Kaloor Renewal Centre, the trainees participated in a seminar class. Experts in the field delivered informative presentations, highlighting the various aspects of drug abuse and illicit trafficking



Suicide Prevention Day

Date and Time : 14/09/2023

Resource Person/s : Ms. Sissy Sasidharan

Number of Participants: 30

A comprehensive suicide prevention class was conducted by Ms. Sissy Sasidharan, a distinguished Counsellor at BMC on September 14, 2023 in relation with Suicide prevention day. This vital session was tailored for first-year MSW students, imparting essential knowledge and strategies in line with the World Health Organization's (WHO) theme for Suicide Prevention Day 2022-23: 'Creating Hope Through Action.' The class aimed to shed light on the importance of raising awareness about suicide prevention, recognizing warning signs and risk factors, and promoting open conversations to mitigate the stigma surrounding mental health issues. The class covered a wide range of topics related to suicide prevention. The session provided essential information on equipping individuals with skills to cope with suicidal tendencies and support others.



International Youth Day

Date and Time : 19/09/2023

Coordinator : Mr Arun Paul

Number of Participants: 30

Bharata Mata School of Social Work in association with KSACS (Kerala State Aids Control Society) conducted a district level quiz competition on Sexually Transmitted Infections (STI), AIDS and AIDS control programs of India government on the 9th September 2023, in celebration of International Youth Day. The event was held at the Seminar Hall of BMSSW and there was participation of 12 students from 6 different schools in the district. The quiz competition was conducted in a two-stage format. The first stage was a preliminary round, which consisted of a written test. The top six students from the preliminary round qualified for the second round, which was a final round. The final round was a knockout round in which the students competed against each other in a series of one-on-one competitions. The event was also a success in raising awareness about STIs and AIDS among the students.



World Alzheimer's Day

Date and Time : 21/09/2023

Coordinator : Dr. Reshma K S

Number of Participants: 30

World Alzheimer's Day was observed by Social Work trainees of Bharatha Mata School of Social Work on 21st September 2023. As a part of raising awareness towards Alzheimer's Disease, trainees done the campaign at NGO Quarters Kakkanad. Programs started with a Flash mob and street play. Followed by that, posters and wallet were also presented to the public as a part of creating awareness.



World Heart Day

Date and Time : 29/09/2023

Coordinator : Dr. Reshma K S

Number of Participants: 27

On 29th September 2023, trainees of Bharata Mata School of Social work participated in the session on “Importance of CPR” and CPR training session at Sunrise hospital, Thrikkakara. The programme was held by Sunrise Hospital Cardiology department in relation with World Heart Day. The doctors of this hospital explained the importance of CPR in various conditions. CPR training also given to the social work trainees. The session was very useful for the students to understand the relevance of CPR and the various conditions for practicing CPR.



World Mental Health Day

Date and Time : 09/10/2023

Coordinator : Dr. Reshma K S

Resource Person/s : Dr. Chitra Venkiteswaran and Dr. Mhoira E F Leng

Number of Participants: 60

Bharata Mata School of Social Work, in association with the Mehac Foundation, marked World Mental Health Day on 9th October 2023, at AV Hall of Bharata Mata College, Thrikkakara. The event was graced by distinguished Resource Persons, Dr. Chitra Venkiteswaran, Professor in Psychiatry and Palliative Care at Believers Medical College Hospital Tiruvalla, and founder of Mehac Foundation, and Dr. Mhoira E F Leng, Consultant Physician in Palliative Care and Senior Advisor at Makerere University, Uganda. The primary aim of this event was to foster an understanding of mental health in the community and its significance from a human rights perspective. The central theme of the event was 'Mental Health as a Universal Human Right'. The event successfully conveyed a comprehensive understanding of mental health from both community and human rights perspectives. This event served as a platform for enlightening and motivating individuals to actively contribute to the crucial cause of mental health.



World Mental Health Day - 'Say No to Drugs'

Date and Time : 10/10/2023

Coordinator : Mr. Arun Paul

Resource Person/s : Mr. Nihan K. Ibrahim, Ms. Neenu Mathew

As a part of the observance of World Mental Health Day, Team Project Venda and Bharata Mata School of Social work conducted a comprehensive seminar on 10th October 2023. The focal point of this seminar was "Say No to Drugs." This event was spearheaded by Mr. Nihan K. Ibrahim and Miss Neenu Mathew, both distinguished members of the Fourth Wave Foundation, headquartered in Bangalore. Project Venda, one of their initiatives in Kerala, is aimed at empowering children aged 11 to 22 years. The seminar was exclusively delivered to 2nd and 1st -year Master of Social Work (MSW) students, aligning with the theme: "Mental Health is a Universal Human Right." The seminar's overarching objective was to instigate awareness about drug abuse among children and impart strategies for the empowerment of the youth. The seminar organized by Project Venda proved to be an invaluable opportunity for the MSW students.



National Legal Services Day

Date and Time : 09/11/2023
Coordinator : Mr. Arun Paul
Resource Person/s : Mr. Renjith Krishnan. N
Number of Participants: 30

National Legal Services Day is observed in India annually on 9th November, commemorating the enactment of the Legal Services Authority Act in 1987. On November 9th, 2023, Bharata Mata School of Social Work, in collaboration with the District Legal Service Authority (DLSA) Ernakulam and Taluk Legal Service Authority, Kanayannur, organized a seminar on the crucial theme of 'Legal Services and its Importance.' The event featured Mr. Renjith Krishnan N, Secretary and Sub Judge of DSLA Ernakulam, as the esteemed chief guest and keynote speaker. During the session, Mr. Renjith Krishnan provided a comprehensive overview of legal services in India, elucidating their significance in contemporary society. The seminar proved to be an enriching experience for the students, offering valuable insights that facilitated the clarification of doubts pertaining to the topic.



Unarvu 2023 - International Day of Persons with Disabilities

Date and Time : 03/12/2023

Coordinator : Mr. Sooraj M V

Number of Participants: 50

Unarvu 2023, held on December 3rd at Bharat Mata College, Thrikkakara, was a collaborative effort between the district panchayat, Social Justice department and Bharata Mata School of Social Work, marking the International Day of Persons with Disabilities. Attended by the district collector and officials, the event aimed to integrate the differently abled into society, fostering their participation and leadership. Activities included arts, sports competitions, craft exhibitions, and felicitations for contributors to the cause. Over 400 participants across age groups engaged in various events like fancy dress, dance, and elocution. Bharat Mata College social work trainees volunteered throughout the program, ensuring its smooth execution. With gratitude to all participants and caregivers, Unarvu concluded triumphantly, advocating for inclusivity and empowerment.



National Energy Conservation Day

Date and Time : 14/12/2023

Coordinator : Mr. Arun Paul

Number of Participants: 50

As a contribution to National Energy Conservation Day, Bharata Mata School of Social Work collaborated with Urjakiran Mission to host a seminar addressing the critical theme of 'Energy Conservation and its Importance.' The event took place at Kannavam Government Tribal UP School in Kannavam, Kannur, on December 14, 2023. Attended by both the local community members and students from the school, the seminar aimed to raise awareness about energy conservation practices. Social work trainees actively engaged in discussions, providing insights into the significance of energy conservation. The session fostered interactivity, allowing the audience to share their perspectives on the topic, transforming the event into a dynamic and informative experience for all participants.



Youth Day at Borstal School

Date and Time : 12/01/2024

Coordinator : Mr. Sooraj MV

Resource Person/s : Sri. Santhosh TG, Dr. Ananth, and Dr. Sreelatha R

Number of Participants: 100

The Youth Day Celebration and AIDS Prevention program held at Borstal Schools, Kakkanadu, on January 12, 2024, emerged as a dynamic and impactful event. This program was organized by the Kerala State AIDS Control Society (KSACS) in association with Bharata Mata School of Social Work, and the program aimed to celebrate Youth Day while highlighting the importance of AIDS prevention. The collaborative spirit of the participants, coupled with the insights shared by guest speakers and the active involvement of KSACS, underscored the success of this celebration. The event unfolded with a diverse array of engaging activities, including games, songs, dances, and enlightening sessions on AIDS control, collectively shaping a meaningful and enriching experience for all attendees. The event featured distinguished speakers from diverse fields, including human activists, jail authority members, health welfare officers, and representatives from KSACS. All the inmates of Borstal School Kakkanad participated in the event.



World Radio Day

Date and Time : 14-02-2024

Coordinator : Dr. Elsa Mary Jacob

Number of Participants: 42

On February 14, 2024, as part of World Radio Day, Akashvani (All India Radio) organized a full day program at the Jila Panchayat of Kakkanad in association with Bharata Mata School of Social Work. The event was attended by students and teachers of Bharata Mata School of Social Work, along with many other members of the community, who actively participated in the program. It was a day dedicated to recognizing the importance of radio broadcasting and its impact on society. The event likely included quiz competition, performances, and other activities highlighting the significance of radio as a medium of communication and entertainment. Students of Bharata Mata School of Social Work presented a dance drama at the event.



Outreach activities

I Am a Farmer (Distribution of Saplings to students)

Date and Time : **05/06/2023**
Coordinator : **Mr. Sooraj M V**
Number of Students : **80**

As a part of the World Environment Day, Bharata Mata School of Social Work in association with Bluepoint Organization organized a program called “I Am a Farmer”. The program is intended to create awareness of environmental protection and the planting of trees by distributing more than a hundred saplings to students and teachers of Bharata Mata College. The event took place on 5th June 2023 at the social work department of Bharata Mata College. Fr. Abraham Oliapurath, the Manager and Dr. Johnson K M, the principal were present at the function.



No Plastic - Garbage Free Kerala

Date and Time : 11/06/2023

Coordinator : Mr. Sooraj M V

During the period of June 8th to June 11th, 2023, an impactful initiative took shape at the Chinnakkada Junction in Kollam—an expressive wall art advocating the theme “NO PLASTIC - Garbage free Kerala.” This endeavor aimed to instill awareness among the public regarding waste management practices, fostering community participation and initiating a widespread campaign. Through cohesive teamwork, the project successfully manifested into a vibrant mural within a mere four days, yielding commendable results. It stands as a testament to the collaborative efforts undertaken to address pertinent environmental concerns and promote sustainable living. This endeavor represents a significant contribution to the community, highlighting the importance of collective action in addressing pressing societal issues.



ചിന്നക്കട ബിഎസ്എൻഎൽ ഓഫിസിനു മുന്നിലെ ചുമർചിത്രത്തിനു സമീപം ഫാത്തിമ അഫിൻ, ഷാഫി റഷ, സുൽഫിക്കർ പാലയ്ക്കൽ എന്നിവർ.

പ്ലാസ്റ്റിക് മാലിന്യത്തിനെതിരെ നഗരത്തിൽ ചുമർ ചിത്രം

കൊല്ലം • പ്ലാസ്റ്റിക് മാലിന്യത്തിനെതിരെ നഗരത്തിൽ ചുമർ ചിത്രം ഒരുക്കി. ചിന്നക്കട ബിഎസ്എൻഎൽ ഓഫിസിനു മുന്നിലെ മതിലിലാണ് എംഎസ്ഡബ്ലൂ വിദ്യാർഥിനിയായ ഫാത്തിമ അഫിൻ, കൊയ്‌ലോഗ്രഫി എന്ന ഗ്രൂപ്പിലെ അംഗങ്ങളായ ഷാഫി റഷ, സുൽഫിക്കർ പാലയ്ക്കൽ, അഖില, കൃഷ്ണപ്രിയ എന്നിവർ ചേർന്നു ചുമർ ചിത്രം ഒരുക്കിയത്.

എറണാകുളം ഭാരത മാതാ സ്കൂൾ ഓഫ് സോഷ്യൽവർക്കിലെ വിദ്യാർഥിയായ ഫാത്തിമ ഇന്റേൺഷിപ്പിന്റെ ഭാഗമായാണു കൊല്ലം ജില്ലാ ശുചിത്വ മിഷൻ ഓഫിസിൽ എത്തിയത്. തുടർന്നു പ്ലാസ്റ്റിക് മാലിന്യ പ്രശ്നത്തിനെതിരെ ഒരു വിദ്യാർഥി എന്ന നിലയിൽ ജനങ്ങളിൽ ബോധവൽക്കരണം നടത്താനാണു ചുമർ ചിത്രം ഒരുക്കാൻ തീരുമാനിച്ചത്. അതിനായി 3 ദിവസവും ആയിരത്തിലേറെ ആളുകൾ എത്തുന്ന ചിന്നക്കട ജംക്ഷൻ തിരഞ്ഞെടുക്കുകയായിരുന്നു ഫാത്തിമ തന്റെ ആശയം അറിയിച്ചതോടെ പൂർണ പിന്തുണയുമായി കൊയ്‌ലോഗ്രഫി അംഗങ്ങളും എത്തി.

International Day Against Drug Abuse and Illicit Trafficking

Date and Time : **26/06/2023**

Coordinator : **Mr. Arun Paul**

Number of Students : **56**

As a part of the International Day Against Drug Abuse and Illicit Trafficking, MSW trainees of Bharata Mata School of Social Work in collaborating with Social Work Department of Kerala Govt and the 'Nashamukth Bharat Abhiyan' campaign organised a program at Kaloor Renewal Centre. The first program presented by social work trainees of BMSSW was a street play, highlighting the importance of combating drug abuse and illicit trafficking. Ms. Smitha M.V, District Social Justice Officer, Ms. Rajani Mani, Division Counsellor of Cochin Cooperation, Ms. Sheeba Lal, welfare Standing Committee Chairperson of Cochin Cooperation were present in the function. After the Flash mob and street play there was an awareness rally from Kaloor Stand to Renewal Centre. Upon reaching the Kaloor Renewal Centre, the trainees participated in a seminar class. Experts in the field delivered informative presentations, highlighting the various aspects of drug abuse and illicit trafficking



'Swatchatha Ki Seva' - Clean Up Drive

Date and Time : **30/09/2023**

Coordinator : **Mr. Sooraj M V**

Number of Students : **20**

As a part of a cleanliness drive, social work trainees from Bharat Mata School of Social Work conducted a clean-up campaign in Thrikkakara Municipality. The primary objective of this program was to execute a clean-up initiative and gather plastic bottles from local shops while simultaneously raising awareness among shopkeepers about the adverse effects of plastic bottle usage. The collected bottles will be repurposed for the construction of waiting sheds, offering a sustainable solution to plastic waste management. This initiative not only contributes to the cleanliness of the area but also promotes environmental sustainability.



CPR Training

Date and Time : **29/09/2023**

Coordinator : **Dr. Reshma K S**

Number of Students : **27**

On 29th September 2023, trainees of Bharata Mata School of Social work participated in the session on “Importance of CPR” and CPR training session at Sunrise hospital, Thrikkakara. The programme was held by Sunrise hospital cardiology department in relation with World Heart Day. The doctors of this hospital explained the importance of CPR in various conditions. CPR training also given to the social work trainees. The session was very useful for the students to understand the relevance of CPR and the various conditions for practicing CPR.

Orukkam 2023

Date and Time : **07/10/2023**

Coordinator : **Dr. Sheena Rajan Philip**

Number of Students : **15**





തൃക്കാക്കര നഗരസഭ: 'ഒരുക്കം 2023' തുടങ്ങി

The program, Orukkam 2023, undertaken in collaboration between Thrikkakara Municipal Corporation and Bharata Mata School of Social Work, represents a significant milestone in the pursuit of advancing waste management, health, and nature conservation initiatives within the municipality. This official program was meticulously designed to mark the inauguration of a diverse range of development initiatives. Participants included dedicated trainees specializing in community development, alongside esteemed faculty members from the Bharata Mata School of Social Work. The day began with a solemn prayer, followed by warm greetings extended by Mr. P M Yoonus to the distinguished guests. The event, graced by Ms. Radhamani Pillai, Chairperson of Thrikkakara Municipality, commenced officially with the inauguration by Uma Thomas, MLA. This report delves into the comprehensive activities undertaken during this significant event. At this event, the Bharata Mata School of Social Work formalized a memorandum of understanding (MoU) with the Thrikkakara Municipality, with the documents ceremoniously presented to Dr. Sheena Rajan Philip by the former DGP Loknath Behra.

Millet Farming

Date and Time : **06/12/2023**
Coordinator : **Dr. Elsa Mary Jacob**
Number of Students : **28**

In a pioneering educational endeavour, first-year MSW students at the Bharata Mata School of Social Work embarked on a practical learning experience by immersing themselves in millet cultivation, under the guidance of seasoned farmer Prameela Pramod, a respected member of the transgender community. The event, graced by the presence of Dr. Sheena Rajan Philip, Dr. Elsa Mary Jacob, and Mr. Sooraj MV, was designed to deepen the students' comprehension of sustainable agriculture practices. Prameela imparted invaluable insights into millet cultivation, accentuating its significance in the realm of agriculture. The enlightening session culminated with students, having acquired profound knowledge about millet cultivation and its far-reaching implications for sustainable development.



കേരള കൗമുദി

കോളേജിൽ മില്ലറ്റ് കൃഷി വിജയം; ഇനി നാട്ടിലേക്ക്

KAUMUDI SPECIAL



Community Hall Rennovation

Date and Time : 18/12/2023

Coordinator : Mr. Arun Paul

Number of Students : 30

Social work students initiated a Participatory Rural Appraisal in the Kannavam area of Kannur, identifying a community hall that lay dormant for several years. Despite its potential, the hall remained unused, housing ample books, three computer systems, and a spacious area ideal for community programs, all awaiting restoration. Motivated by their findings, the social work trainees collectively resolved to revitalize the hall for the betterment of its residents. With the support of the Panchayath president and seasoned social workers, the trainees embarked on a mission to refurbish the hall, starting with a thorough cleaning. After 2 days of renovations, the hall was joyously reopened to the public, offering a space ripe for community engagement and empowerment.



Project Clean Blue

Date and Time : 15/03/2024
Coordinator : Mr. Sooraj M V
Number of Students : 30



The Clean Blue Project, a collaborative initiative between Petronet LNG Ltd. and BVOIC, Bharata Mata School of Social Work, has successfully transformed Valappu beach into a sustainable and inviting recreational space. The project aimed to establish a plastic-free environment while enhancing the beach's amenities. Its objectives included organizing clean-up drives to collect plastic bottles for constructing beach hangout facilities and raising awareness about the hazards of plastic usage within the community. Following five days of dedicated effort and creativity, the project was implemented on 15/03/2024. Students led a vigorous clean-up campaign, gathering and repurposing old tires and bottles to fashion a cozy resting area. Utilizing funds from the Petronet project, a striking Bottle Disposal Bin was erected on the beach. The endeavour garnered support from neighbouring residents and tourists alike, fostering a collective effort in maintaining the cleanliness of the beachfront.



Day in Borstal School

Date and Time : 12/01/2024

Coordinator : Mr. Sooraj M V

Number of Students : 29

The Youth Day Celebration and AIDS Prevention program, organized by KSACS and Bharata Mata School of Social Work, at Borstal Schools, Kakkanadu, held on January 12, 2024, proved impactful. It aimed to celebrate Youth Day and promote AIDS prevention. The collaborative effort, including engaging activities and insights from guest speakers, highlighted its success. Diverse activities like games, songs, and informative sessions on AIDS control made it enriching. Distinguished speakers from various fields participated, including human activists and health welfare officers. All Borstal School Kakkanad inmates took part, making it a comprehensive and inclusive event.



Children's Day Celebration

Date and Time : 15/11/2023

Coordinator : Mr. Sooraj M V

Number of Students :

In celebration of Children's Day on November 14, 2023, first-semester MSW students undertook the task of organizing programs in their concurrent fieldwork areas. Across nine panchayats, these students showcased their creativity by hosting an array of engaging activities. From informative awareness sessions and enriching one-day seminars to delightful food challenges and captivating gaming sessions, each program aimed to celebrate and empower children. Through their dedication and ingenuity, the students surpassed expectations, enhancing the significance of the occasion. Their efforts not only brought joy to the children but also fostered community cohesion and promoted the holistic development of the young participants.



Counselling and Guidance for Geriatric Care and management

Date and Time : **21/06/2023**

Coordinator : **Dr. Sheena Rajan Philip**

Number of Students : **40**

The Gerontology Study orientation seminar conducted on June 21, 2023, at Bharata Mata School of Social Work's Seminar Hall, aimed to illuminate the intricacies of gerontology and address the contemporary challenges faced by the elderly. Distinguished speakers such as Dr. Prathapan, Dr. Shobha Nair, and Dr. Sundhareshan V. Nair provided valuable insights into aging, elderly care, and adult education. The session served as a comprehensive exploration of the multifaceted aspects of gerontology, enriching attendees with a deeper understanding of this critical field.



Organisation Visits

Date and Time :

Coordinator : Mr. Sooraj M V

Number of Students : 40

Organizational visits play a significant role in social work studies as they provide students with practical exposure to various settings where social work interventions take place. These visits offer opportunities to observe, learn, and engage with professionals, clients, and the organizational dynamics. It also helps students to have experiential learning, Professional Networking, and contextual understanding. In each semester social work trainees used to have these observation visits to various Non-governmental Organizations or social work institutions.

Organisation Visit - 1 District Probation office, Ernakulam

Date: 18th August 2023, Friday

Time: 10:30 am to 11:45 am

Place: B2 Block, Ground floor, Civil Station, Kakkanad, Cochin.





Organisation Visit - 2: KRIPA - Kerala Rehabilitation Institute for Physically Affected

Date: 18th August 2023, Friday

Time: 12:30 pm to 2:30 pm

Place: Keezmadu, Edathala, Aluva



Organisation Visit - 3
Welfare Services Ernakulam (WSE), Sahrudaya

Date:18th August 2023, Friday

Time: 03:20 pm to 04:45 pm

Place: Anjumuri, Ponnurunni, Vyttila, Kochi, Kerala

Organisation Visit - 4
Bluepoint Organisation

Date: 22/08/2023

Time: - 10:00 AM - 12:30 PM

Place: Thrikkakara





Organisation Visit - 5
Hope Community Village

Date: 22/08/2023

Time: - 02:00 PM - 05:00 PM

Place: Cherthala

Organisation Visit - 6
Kuriakose Elias Service Society (KESS)

Date: - 13/09/2023

Place: Thrissur





Organisation Visit - 7
Jeevika, Kalady

Date: 13/09/2023

Place: Jeevika, Kalady

Professional Social Work in UK Standards

Date and Time : **06/10/2023**

Coordinator : **Dr. Sheena Rajan Philip**

Number of Students : **30**

The Bharata Mata School of Social Work, in collaboration with Ms. Soosan Philip, Senior Social Work Lecturer at the University of Northampton and an Executive Member of the UK MSW Forum, conducted an expert lecture on 'professional social work standards in the UK'. This enlightening session took place on October 6, 2023, facilitated through the 'Teams' application. The session aimed to provide participants with an in-depth understanding of the social work profession in the UK, emphasizing its values and ethics.

Legal Service Awareness Session

Date and Time : **09/11/2023**

Coordinator : **Mr. Arun Paul**

Number of Students : **30**

Bharata Mata School of Social Work, in collaboration with the District Legal Service Authority (DLSA) Ernakulam and Taluk Legal Service Authority, Kanayannur, organized a seminar on the crucial theme of 'Legal Services and its Importance' on November 9th, 2023. The event featured Sr. Renjith Krishnan N, Secretary and Sub Judge of DSLA Ernakulam, as the esteemed chief guest and keynote speaker. During the session, Sr. Renjith Krishnan provided a comprehensive overview of legal services in India, elucidating their significance in contemporary society. The seminar proved to be an enriching experience for the students, offering valuable insights that facilitated the clarification of doubts pertaining to the topic.

Book Publication

Date and Time : 19/10/2023

Coordinator : Dr. Elsa Mary Jacob

Number of Students : 13

MSW Students Specialized in Family and Child Welfare (FCW) have authored 'Growing Together, A Lifelong Learning: A Guide to Family Life Education', following a comprehensive study conducted among diverse families. Under the mentorship of Dr. Elsa Mary Jacob, thirteen FCW specialization students collaborated on this publication. It was officially launched on October 19th, 2023. The event, held in the Audio-Visual room of Bharata Mata College, was graced by the presence of Fr. Abraham Oliapurath, Manager of BMC, and Dr. Johnson K M, Principal of BMC. This book stands as a testament to their dedication to understanding and improving family dynamics. It offers valuable insights into family life education, embodying the spirit of lifelong learning and fostering stronger familial bonds.



3 Days Employability Training Program for the Transgender Community

Date and Time : 15/12/2023 – 17/12/2023

Coordinator : Dr. Elsa Mary Jacob

In collaboration with the Kerala Knowledge Economy Mission and PRIDE (employment Project for the Transgender Community), Bharata Mata School of Social Work successfully orchestrated a transformative Transgender Community Training Program from December 15th to 17th, 2023. This comprehensive session proved to be immensely fruitful, fostering greater understanding and empowerment within the transgender community. Throughout the program, participants engaged in enriching discussions, workshops, and practical exercises aimed at promoting inclusivity, acceptance, and equality. Led by experienced facilitators and experts in the field, the training delved into various aspects of transgender rights, healthcare, social integration, and advocacy.

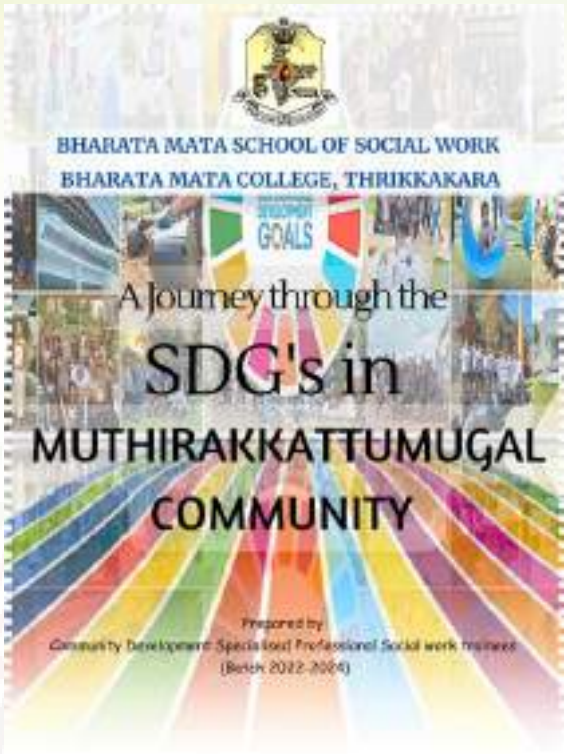


Book Publication

Date and Time : 02/02/2024

Coordinator : Dr. Sheena Rajan Philip

Number of Students : 9



Specialized students in Community Development (CD) recently unveiled their collaborative publication titled 'A Journey through the SDGs in Muthirakkattumukal Colony'. This significant work stemmed from an in-depth study conducted within the confines of Muthirakkattumukal Colony, situated in the Edathala Gram Panchayath of Ernakulam District. Comprising a team of nine students specializing in community development, the endeavour was under the expert guidance of Dr. Sheena Rajan Philip. The book's unveiling took place during the valedictory ceremony of the Bharathion National Conference on February 2nd, 2024. This publication serves as a testament to the students' dedication, as they delve into the Sustainable Development Goals (SDGs) through the lens of Muthirakkattumukal Colony. Their insightful exploration promises to shed light on pertinent issues and potential pathways towards sustainable community development.

Bridge course

Date/s of Bridge course: 02/08/2023

Teacher In charge : Reshma K S

The Bridge Courses implemented within the MSW program serve a crucial role in preparing students for the rigorous curriculum ahead by addressing any gaps in foundational concepts. These courses aim to instill a strong academic foundation, ensuring that students are well-equipped to navigate the challenges of their studies. Specifically, the course on Social Welfare Systems delves into the intricate organization, functioning, and policies governing social welfare systems and institutions. Through this, students gain a comprehensive understanding of the broader socio-political landscape in which they will operate as social workers. Additionally, the exploration of Social Work Ethics equips students with the necessary ethical principles and guidelines essential for navigating complex professional dilemmas ethically. By integrating these courses into the curriculum, the MSW program not only imparts theoretical knowledge but also cultivates a strong ethical compass and practical skills vital for effective social work practice.



Mentoring Report

The social work department follows the mentoring system initiated by mentoring Cell., to provide comprehensive support to our students. This system aims to foster a conducive environment for academic growth, professional development, and personal well-being. Under the mentoring system, students are grouped and assigned dedicated mentor teachers. These mentors take on the responsibility of monitoring students' academic performance and class attendance diligently. Regular meetings between mentors and mentees are scheduled to facilitate open communication channels, where mentees can seek guidance and counselling as needed. This consistent interaction has significantly strengthened the bond between teachers and students, fostering a supportive and nurturing learning environment. One of the key benefits of the mentoring system is its effectiveness in identifying the diverse learning needs of students. Mentors play a crucial role in recognizing both slow learners who may require additional support and advanced learners who may benefit from enrichment opportunities. For students facing academic challenges, the department organizes remedial classes covering various subjects within the syllabus, ensuring that no student is left behind in their educational journey.

In addition to academic support, faculty mentors also oversee the fieldwork component of the MSW program. They guide students in proper reporting, documentation, and maintaining professionalism during their fieldwork experiences. This mentorship not only ensures the quality of reporting but also provides students with valuable insights and guidance as they navigate real-world social work scenarios. Furthermore, the mentor-mentee relationship facilitates the planning of outreach exposures tailored to students' needs. By assessing individual student requirements, mentors can organize meaningful experiences that enrich students' understanding of social work practice and community engagement.

Department Mentor list 2021-22

Sl. No.	Name of the Mentor	No. Mentees
1.	Dr. Sheena Rajaa Philip	14
2.	Dr. Elsa Mary Jacob	14
3.	Mr. Sooraj M V	16
4.	Ms. Simmy Xavier	16

Addon / Certificate courses

Course name : Street Theatre

Course coordinator : Mr. Sooraj M V

The Street Theatre courses provide an immersive introduction to various forms of theatre, focusing on street theatre as a powerful medium for entertainment and communication of ideas. Participants engage in hands-on activities to learn about space utilization, stage formation, and effective use of slogans and properties. Through activity-oriented sessions, participants develop skills in character formation, voice modulation, and expressions through role-playing exercises. Story formation activities encourage participants to craft compelling narratives, incorporating crowd involvement and spontaneous scripting. By combining practical techniques with creative expression, this course equips participants with the necessary skills to create impactful street theatre performances that captivate audiences and convey powerful messages.

Course name : Project Planning

Course coordinator : Dr. Sheena Rajan Philip

The Project Planning/Project Proposal Writing Workshop offers a comprehensive guide to writing effective project proposals and planning successful projects. Participants gain insights into setting clear project objectives, simplifying project planning, and understanding the dynamics of individual and team projects. Practical sessions focus on setting project timelines, budgeting, and engaging relevant stakeholders to ensure project success. Additionally, participants learn about grant options and receive tips for writing compelling grant proposals. The workshop also covers the logical framework of project preparation, aiding participants in dealing with reporting challenges effectively. By the end of the workshop, attendees are equipped with the knowledge and skills needed to develop and implement projects efficiently, meeting project requirements and achieving desired outcomes.

Course name : **Practical Skills for Counselling**

Course coordinator : **Dr. Elsa Mary Jacob**

The Counselling Practice in Different Sectors addon course provides an extensive exploration of counselling across various sectors, addressing diverse client needs. Participants gain insights into different types of counselling and learn essential counselling techniques and their implications. The course covers specialised areas such as genetic counselling, grief counselling, palliative counselling, and HIV/AIDS counselling, equipping participants with techniques tailored to each context. Additionally, participants delve into family counselling, sex counselling, marital counselling, career counselling, crisis-related counselling, cyber addiction counselling, and de-addiction counselling. Through interactive sessions, participants learn to identify emotional and behavioural cues, employ crisis interventions, and address contemporary societal issues. By the end of the course, participants are equipped with the skills and knowledge to provide effective counselling support across various sectors, empowering them to make a positive impact in their communities.

Course name : **Life Skill Education**

Course coordinator : **Dr. Elsa Mary Jacob**

The Life Skill Education courses aim to equip participants with essential skills and attitudes to navigate various aspects of life successfully. Through engaging sessions, participants can expect to experience increased self-confidence, improved communication and relationship skills, and enhanced goal orientation. The courses foster the development of right social values, ethics, and decision-making abilities, promoting self-discipline and a positive attitude towards family, society, and work environments. Participants also develop critical and creative thinking skills, learn effective stress and emotion management techniques, and acquire livelihood skills necessary for personal and professional growth. Furthermore, the courses emphasize the importance of staying away from harmful substances and expanding comfort zones. Ultimately, participants emerge with improved leadership and teamwork skills, ready to tackle life's challenges with resilience and confidence.

Course name : Expressive Art Therapy

Course coordinator : Ms. Simmy Xavier

The Expressive Art Therapy course offers a foundational understanding of theory and practice, emphasizing the transformative power of creative expression. Participants explore the diverse benefits and uses of expressive arts for self-expression, reflection, and ventilation. Through experiential learning, the course aims to cultivate personal growth and transformation, fostering spontaneity, reflective thinking, and creative capacities. Participants learn to employ creative tools to intervene in various settings, promoting leadership skills and volunteerism for social change. The course utilizes a participatory training methodology, incorporating experiential activities, interactive group discussions, and reflective exercises. By embracing dance, drama, and art instruction, participants gain practical skills to harness the therapeutic potential of expressive arts in their personal lives and professional endeavours.

PTA

The Parent-Teacher Association (PTA) convenes with each class individually, providing a platform for parents and teachers to exchange views and collaborate on the development of both students and the college as a whole. General feedback from parents is solicited, and elections are held to ensure representation. The Head of the Department, along with all subject teachers, serves as representatives of the college. During these sessions, specific areas for improvement in fostering social work professionalism will be communicated to parents, tailored to each ward individually. Sharing students' positive and negative feedback with parents underscores the crucial role parental support plays in cultivating effective social work professionals.

Sl No	Class	Date and Time
1.	MSW 2022-24	19/06/2023

Department Meetings

Departmental meetings occur regularly, fostering well-informed and highly productive employees. These positive gatherings enhance interpersonal relationships, foster collaboration, and promote efficient teamwork, thereby reducing staff stress and fostering engaging conversations. Furthermore, departmental meetings serve to reinforce the organization's mission, vision, and values. Scheduled every Wednesday, the Head of Department (HOD) will preside over these meetings, with the Staff Secretary tasked with presenting the minutes of previous meetings and the corresponding action taken report. The Staff Secretary diligently maintains these minutes of the meeting. Commencing with a prayer and welcome, each agenda will be discussed separately during the meeting. All faculty members will have the opportunity to share their perspectives on each agenda item.

Main topics for discussion:

- Academic related updates
- Field related Updates
- MOU related updates
- Research related updates
- Program related updates
- Students' performance in the department activities
- Examinations and Internals
- Review of last month's activities

Sl No.	Date and Time of Meeting	Major Agenda
1.	02/06/2023, 10:00 am -01:30 pm	Admission Updates
2.	07/06/2023, 10:00 am -01:30 pm	Admission Updates
3.	13/06/2023, 04:00 pm -05:30 pm	MOU related updates
4.	03/07/2023, 03:30 pm -05:30 pm	Program related updates
5.	12/07/2023, 03:30 pm -05:30 pm	Admission Updates
6.	25/07/2023, 02:00 pm -04:30 pm	Admission Updates

7.	23/08/2023, 03:00 pm -04:30 pm	Admission Updates and Vidhyarambham 24
8.	08/09/2023, 03:00 pm -04:30 pm	Field related updates
9.	20/09/2023, 03:00 pm -04:30 pm	Program related updates
10.	29/09/2023, 03:00 pm -04:30 pm	Academic related Updates
11.	06/10/2023, 03:00 pm -05:30 pm	Field related updates
12.	19/10/2023, 04:00 pm -05:30 pm	MOU related updates
13.	25/10/2023, 03:30 pm -04:30 pm	Research related updates
14.	10/11/2023, 02:30 pm -04:00 pm	Field related updates
15.	14/11/2023, 10:30 am -12:00 pm	Field related updates
16.	29/11/2023, 01:30 pm -04:30 pm	Rural Camp and field work related updates
17.	07/12/2023, 01:30 pm -05:00 pm	Program related updates
18.	04/01/2024, 10:00 am -12:30 pm	Academic related Updates
19.	10/01/2024, 09:40 am -12:00 pm	Bharathion 2024
20.	07/02/2024, 03:00 pm - 05:00 pm	Research related updates
21.	17/02/2024, 11:00 am - 01:00 pm	Academic related Updates
22.	06/03/2024, 02:30 pm - 04:00 pm	Research related updates
23.	23/03/2024, 10:30 am - 01:00 pm	Field work related updates
24.	04/04/2024, 09:45 am - 01:00 pm	Syllabus revision
25.	09/04/2024, 12:15 pm - 01:15 pm	Assessment of 4th semester Internship

Alumni Interaction

Sl. No	Date and Time	Name of the Alumni	Topic of the session
1.	18/07/2023	Mr. Shanu Joseph	Scope and Nature of Social work
2.	23/10/2023	Ms. Devika Madhu and Arjun	Teach India Fellowship
3.	08/01/2024	Mr. Sajesh and Mr. Saroop	Importance of Theoretical in Social Work Practice
4.	02/02/2024	Mr. James and Mr. Vivek Ashok	Importance of National and international Seminars

Alumni Expert Lecture: 1 (18/07/2023)

The alumni visit by Mr. Shanu, a prominent figure in family and child welfare, on July 18, 2023, provided invaluable insights for social work trainees. The orientation program, comprising an interactive session, Mr. Shanu's professional journey, and an engaging activity, offered a comprehensive understanding of social work. Mr. Shanu enlightened us about various child welfare agencies, enriching our comprehension of the field. His motivational guidance highlighted ample opportunities within social work, instilling a sense of purpose. His interactive approach fostered a comfortable learning environment, encouraging active participation and dialogue among participants. Overall, Mr. Shanu's visit was instrumental in broadening our perspectives and reinforcing the significance of social work in our communities.

Alumni Expert Lecture: 2 (23/10/2023)

On October 23, 2023, Devika Madhu and Arjun, representatives from the Gandhian Fellowship and Make in India Foundation respectively, hosted a seminar, offering profound insights into their career journeys. The session was attended by the entire class, comprising students from first-year and second year



MSW. The seminar aimed to achieve several objectives: imparting knowledge and empowering communities through education, raising awareness about the social work profession, guiding students on self-improvement strategies, and enlightening them about the diverse opportunities available through the Gandhian Fellowship. Structured in two comprehensive sessions, the seminar began with Miss Arya providing an overview of the Make in India Foundation, highlighting challenges faced by children in their workplaces and proposing solutions. The subsequent session, facilitated by Mr. Arjun, a recipient of the Gandhian Fellowship, delved into his personal experiences and elucidated prospective opportunities.

Alumni Expert Lecture: 3 (08/01/2024)

The Alumni Expert Lecture, held on January 8, 2024, marked a significant event where distinguished alumni from the 2009-2011 batch, Mr. Sajeesh and Mr. Saurab, returned to their alma mater to engage with faculty members and current 2nd-year MSW students. This purposeful session aimed to bridge the gap between past and present, fostering meaningful dialogue. The exchange of experiences and perspectives enriched the academic environment, providing valuable insights. This report encapsulates the essence of the discussions, emphasizing the objective of providing a platform for alumni to share their experiences and inspiring current students to explore global opportunities in social work.



Student achievements - co curricular / Sports activities

Sl No	Name of the Student	Class	Achievement
1.	Devika Gopakumar	MSW 1st year	Spot Dance Ist prize NISWA 2024, MG University)
2.	Vishal Prasad	MSW 1st year	Photography IInd prize (NISWA 2024, MG University)
3.	Vishal Prasad and Devika Gopakumar	MSW 1st year	Photography 1st prize (Samanvaya 24- BCM College, Kottayam)
4.	Amos C	MSW 1st year	Best Social Worker , 2nd prize (Samanvaya – BCM College, Kottayam)
5.	Lakshmi Shaji	MSW 1st year	2nd prize western music (MG University Kalolsavam)
6	Yadhukrishnan U	MSW 1st year	A grade in Kolkali (MG University Kalolsavam) 2nd prize Western percussion (Bharata Mata college Arts 2024) 3rd prize Mappila pattu (Bharata Mata college Arts 2024)
7	Fathima Afrin K S	MSW 2nd year	First Prize - 3-minute Video Contest Theme: Mental Health is a Universal Human Right District Mental health Programme Kannur


BHARATA MATA
COLLEGE AUTONOMOUS
THRIKKAKARA
DEVIKAMAYA
MSW 2023-25
SECURED 1ST PRIZE
FOR SPOT DANCE
AT NISWA 2024, MG UNIVERSITY
Congratulations


BHARATA MATA
COLLEGE AUTONOMOUS
THRIKKAKARA
VISHAL PRASAD
MSW 2023-25
SECURED 2ND PRIZE
FOR PHOTOGRAPHY
AT NISWA 2024, MG UNIVERSITY
Congratulations


BHARATA MATA
COLLEGE AUTONOMOUS
THRIKKAKARA
CHAMPIONS
TEAM MSW 2023-25
OVERALL CHAMPIONS OF
NISWA 2024, MG UNIVERSITY
Congratulations


BHARATA MATA COLLEGE
THRIKKAKARA, KERALA 682021
BHARATA MATA SCHOOL OF SOCIAL WORK
CONGRATULATIONS
ASHIQUE SUNIL
1st YEAR
MSW
ANN TISHNA . T
1st YEAR
MSW
EDWIN JOSE
1st YEAR
MSW
FOR SUCCESSFULLY INITIATING
CSR PROJECT


BHARATA MATA
COLLEGE AUTONOMOUS
THRIKKAKARA
SECURED 1ST PRIZE
FOR FASHION SHOW
AT NISWA 2024, MG UNIVERSITY
TEAM MSW 2023-25
Congratulations





Street play comptition (samanwaya, BCM college , Kottayam 3rd price)

Group Event - List of Students

Name of the Students	Class	Achievement
Devika Gopakumar Jesna Jose Sooraj Jayan Gowri Sanoobkumar Lakshmi Shaji Thomas Joy Sandra Gopal Vishal Prasad Ann Tishna Thankachan Arka P Raghu	MSW 1st year	1st prize - Fashion Show (NISWA 2024, MG University)
Thomas Joy Rukma Soman Devika Gopakumar Alvin Thomas	MSW 1st year	1st prize – Treasure Hunt (NISWA 2024, MG University)
Vishal Prasad Devika Gopakumar Jesna Jose Teena Thomas Gouri Sanoobkumar Alan P Titus Aleeta Padua Aleena Davis Amos C Sooraj Jayan	MSW 1st year	3rd prize - Street Play Competition (Samanwaya, BCM College Kottayam)
Milan Mendez Aswin K M Bipin Balakrishnan Ameerali K Y Agnes Treesa Sevi Parvathi S Abinya T B Revathi M R Sona Sabu Ami Ermin Anjali Biju K	MSW 2nd year	1st Prize - Street Play Competition (ASWAS 24" National Conference, St Alberts College Autonomous)
Ameerali K Y Vidhu Martin Anjana M Francis	MSW 2nd year	1st Prize- Project Proposal Preparation (National Conference Caollabre' 24 - St Joseph's College, Devagiri, Calicut)

Petal Pure

Department level Infrastructure

Department level Infrastructure

Computers & Peripherals	
Laptops	: No
PCs	: 3
Smart TV	: 2
Projectors	: 3
Interactive Boards	: 4
Printers	: 2
Furniture & Fittings	
Desk	: 87
Bench	: 86
Tables	: 38
Chairs	: 375
Podium	: 6
Almirah	: 1
Shelf	: 11
Lab Equipment	
Computers	: 40
Speaker and mikes	: 1



Fellowships

Sl No	Name	Batch	Fellowship
1.	Angel Feba John	MSW 22-24	Bhumi Fellowship
2.	Anjaly K Biju	MSW 22-24	Teach for India Fellowship
3.	Ann Mary Oommen	MSW 22-24	Teach for India Fellowship
4.	Betty Wilson	MSW 21-23	Bhumi Fellowship
5.	Aleena Mary M J	MSW 21-23	Bhumi Fellowship
6.	Grace Thomas	MSW 21-23	Bhumi Fellowship
7.	George Millan Mendez	MSW 22-24	GOONJ Fellowship

Student Paper presentations

Sl. No	Name of Student	Batch	Title of the paper	Venue
1.	Fathima Afrin K S Aswin K M Ameerali K Y	MSW 22-24	Exploring the collaborative partnership models for SDG's initiatives in Muthirakkattumugal Community - A Comprehensive Research Inquiry	DYUTI 2024 - Rajagiri College of Social Science (Autonomous), Kalamassery
2.	Vidhu Martin	MSW 22-24	Mad Mangroves of Ezhome: A Tale of Dalit Resilience	INICIO 2024 - St. Joseph's College (Autonomous), Irinjalakuda
3.	Vidhu Martin Ameerali KY Anjana M Francis	MSW 22-24	Social Innovation and Entrepreneurship: A Millet-Based Project to Healthy and Sustainable Communities in Kerala	Collabre'24 – St. Joseph's College, Devagiri, Calicut
4.	Vidhu Martin Anupriya R George Milan Mendez	MSW 22-24	Millets and Healthy Ageing in the Perspective of Social Work	ASWAS 24 - St Alberts college (Autonomous), Ernakulam

5.	Jessila Mol N Anjaly Biju. K Adithya S Bhanu	MSW 22-24	Pakal Veedu: Exploring its Role in Enhancing Geriatric Wellbeing	ASWAS 24 – St. Alberts college (Autonomous), Ernakulam
6.	Ameerali K Y	MSW 22-24	Bridging the gap: Unveiling opportunities and challenges in the landscape of social entrepreneurship for millet-based health solutions in Kerala.	BHARATHION 2024 - Bharata Mata College (Autonomous), Thrikkakara
7.	Ameerali K Y Ashwin K M Anita George	MSW 22-24	Innovations in Elder Care: Crafting a Blueprint for Prevention and Intervention in Elder Abuse	ASWAS 24 – St. Alberts college (Autonomous), Ernakulam
8.	Ameerali K Y Fathima Afrin K S Aswin K M	MSW 22-24	Exploring the collaborative Partnership Models for Sustainable Development Goals initiatives in Muthirakkattumugal Community: A Comprehensive Research Enquiry	DYUTI 2024 - Rajagiri College of Social Science (Autonomous), Kalamassery
9.	Ameerali K Y Vidhu Martin Anjana M Francis	MSW 22-24	Social innovation and entrepreneurship; a millet-based project to healthy and sustainable communities in Kerala.	Collabre'24 – St. Joseph's College, Devagiri, Calicut
10.	Alamin K Y Cicily Varsha	MSW 22-24	Unravelling the fragile threads of elderly support in the scenario of family migration.	ASWAS 24 – St. Alberts college (Autonomous), Ernakulam
11.	Alamin K Y	MSW 22-24	Sowing Resilience: Nurturing sustainable development through successful millet cultivation	BHARATHION 2024 - Bharata Mata College (Autonomous), Thrikkakara
12.	Shone Joseph Angel Feba John Ann Mary Oommen	MSW 22-24	University of Third Age: A Model for Enhancing Geriatric Wellbeing	ASWAS 24 – St. Alberts college (Autonomous), Ernakulam

13.	Aswin K M	MSW 22-24	Unveiling Social Legislation's Impact: A Qualitative Exploration of Neelipata Tribal Community's Social Challenges	NISWA 2024 – Mahatma Gandhi University, Kottayam
14.	Tom S Chengalath Joyal Jose	MSW 22-24	Understanding Mental Health Support and Well Being: A Holistic Approach	DYUTI 2024 - Rajagiri College of Social Science (Autonomous), Kalamassery

Faculty Attended Programmes

Name o f the Faculty	Semaninars/Conferences Attended	Work-shops/ Tranings	Add on Courses	FDPs/ STTPs/ Work-shops/ Seminars / Webinar
Simmy Xavier	FDP on Outcome Based Education and Application of Generative AI Teaching and Research	06-13 March 2024	IQAC Got. College Kottayam and KSHEC	Online FDP
Sheena Rajan Philip	FDP on Outcome Based Education and Application of Generative AI Teaching and Research	06-13 March 2024	IQAC Got. College Kottayam and KSHEC	Online FDP

Faculties as Resouce Person

Sl .No	Name of the Faculty	Topic Discussed	Instution
1	Sooraj M V	Participatory Rural Appraisal	B-VOIC
2	Sheena Rajan Philip	Participatory Rural Appraisal	B-VOIC

Faculty Paper presentations

Sl no	Name of the Faculity	Paper Name	Institution Presented
1	Dr Sheena Rajan Philip	Exploring the collaborative Partnership Models for Sustainable Development Goals initiatives in Muthirakkattumugal Community: A Comprehensive Research Enquiry	DYUTI 2024 - Rajagiri College of Social Science (Autonomous), Kalamassery
		Sowing Resilience: Nurturing sustainable development through successful millet cultivation	BHARATHION 2024 - Bharata Mata College (Autonomous), Thrikkakara
		Unveiling Social Legislation's Impact: A Qualitative Exploration of Neelipata Tribal Community's Social Challenges	NISWA 2024 – Mahatma Gandhi University, Kottayam
2	Dr Elsa Mary Jacob	Bridging the gap: Unveiling opportunities and challenges in the landscape of social entrepreneurship for millet-based health solutions in Kerala.	BHARATHION 2024 - Bharata Mata College (Autonomous), Thrikkakara
		University of Third Age: A Model for Enhancing Geriatric Wellbeing	ASWAS 24 – St. Alberts college (Autonomous), Ernakulam

Publications - Faculty

Name of the Faculty	Type of Publication (Contribution to Book, Research Publication, Conference Proceedings)	Listing of the publication (ISBN BOOK, UGC Care List1, Scopus, Web of Science)	Title of the Paper or Book Chapter	ISSN or ISBN Number
Mr. Sooraj M V	Contribution to Book	Disaster Resilience: Social Work Perspective	AUTHORS PRESS	ISBN 978-93-5529-568-2.

PG Disserations

Sl No	Roll No	Name of Student	Topic of Project
1.	210011034040	Abel Joseph Martin	A study on solid waste management in Cochin corporation
2.	210011034041	Abhirami K P	Feminisation of labour in garment industries: A qualitative study
3.	210011034042	Aleena Mary M. J	Role and Impact of wings of women collective group in the development of Rajaji Nagar colony of Trivandrum district".
4.	210011034043	Anagha Aliyas	A study on social media usage, mental health and family functioning among middle aged individuals
5.	210011034044	Anakha Joby	Understanding objectification of women in media and its impact
6.	210011034045	Angel Rose T	A study on Women Working in the Peeling Sheds - Case Study
7.	210011034046	Ann Mary Babichan	When movies unlearn gender myth: A study on the portrayal of gender roles in Malayalam movies and its influence on youth
8.	210011034047	Ann Mary Divya	A study on awareness on menstrual hygiene among rural high school girls in govt schools Ernakulam district
9.	210011034048	Arathy S. S.	Assessing Public Perception and Engagement with Decentralized Waste Management System Implemented by Kochi Corporation
10.	210011034049	Aswathy S Kumar	A Quantitative Study on the Association of Attachment Styles and Self-Esteem in Young Adults"
11.	210011034050	Betty Wilson	A Study on the influence of social anxiety and social phobia on self-esteem among college students
12.	210011034051	Dijo George	Comparative analysis of societal eras and their impact on drug abuse: A study
13.	210011034052	Fathimathu Suhana	A Study on Women Entrepreneurs in Kerala

14.	210011034053	Grace Thomas	A Study on the Impact of Floods on Evolving Community Participation in Kuttanad
15.	210011034054	Harishma KR	A study on parents' perception of child with special needs a special reference to Adarsh charitable trust Kureekkad.
16.	210011034055	Hashmina H	A quantitative study on the labour welfare schemes and its effectiveness among security guard in private sector
17.	210011034056	Jain Joy	A study On- Role of SHG'S in the empowerment of rural women in Arooktty grama panchayat, Alappuzha
18.	210011034057	Jayakrishnan V S	Learning about young people's low self-esteem through the use of social media
19.	210011034058	Jesny James	Quantifying work pressure among Asha workers in Thrissur District: A quantitative study
20.	210011034060	Krishnendu S	A study on the individualized care plan of Autistic children
21.	210011034061	Neelima S	A Study on the Effects of Body Shaming on the Mental Health of College Students
22.	210011034062	Nidhy Legi George	Understanding childhood development - Intervention research among Parents'
23.	210011034063	Ragendhu K. R	A qualitative study of the unethical uses of scribes among the tribal students in Wayanad district
24.	210011034064	Renim Salam	A study on the physical and psychological impacts on fashion models due to unrealistic beauty standards
25.	210011034065	Rinoy Johny	Early Identification of Childhood Disorders; An Intervention Study Among Young Adults
26.	210011034059	Rishi Das	Influence of Religiosity on the Psychological Wellbeing of Old Age People
27.	210011034066	Saira Sidheek	A qualitative study on teenager boy's sexual attraction towards elder women and its implications"

28.	210011034067	Santhosh Karki	Inclusion experienced by transpersons of Kerala; An exploratory study
29.	210011034068	Shilpa Kiran	A study on Occupational Stress and Coping Mechanism of Bank Employees in Ernakulam District
30.	210011034070	Stania Francis Carbalio	A Study on family and social relationships of Caregivers affected by patients with mental illness with reference to Oolanpara Mental Health Centre, Trivandrum
31.	210011034071	Swathy Lakshman	Lives beyond the constructs: Narrating lesbian lives in Kerala".

Student Progression

Sl No	Roll No	Name of the Student	Institution Placed
1.	210011034042	Aleena Mary M J	BHUMI NGO (fellowship)
2.	210011034043	Anagha Aliyas	Sacred Heart HRDC Muttom
3.	210011034045	Angel Rose T	V Guard
4.	210011034048	Arathy S. S.	Northamps ENV Solutions
5.	210011034051	Dijo George	Kerala Arthritis and Rheumatism Society
6.	210011034052	Fathimathu Suhana	Sree Naryana Guru College, Paingottoor
7.	210011034056	Jain Joy	Assisi Special School, Alappuzha
8.	210011034060	Krishnendu S	Sunrise Hospital
9.	210011034061	Neelima S	3S and Our Health
10.	210011034065	Rinoy Johny	Inclusys Org Foundation, Vyttila
11.	210011034059	Rishi Das	Nirmalya De-Addiction Counselling and National Resource Centre
12.	210011034066	Saira Sidheek	Jai Bharath Arts and Science college, Perumbavoor
13.	210011034067	Santhosh Karki	Our Sansar, Nepal
14.	210011034071	Swathy Lakshman	SIA BMC Unit

Teaching Learning Innovative practices in the department:

The Social Work department introduces innovative teaching and learning practices to ignite student curiosity and bridge theory with real-world application. Faculty members facilitate fieldwork exposures, allowing students to translate theories into practical experiences. These initiatives aim to enhance the teaching and learning experience by fostering active engagement and experiential learning opportunities within the realm of social work education.

Innovative Practices	Outcome
Lecture method	Hands on experience, Experiential learning, Collaborative Learning, Field Based Learning Audio-Visual presentations through Interactive Boards and Virtual classrooms
Interdisciplinary Lectures	Help students learn about the latest tech developments in various fields. This helps them blend technology with social welfare efforts, empowering them to use the newest tech for their social work practice
Major/Mini Projects	Equip students to independently create project proposals and motivate them to execute these proposals by seeking support from nearby companies' or organizations' CSR funds. Also engage in the Social Impact Assessment (SIA) and Environment Impact Assessment (EIA) studies under the label of SIA BMC Unit
Student Seminars	Encourage students to engage in self-study and group study by assigning syllabus sections and urging them to conduct classes with PowerPoint presentations, fostering individual seminar capabilities.
Course Assignments	Promote collaborative learning among students by facilitating course assignments that encourage supplementary study methods.
Communication Skills	Enhance students' abilities in both group discussions and interview settings by refining their presentation and speaking skills.
Seminars/ Webinars/ Workshops	Involves students by presenting real-life challenges, issues, and situations to stimulate critical thinking, problem-solving, teamwork, and self-direction.
Online Tutorial	Elevate students' overall understanding through an engaging online tutorial experience designed to be dynamic and interactive.
Virtual Lab	Empower students with immersive virtual lab facilities aimed at enriching their practical learning experiences.







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