



**BHARATA MATA
COLLEGE | AUTONOMOUS**
THRIKKAKARA Kochi - 682021, Kerala, India

NAAC with A+ Grade, NIRF Ranked in the BAND 151-200, DBT Star College, ISO 9001-2015 Certified

PG CSS SYLLABUS

(2024 Admission Onwards)



MSW

Prepared by

BOARD OF STUDIES IN SOCIAL WORK

Bharata Mata College (Autonomous), Thrikkakara

(Affiliated to the Mahatma Gandhi University, Kottayam)



Bharata Mata School of Social Work

**Postgraduate Programme under Credit and
Semester System**

SYLLABUS

Programme : Master of Social Work (MSW)

(2024 Admission Onwards)

**Prepared by Board of Studies in Social Work
Bharata Mata College (Autonomous) Thrikkakara**

PREFACE

In accordance with the directives set forth by the University Grants Commission (UGC) and Mahatma Gandhi University Regulations for Postgraduate Programme, under the Credit and Semester System 2019 and Bharata Mata College (Autonomous) Regulations for Postgraduate Programme, under the Credit and Semester System 2024 (BMC PG CSS), the Board of Studies of Social Work at Bharata Mata College (Autonomous) has diligently endeavored to establish a robust two-year Masters Programme curriculum.

Credit and semester system (CSS) of Bharata Mata College (Autonomous) aims at flexibility in curriculum development, objectivity and critical approach in examination patterns, use of continuous evaluation for assessment in all educational programmes in the university campus. This is to ensure a distressed learning environment for students in their overall academic development. The CSS is also meant to provide meaningful common criteria as per the national pattern to transfer credits when students move from one institution to another within or outside the country.

All curricular frameworks outlined herein adhere meticulously to the Regulations for Postgraduate Programme, under the Credit and Semester System 2024 (BMC PG CSS), which draws its essence from the Regulations for Postgraduate Programme, under the Credit and Semester System 2019 issued by Mahatma Gandhi University, Kottayam. It is pertinent to note that the syllabi presented herein shall be periodically refined to align with any subsequent amendments made to the aforementioned regulations.

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Board of Studies – Members

Name	Role	Affiliation
Dr. Elsa Mary Jacob	Chairperson	Head of the Department
Dr. Jasmine Sarah Alexander	Nominee of the VC	Assistant Professor, Layola College, Trivandrum
Prof. Dr. Jose Antony	Subject Expert	Professor, Sree Sankaracharya University, Sanskrit, Kalady
Dr. Francina P X	Subject Expert	Assistant Professor, Layola College, Trivandrum
Shri. Baby Prabhakar	Industrial Consultant	CEO, BluePoint. Org
Adv. Ullas Madhu	Alumnus	
Dr. Sheena Rajan Philip,	Member	Faculty of the Department
Mr. Sooraj M. V		
Ms. Simmy Xavier		

Programme Outcomes and Programme Specific Outcomes

At Bharata Mata College (Autonomous) Thrikkakara, our Social Work postgraduate courses are structured around the Outcome-Based Education (OBE) framework, emphasizing clear educational objectives. Within this model, students enroll with defined goals for skill development and knowledge acquisition, expected to achieve these goals by the course's conclusion. OBE positions instructors as facilitators who guide students in their learning journey, fostering the development of both knowledge and skills. Through this approach, our Social Work programs at Bharata Mata College enable students to evolve into proficient professionals prepared for success in the field.

Programme Outcomes

1. Domain Knowledge
2. Communicative Competence
3. Applying Modern Technologies
4. Reflective response to Ethical and Social Issues
5. Sustainability Values
6. Critical Thinking and Problem-Solving
7. Entrepreneurship
8. Team Work and Leadership
9. Self-Directed and Lifelong Learning

Programme Specific Outcomes

1. Apply professional knowledge of interdisciplinary foundations, theories, methods and practice models in professional practice.
2. Demonstrate professional skills in engagement with individuals, families, groups and communities.
3. Demonstrate core values and ethical responsibilities in professional practice.
4. Utilize skills in analyzing and evaluating public policies and programmes.
5. Exhibit skills in formulating policies leading to research integrated practices.
6. Exhibit democratic leadership and organizational management skills in practice.

**Regulations for Postgraduate Programme, under the Credit and Semester System 2024
(BMC PG CSS)****Introduction**

The Master of Social Science in Social Work (MSW) Programme is a professional training programme that leads to the professional qualification of a Social Worker. The course work of the Programme aims to provide students with a solid conceptual framework and a theoretical foundation of social work practice. To develop social work knowledge and skills, and to help students cultivate a positive identification with social work values and the ethics of the social work profession are the aims of this Programme. In addition to the academic content, students are required to undertake supervised practice in different social service agencies/communities. This programme equips students with advanced training in knowledge and skills to reflect and resolve conflicts within themselves and to help disadvantaged groups. Through these academic and training engagements, students are prepared for a career in professional social work.

The curriculum of the Master of Social Work (MSW) Programme is designed to meet the requirements as per the programme's objectives, which is to prepare the students to build a career in Social Work Profession and Development sector. The professional education in social work equip the students to confidently engage in the practices of counselling, group work, and community work, research, policy formulation and analysis, advocacy and social & political interventions. There are a number of promising career opportunities open for these graduates in the areas like: Rural and Urban Community Development, Hospital Social Work, Psychiatric Social Work, Industrial Counselling, Family Counselling, Child Welfare, Administration of NGOs, Corporate Social Responsibility, Human Rights, Environment and Disaster Management, Project Preparation & Evaluation and Field level Research Projects.

The MSW programme is organized into four semesters with elective (specialization) courses offered as three specialization groups in:

- ☐ Community Development (CD)
- ☐ Family and Child Welfare (FCW)
- ☐ Medical and Psychiatric Social Work (MPSW)

There are ten courses in the first and second semesters along with field practicum. In the third semester there are two core courses as well as three elective courses each in each specialization group along with field practicum. In the fourth semester there are two core courses and two elective courses, field practicum apart from project/dissertation. Field Practicum (field education) is an integral part of the training in social work education with the objective of helping the students to develop the skills, attitudes and values and personality

characteristics essential for a professional social worker. The students are to be placed in local self-government institutions, welfare agencies, development organizations, community-based organizations of children, youth, women and elderly, hospitals etc. for field practicum. The practicum equips the students to get hands on training in different areas as well as according to their specialization.

Aim of the Program

- i. To facilitate the learners to develop the foundations of social work practice by providing the theoretical input on the philosophy, values, methods, fields and approaches of human service profession and human resource management.
- ii. To sensitize the learners about the contemporary socio-economic and cultural realities through field based learning and proficiency in helping skills and effective intervention strategies.
- iii. To develop a professional approach in addressing human societal needs and become effective and efficient change agents in the social milieu.
- iv. To develop an insight into one's professional self and purposive use of the same in professional practice through integral transformative practices.
- v. To sharpen the learners' skills in conceptualization, scientific assessment, analysis & interpretation and planning & intervention.

Programme Specific Outcomes (PSO)

1. Apply professional knowledge of interdisciplinary foundations, theories, methods and practice models in professional practice.
2. Demonstrate professional skills in engagement with individuals, families, groups and communities.
3. Demonstrate core values and ethical responsibilities in professional practice.
4. Utilize skills in analyzing and evaluating public policies and programmes.
5. Exhibit skills in formulating policies leading to research integrated practices.
6. Exhibit democratic leadership and organizational management skills in practice.

Eligibility for Admissions

Candidates for admission to the first semester of the MSW programme shall be required to have passed any Degree Examination with a minimum of 45% marks of Mahatma Gandhi University as specified or any other examination of any recognized University or authority accepted by the Academic Council of Mahatma Gandhi University as equivalent thereto.

Method of selection of students

The candidates seeking admission shall have to attend Entrance test, Group discussion and Personal interview conducted by the college. Rank list is prepared based on the scores

obtained in all the three components of the selection process.

Medium of Instruction and Assessment

The medium of instruction and assessment of MSW Programme will be English.

Faculty under which the Degree is awarded

Students shall be admitted to and awarded degree of MSW under the **Faculty of Social Sciences**.

Specializations offered

The MSW programme is organized into four semesters with elective (specialization) courses offered in three groups of specializations:

- ☐ Community Development (CD)
- ☐ Family and Child Welfare (FCW)
- ☐ Medical and Psychiatric Social Work (MPSW)

Note on compliance with the UGC Minimum Standards for the conduct and award of Postgraduate Degrees

The MSW Programme comply with UGC Minimum Standards for the conduct and award of Postgraduate Degrees

Field Practicum

Field practicum is compulsory for all the 4 semesters; each semester field work is for 6 credits (1 credit equivalent to 36 hours; Total 216 hours). In addition to this, a five (5) credit Block Field placement (Internship) has to be completed for the successful completion of the MSW programme. Internship is a compulsory requirement, which shall be done immediately after the 4th semester examination.

Dissertation

Dissertation is a three-credit compulsory core course carried out by each student under the supervision of a research supervisor. Dissertation shall be completed by working outside the regular teaching hours. There should be an internal assessment and external assessment for the project work. The external evaluation of the Project work is followed by presentation of work including dissertation and Viva-Voce. The title and the credit with grade awarded for the program project should be entered in the grade card issued by the university.

Viva-voce

Internal and External Viva Voce examinations will be conducted at the end of each semester. Comprehensive Viva Voce shall be conducted at the end semester (after 4 semester) of the program. Comprehensive Viva-Voce covers questions from all courses in the programme.

Attendance

The minimum requirement of aggregate attendance during a semester for appearing in the end semester examination shall be 75%. Condonation of shortage of attendance to a maximum of 10 days in a semester subject to once during the whole period of post graduate programme may be granted by

the College/institution. A student who does not satisfy the requirements of attendance shall not be permitted to take the end Semester examinations.

Registration

A student who registered for the MSW programme shall complete the course within 4 years

Promotion

A student who registers for the end semester examination shall be promoted to the next semester

Examinations

- There shall be 2 CCA during each semester.
- Field Work examinations shall be conducted at the end of each semester.
- Project evaluation and Viva -Voce shall be conducted at the end of the programme only.
- Project evaluation and Viva-Voce shall be conducted by internal and external examiners.
- End-Semester Examinations (ESE) will be conducted at the end of each semester.
- There shall be one end-semester examination of 3 hours duration in each lecture-based course.

Component	Assessment Criteria		Weight
1	Continuous Assessment	CA1	2
	Examination (CAE)	CA2	2
2	KEA		2
3	RSA		4
Total			10

Evaluation and Grading

Evaluation: The evaluation scheme for each course shall contain two parts; (a) internal evaluation and (b) external evaluation. 25% weightage shall be given to internal evaluation and the remaining 75% to external evaluation and the ratio and weightage between internal and external is 1:3. Both internal and external evaluation shall be carried out using direct grading system.

a. Internal evaluation: The internal evaluation shall be based on predetermined transparent system involving periodic written tests (2), Knowledge Enhancement Assessment (KEA) and Research Enhancement Assessment (RSA) with respect to theory courses. The weightage assigned to various components for internal evaluation is as follows.

To ensure transparency of the evaluation process, the internal assessment grade awarded to the students in each course in a semester shall be published on the notice board at least one week before the commencement of external examination. There shall not be any chance for improvement for internal grade.

External evaluation: The external Examination in theory courses is to be conducted by the College with question papers vetted by external experts. The evaluation of the answer scripts shall be done by examiners based on a well-defined scheme of valuation.

b. Field practicum is evaluated based on the requirements of each semester

SEMESTER I - FIELD WORK PRACTICUM -1		
Sl.No.	Parameters	Weightage
1.	Evaluation by agency supervisor	1
2.	Rural camp	2
3.	Fieldwork Presentation	1
4.	Evaluation by faculty supervisor based on the performance of the student in the fieldwork: • Understanding of concepts and quality of fieldwork reports • Application of theory into practice completion of requirements (observational visit (5), community programme (1), completion of 126 hours in the community-based fieldwork) and participation in individual conference	
SEMESTER II - FIELD WORK PRACTICUM -2		
Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Case work (4), Group Work (1)	2
3	Field work Presentation	2
4	Evaluation by faculty supervisor based on performance of the student in the field work:	

	- Understanding of concepts and quality of field work reports - Application of theory into practice Completion of requirements (observational visit (5), completion of 198 hours in the agency based field work, and participation in individual conference	1 4
SEMESTER III - FIELD WORK PRACTICUM -3		
	Elective (Specialization)--Community Development (CD)	
Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Fieldwork Presentation	2
3.	Evaluation by faculty supervisor based on performance of the student in the field work: - Understanding of concepts and quality of field work reports - Application of theory in to practice Completion of requirements: (Organizational visits (5), (organizational Study (1), community intervention (1), Study the projects of the agency (2), project proposal (1), PRA (1), completion of 198 hours in the community/agency based field work) and participation in individual conference	2 5
	Elective (Specialization)—Family and Child Welfare (FCW)	
Sl.No.	Parameters	Weightage
1.	Evaluation by agency supervisor	1
2.	Field work Presentation	2
3.	Evaluation by faculty supervisor based on the performance of the student in the fieldwork: - Understanding of concepts and quality of fieldwork reports - Application of theory into practice Completion of requirements: (Organizational visits (5),	2

	Organizational Study (1), Intervention: (Individual (3), Group (1), Family (1), Completion of 198 hours in the community/agency based fieldwork) and participation in individual conference	5
	Elective (Specialization)—Medical and Psychiatric Social Work	
Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Field work Presentation	2
3	Evaluation by faculty supervisor based on performance of the student in the fieldwork: • Understanding of concepts and quality of fieldwork reports • Application of theory in to practice Completion of requirements: (Organizational visits (5), Organizational Study (1), Intervention: (Case history and mental status examination (5), individual (3),Group (1), Completion of 198 hours in the agency based field work) and participation in individual conference	2 5
	SEMESTER IV - FIELD WORK PRACTICUM -4	
	Elective (Specialization)--Community Development (CD)	
Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Field work Presentation&Viva	2
3	Evaluation by faculty supervisor based on performance of the student in the field work: • Understanding of concepts and quality of field work reports • Application of theory in to practice Completion of requirements: (Evaluation of a project (1),	2 5

	(Preparation of a project (1), community intervention with the participation of the people (1), completion of 216 hours in the community/agency based field work) and participation in individual conference	
	Elective (Specialization)—Family and Child Welfare (FCW)	
Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Field work Presentation & viva	2
3	Evaluation by the faculty supervisor based on performance of the student in the field work: • Understanding of concepts and quality of field work reports • Application of theory into practice Completion of requirements: (intervention: Individual (4), group (1), completion of 216 hours of the community/agency-based field work) and participation in individual conference	2 5
	Elective (Specialization)—Medical and Psychiatric Social Work	
Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Field work Presentation	2
3	Evaluation by faculty supervisor based on performance of the student in the field work: • Understanding of concepts and quality of field work reports • Application of theory in to practice Completion of requirements: (intervention: Individual (4), group (1), completion of 216 hours in the agency based field work) and participation in individual conference	2 5
	SEMESTER IV - FIELD WORK PRACTICUM -5	

Sl.No.	Parameters	Weightage
1	Evaluation by Agency supervisor	1
2	Evaluation by the faculty supervisor based on the performance of the student in the field work: • Understanding of concepts and quality of field work reports • Application of theory into practice, and completion of 180 hours in the assigned setting	2 5.5

Project/Dissertation

Assessment Types	Internal Evaluation	
	Components	Weights
	Relevance of the Topic/Area selected	2
	Synopsis presentation / Experimentation/data collection	4
	Punctuality	2
	Compilation/interpretation and analysis of data	4
	Presentation of the Findings	4
	Content/ Project Report	4
	Total	20

External Evaluation of Dissertation

The external evaluation has 30 weights including evaluation of the dissertation and defense viva voce. Evaluation of the dissertation carries 22.5 weights and the viva voce has 7.5 weights.

Project/Dissertation Evaluation & Viva Voce

Sl. No	Criteria	Weights
1.	Relevance of the Topic	3
2.	Review of Literature	3
3.	Research Methodology	6
4.	Analysis and interpretation	7.5
5.	Implications for social work practice	3
6.	Defense Viva Voce	7.5
	Total	30

Direct Grading System

Direct Grading System based on a 5 - point scale is used to evaluate the performance (External and Internal Examination of students)

The overall grade for a programme for certification shall be based on CGPA with a 7- point scale given below

CGPA	Grade
3.80 to 4.00	A+
3.50 to 3.79	A
3.00 to 3.49	B+
2.50 to 2.99	B
2.00 to 2.49	C+
1.50 to 1.99	C
1.00 to 1.49	D

Each course is evaluated by assigning a letter grade (A, B, C, D or E) to that course by the method of direct grading. The internal (weightage =1) and external (weightage =3) components of a course are separately graded and then combined to get the grade of the course after taking into account of their weightage.

A separate minimum of C grade is required for a pass for both internal evaluation and external evaluation for every course. A student who fails to secure a minimum grade for a pass in a course will be permitted to write the examination along with the next batch. The same is applicable for both field work and project work

Grade Card

The Final Grade Card issued at the end of the final semester shall contain the details of all courses taken during the entire programme including those taken over and above the prescribed minimum credits for obtaining the degree. The Final Grade Card shall show the CGPA and the overall letter grade of a student for the entire programme.

Award of Degree

The successful completion of all the courses, field work and project work with 'C+' grade shall be the minimum requirement for the award of the degree. A Faculty Advisor who is a teacher nominated by the Social Work Department Council will coordinate the continuous evaluation and other academic activities undertaken in the Department.

Grievance Redressal Committee

The College shall form a Grievance Redress Committee in each Department comprising of Course Teacher (the teacher who is taking classes on the course) and one senior teacher as members and the Head of the Department as Chairman. The Committee shall address all grievances relating to the internal assessment grades of the students.

Modifications to the Regulations

Notwithstanding anything contained in these Regulations, any amendments or modifications issued or notified by the University Grants Commission or the State Government or the Mahatma Gandhi University from time to time, shall be incorporated into these Regulations by the appropriate regulatory bodies of the College and shall constitute an integral part thereof.

Index Page of Syllabus

Course Code	Title of the Course	Type of the Course	Hours per week	Credits
FIRST SEMESTER				
24P1SWC01	Sociology and Economics for Social Work Practice	Core	3	3
24P1SWC02	Human Growth and Development	Core	3	3
24P1SWC03	History Philosophy and Fields of Social Work	Core	3	3
24P1SWC04	Social Work Practice with Individuals	Core	3	3
24P1SWC05	Social Work Practice with Communities	Core	3	3
24P1SWC06	Field Practicum 1	Core	12	6
TOTAL FOR SEMESTER				21
SECOND SEMESTER				
24P2SWC01	Introduction to Abnormal and Social Psychology	Core	3	3
24P2SWC02	Counselling and Psychotherapy	Core	3	3
24P2SWC03	Professional Skills for Social Workers	Core	3	3
24P2SWC04	Social Work Practice with Groups	Core	3	3
24P2SWC05	Social Work Research and Statistics	Core	3	3
24P2SWC06	Field Practicum 2		12	6
TOTAL FOR THE SEMESTER				21
THIRD SEMESTER				
24P3SWC01	Planning and Implementation of Development Projects	Core	3	3
24P3SWC02	Administration of Human Service Organizations	Core	3	3
24P3SWC03	Field Practicum 3	Core	12	6
Specialization Courses				
Group 1: Community Development (CD)				
24P3SWE01	Rural & Urban Community Development	Elective	3	3
24P3SWE02	Environment and Disaster Management	Elective	3	3
24P3SWE03	Community Health for Development Practice	Elective	3	3
Group 2: Family and Child Welfare (FCW)				
24P3SWE04	Social Work Practice with Families	Elective	3	
24P3SWE05	Policies and Programmes for Children and Youth	Elective	3	3
24P3SWE06	Population dynamics and Reproductive and Child Health	Elective	3	3
Group 3: Medical and Psychiatric Social Work (MPSW)				
24P3SWE07	Clinical Assessment and Diagnosis of Psychiatric Disorders	Elective	3	3
24P3SWE08	Social Work in the Field of Health	Elective	3	3

24P3SWE09	Health Care Administration and Community Health	Elective	3	3
TOTAL FOR THE SEMESTER				21
FOURTH SEMESTER				
24P4SWC01	Social Legislation and Human Rights	Core	3	3
24P4SWC02	Gerontological Social Work	Core	3	3
24P4SWC03	Field Practicum 4	Core	12	6
24P4SWC04	Dissertation	Core	3	3
24P4SWC05	Internship (After the completion of fourth semester examination)	Core	10	5
Specialization Courses				
Group 1: Community Development (CD)				
24P4SWE01	Human Resource Management for Development Practice	Elective	3	3
24P4SWE02	Economic Development: Theory and Practice	Elective	3	3
Group 2: Family and Child Welfare (FCW)				
24P4SWE03	Therapeutic Interventions in the field of Family and Child Welfare	Elective	3	3
24P4SWE04	Social Work in Education	Elective	3	3
Group 3: Medical and Psychiatric Social Work (MPSW)				
24P4SWE05	Social Work Interventions in the field of Mental Health	Elective	3	3
24P4SWE06	School Mental Health and Social Work Practice	Elective	3	3
24P4SWV01	Comprehensive Viva Voce			1
TOTAL FOR THE SEMESTER				27
MSW TOTAL				90

Syllabus

SEMESTER 1

Sl. No	Course Code	Course Title	Type of the Course	Hours per week	Credits
1.	24P1SWC01	Sociology and Economics for Social Work Practice	Core	3	3
2.	24P1SWC02	Human Growth and Development	Core	3	3
3.	24P1SWC03	History Philosophy and Fields of Social Work	Core	3	3
4.	24P1SWC04	Social Work Practice with Individuals	Core	3	3
5.	24P1SWC05	Social Work Practice with Communities	Core	3	3
6.	24P1SWC06	Field Practicum 1	Core	12	6

Course Name	Sociology and Economics for Social Work Practice					
Type of Course	Core					
Course Code	24P1SWC01					
Course Description	The course introduces a foundational understanding of key sociological and economic concepts, approaches, problems and theories relevant to the discipline of social work and utilize the knowledge in the practice of social work with diverse client groups and contexts.					
Credit	3					
Semester	I					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	54
		50			4	

CO. No	Expected Course Outcome	Learning Level
1	Demonstrate the knowledge about the concepts, scope, theories and perspectives of sociology for social work practice.	U & A
2	Analyze the contemporary social problems through sociological dimensions	An
3	Apply the economic concepts and perspectives to enhance social work interventions.	A & U
4	Analyze micro, mezzo and macro problems from an economic perspective	U & An
5	Utilize the knowledge of sociology and economics for the attainment of Sustainable Development Goals.	An & A

***Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)**

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	3	1	3	0	1	3
CO 2	3	2	1	3	1	3	2	1	3
CO 3	3	2	2	2	1	3	3	2	2
CO 4	3	2	1	3	2	3	3	2	3
CO 5	3	3	2	3	3	3	3	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	2	2	2	2	2	2
CO 2	2	3	3	3	1	2
CO 3	3	3	3	3	3	3
CO 4	2	2	2	2	3	2
CO 5	2	3	3	3	3	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module1 Introduction to Sociology and relation of social work			
	1.1	Sociology- Definition and characteristics. Sociological perspectives: Functional, Conflict and Interactionist. Sociological concepts: Society, Community, Association, Status, Role, Power and social structure	6	1
	1.2	Culture: Definition, characteristics, structure, functions, subculture, contra-culture, cultural change and cultural lag. Socialization: Meaning, Definition, Process, Agents, and theories – Look glass self-theory (C. H. Cooley), Self-Theory (G. H. Mead), Collective Consciousness (Emile Durkheim)	6	
	1.3	Social Change: Meaning, Characteristics, Evolution, Diffusion, Progress and Modernization. Factors of Social Change, Theories of Social Change – Evolutionary, Functionalist, Conflict, Structuralist, and Post- modern. Social Control: Formal and Informal means of social control	6	
2	Module 2 Social Groups and Social Institutions			
	2.1	Social Stratification: Definition, Characteristics, Caste, Class & Race; Social Mobility	6	2
	2.2	Social Interaction & Social Process: Characteristics. Types: Associative and Dissociative social Processes: Cooperation, Accommodation, Assimilation, Integration; Competition, Conflict and isolation.	6	
	2.3	Social Groups: Definition, Classification; Characteristics and importance of Primary groups and Secondary Groups, Peer groups and Reference groups. Social Institutions: Definitions, Types of Social institutions: Family, Marriage, Education, Economy, Polity, Religion. Interconnectedness of sociology and social work	6	
3	Module 3 – Introduction to Economics			
	3.1	Economics definitions- - economic problem, scarcity and choice- basic concepts of demand, law of demand, determinants of demand, supply, National Income, Standard of Living, Per capital Income, Human Development Index Introduction to Economic systems: Capitalism, Socialism, Communism and Mixed economy		
	3.2	Welfare state, social justice, development, under development, Agriculture, Natural Resources, Infrastructure Economic Planning – Planning Commission, Five Year Plans, NITI AAYOG and New Economic Policy; women and economy. Contributions of Sectors of Indian economy – Primary, Secondary and Tertiary; MSME Globalization and its impact on Indian economy; Multi National Corporates - effects on Indian economy		

	3.3	Kerala model of developments and its critique. Interconnectedness of economics and social work		
4	Module 4 Economic Growth and Development			
	4.1	Approaches and case studies to economic growth and development –Basic Needs Approach, Capability Approach, Human Development Approach		
	4.2	Global Institutions- World Bank, UNDP, NABARD International Monetary Fund (IMF), World Trade Organization (WTO)		
	4.3	Micro credit Finance – Mohammed Yunus case study of Bangladesh; KUDUMBASHREE model of development		
5	Module 5 Sustainable Development Goals and Social Work Practice			
	5.1	Causes, consequences and impact of Prevailing Social Issues and socio-economic determinants - Poverty, Homelessness, Human Trafficking, Unemployment, Illiteracy, Gender Issues, Health inequities, migration, Development induced displacement, War, Terrorism, Environmental issues		
	5.2	Sustainable Development Goals – Concept, history and rationale; MDGs (2000-2015) and SDGs (2015 – 2030) Social, economic and environmental dimensions of SDGs		
	5.3	Role of social workers in responding to crises related to social issues Role of social workers in attaining SDGs		

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Social Problems in India: RAM AHUJA
2. Datt, Ruddar & Sundharam, K.P.M. (2008). Indian economy. New Delhi: S Chand.
3. Gregory, Antony, (2005). Taming the global triumvirate: WTO, IMF and World Bank. Thiruvananthapuram: Sahayi.
4. Jhingan, M. L. (2006). Economics of Development and Planning. Delhi: Vrinda Publications (P) Ltd.
5. Francis, Abraham, M. (2006). Contemporary Sociology. Oxford Oxfordshire: Oxford University Press.
6. MacIver, R.M., Page, C.H. (2000). Society an Introductory Analysis. New Delhi: Macmillan Publishers India.
7. Mallik, R M & Padhi, S. P. (2005). Development Deprivation and Welfare Policy. Jaipur: Rawat publications.
8. Misra, S. K & Puri, V. K, (2004). Indian economy: its development experience. Mumbai: Himalaya publishing house.
9. Prigoff, Arline. (2000). Economics for Social Workers: Social outcomes of economic globalization with strategies for community action. Brooks/Cole.
10. Rawat, H. (2007). Sociology Basic Concepts. Jaipur: Rawat Publications.
11. Sachdeva, D.R. and Vidyabhushan. (2014). An Introduction to Sociology. Allahabad: Kitab Mahal.

12. Shankar Rao, C. N. (2007). Sociology: Principles of Sociology with an Introduction to Social Thought. New Delhi: S Chand & Co. Ltd.
13. Misra and Puri (recent edition), Indian Economy, Himalaya Publishing House, Mumabai.
14. Gaurav Datt & Ashwani Mahajan (recent Edition), Datt & Sundharam Indian Economy, S. Chand & Co., New Delhi
15. George K K (1993) Limits to Kerala Model of Developemnt, CDS, Trivandram
16. B A Prakash (2009), The Indian Economy since 1991: Economic reforms and performance, Pearson Education.
17. Sunil Mani et al. (ed) (2006), Kerala's Economy : Crouching Tiger, Sacred Cows, D C Books, Kottayam
18. State Planning Board, Economics Review , Government of Kerala, Thiruvananthapuram (latest issue)
19. Dominic Salvatore, Schaum's Outlines, Theory and Problems of International Economics. Tata MacGraw Hill, Delhi.
20. Kindle Berger C.P International Trade, R.D Irwin, Homewood
21. K.C Rana and K.N Varma, Internal Economics, Visual Publishing

Course Name	Human Growth and Development					
Type of course	Core					
Course Code	24P1SWC02					
Course Description	This course introduces developmental stages across the lifespan and prominent theories of developmental psychology. It cultivates skills for implementing effective social work interventions within diverse developmental contexts, with a strong emphasis on translating theory into practical applications.					
Credit	3					
Semester	I					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		40		6	8	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Demonstrate the knowledge about the basic concepts related to human behavior	U, A
2	Utilize development theories in social work practice	A, An
3	Analyze the developmental milestones and hazards across the lifespan.	An, E
4	Assess the psycho-social problems of the clients through the lens of Development Psychology.	A, An
5	Apply the knowledge of developmental psychology in social work practice.	A
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	2	0	1	0	3	0	0	1
CO 2	3	2	0	2	1	3	0	1	2
CO 3	3	1	0	2	0	3	0	0	2
CO 4	3	3	1	3	1	3	0	2	3
CO 5	3	3	0	3	1	3	1	1	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	2	3	0	0	0	0
CO 2	3	2	2	0	0	0
CO 3	2	3	2	0	0	0
CO 4	2	2	3	0	0	0
CO 5	3	2	3	1	0	0

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1 - Basic Concepts of Human Behaviour			
	1.1	Brain: Structure and Function of brain. Mental Processes: Sensory Processes (vision, hearing, taste, skin senses); Process of Perception; Memory: Sensory memory, Short-term memory, Long term memory, Forgetting; Thought; Emotions, Intelligence.	5	1
	1.2	Basics of human reproductive system, Process of reproduction and birth. Basic genetic concepts- genetic transmission, importance of genetic factors - chromosomal abnormalities.	4	
	1.3	Bio-psycho-social aspects of human behaviour; Branches of psychology – an overview	2	
2	Module 2- Developmental Principles and Theories			
	2.1	Developmental Psychology: Definition, meaning, purpose and importance of developmental psychology and life span approach in social work practice. Meaning and principles of growth and development. Influence of heredity, ecological influences – family and community on human development.	4	2
	2.2	Theories of development: Psychoanalytic Theory (Sigmund Freud), Psychosocial Theory (Erik Erikson), Theory of Cognitive Development (Jean Piaget)	5	
	2.3	Behavioural Theory: Classical and Operant conditioning. Theory of Moral Development (Kohlberg). Ecological theory (Bronfenbrenner).	5	

3	Module 3- Stages of Human Development: Prenatal Period, Infancy and Babyhood			
	3.1	Prenatal development: Prenatal period, characteristics, stages. Prenatal influences on the child, Prenatal healthcare, Social and emotional aspects of pregnancy. Birth- Types of birth, Problems during delivery, Postnatal care.	3	3,4,5
	3.2	Infancy – stages, characteristics of newborn, major elements of adjustment, hazards.	2	
	3.3	Babyhood - characteristics, developmental tasks and milestones, importance of play, hazards, psychosocial development- attachment behaviour, role of parents.	3	
4	Module 4- Stages of Human Development: Childhood, Puberty & Adolescence			
	4.1	Early childhood –Characteristics, developmental tasks, hazards, language acquisition, early childhood education, Play and its importance, psychosocial development, relationship with family and society, parenting styles, socialization, personality development.	4	3,4,5
	4.2	Late Childhood – characteristics, developmental tasks, importance of play, influence of school, peer relationships, cognitive and moral development.	3	
	4.3	Puberty – major physical and emotional changes and its influence on personal and social adjustments, hazards and its effects on the individual’s physical and psychological well-being. Adolescence – Characteristics, Developmental tasks, Cognitive, emotional and social development. Sexuality and sexual orientation.	4	
5	Module 5 - Stages of Human Development: Adulthood and later stages of life			
	5.1	Early Adulthood –characteristics, developmental tasks, personal and social adjustments, vocational and marital adjustments, hazards. Middle adulthood – characteristics, developmental tasks, personal and social adjustments, vocational and marital adjustments, hazards.	4	3,4,5
	5.2	Late adulthood - Old age – characteristics, developmental tasks, aging, ageism, personal and social adjustments, vocational and marital adjustments.	3	
	5.3	Process of death and dying; Bereavement –Stages of Grief by Elizabeth Kubler Ross.	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Berk Laura, E. (1998). Development through the Lifespan. London: Allyn and Bacon.
2. Carson, R., Butcher, J. & Mineka, S. (2000). Abnormal Psychology and Modern Life. Boston: Allyn & Bacon
3. Dhillon, Paramjeet Kaur (1992). Psychosocial Aspects of Aging in India. New Delhi: Concept Publishing.
4. Dinkar, Suchitra, S. (2010). Child Development and Psychology. New Delhi: Axis Publications
5. Hoffman Lois, Paris Scott. (1994). Developmental Psychology Today. New York: Mcgraw-Hill Inc.
6. Hurlock, Elizabeth B. (1996). Developmental Psychology-a life span approach. Tata New Delhi: Mcgraw-Hill Publishing Co. Ltd
7. Hutchison, E. (2007). Dimensions of Human Behavior: Person and Environment. Thousand Oaks: Sage Publications, Inc
8. Keniston Allen (ed.). (1998). Perspectives: LifeSpan Development. Madison: Coursewise Publishing Inc.
9. Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J. (2004). Introduction to Psychology. New Delhi: Tata Mc Graw-Hill book Co.
10. Newman B.M., Newman P.R. (1999). Development through life: a Psychosocial approach. Wardsworth, New York
11. Shaffer, David, R. (1996). Developmental psychology: Childhood and adolescence. New York: Brooks/Cole Publishers.
12. Zastrow, C. K. (2010). Understanding Human Behavior and the Social Environment. Chicago: Nelson-Hall.

Course Name	History Philosophy and Fields of Social Work					
Type of Course	Core					
Course Code	24P1SWC03					
Course Description	The course “History Philosophy and Fields of Social Work” offers an in-depth exploration of the historical development, philosophical foundations, and diverse fields within the field of social work. Through a multidimensional lens, the trainees will gain a comprehensive understanding of the evolution of social work as a profession, its theoretical underpinnings, and the varied practice areas it encompasses.					
Credit	3					
Semester	1	Credits			3	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		36	15	--	3	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Explain the various ideologies and concepts related to professional social work	An, E
2	Analyze the contemporary social work based on the historical development of professional social work	An & E
3	Recognize social work as a practice based profession and develop core competencies.	A, E
4	Inculcate the NASW code of ethics in practicing professional social work	A, E
5	Demonstrate the role of professional social worker in different fields of social work intervention	A
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	0	0	2	0	0	0
CO 2	3	1	0	2	0	2	0	0	0
CO 3	3	2	0	3	0	3	0	1	3
CO 4	3	2	0	2	0	2	0	1	3
CO 5	3	3	1	2	0	3	1	2	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	2	0	0	0	0
CO 2	1	0	0	0	0	0
CO 3	1	3	2	1	1	2
CO 4	3	3	3	1	1	2
CO 5	3	3	3	2	2	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1. Social Work and Related Concepts-Definitions			
	1.1	UNIT 1: Social Work, Social service, Social Reform, Social Welfare, Social Policy, Social Action, Social Legislation, Social Defense and Social Work Education	4	1,2
	1.2	UNIT 2: Historical development of social work in UK, USA and India	4	
	1.3	UNIT 3: Social work definition, scope, principles, nature, goals, and Process	4	
2	Module 2. Analysis of various approaches to Social Work			
	2.1	UNIT 4: A framework to different approaches Benefactor-beneficiary ideology, Religious charity, state sponsored charity and welfare, organized or scientific charity, Professional social work.	3	1
	2.2	UNIT 5: Systems perspective, Rights based approach, Ecological perspective and strengths perspective in Social work	3	
	2.3	UNIT 6: Globalization and transitional social work in 21 st century, interdisciplinary social work education and practice, critical social work approach.	4	
3	Module 3: Sources of Social Work Philosophy			
	3.1	UNIT7: Moral & Religious values in Social work philosophy-Christian, Hindu, Muslim, Buddhist traditions	4	2
	3.2	UNIT8: Ideologies: Gandhian ideology-Sarvodaya, andyodaya, charka, constructive programmes	3	
	3.3	UNIT9: Liberalism, Humanism, Socialism, democracy	4	
4	Module 4: Social Work profession			
	4.1	UNIT 10: Methods and functions of Social work. Primary and Secondary methods Functions of social work- Remedial, Preventive/curative, promotive, development, and rehabilitation.	4	3,4
	4.2	UNIT 11: Ethics in Social Work, NASW Code of Ethics, EPAS competencies	4	
	4.3	UNIT 12: Role and skills of professional social worker. Voluntarism Vs professionalism Professionalization & managerialism. Indigenization of Social Work Education and Practice,	4	

		Collaboration and networking. Role of Government and voluntary organizations in promoting social welfare and social work profession in India Job prospects of professional social work		
5	Module 5: Fields of Social Work			
	5.1	UNIT13: Family, School, Industry, Development NGOs, Hospital and Health Setting, Correctional settings, Unorganized sector	3	5
	5.2	UNIT 14: Community-Rural and Urban, Environmental issues, Social Work with Children, Youth, Women, Elderly, Persons with Disabilities	3	
	5.3	UNIT 15: Professional associations of social workers- International- IFSW, NASW(USA), CASW(Canada), AASW(Australia), BASW (UK), ANZASWN (New eland), IASSW (schools of social work) National- NAPSWI, INPSW, IAPSW, CSWA Regional: ASSK, KAPS	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References

1. Bhanti, Raj.(1996). *Field Work in Social Work Perspective*. New Delhi: Himanshu Publications. Choudhary, Paul. (1983). *Introduction to Social work*. New Delhi: Atma Ram & Sons.
2. Dasguta, S.(1967). *Towards a philosophy of Social Work in India*. New Delhi: Popular Book Services
3. Dinitto, Diana, M. (2008). *Social Work Issues and Opportunities in a challenging profession (3rd edition)*. Chicago: Lyceum Books Fink, Arthur, et al. (1985). *The fields of Social Work*. Beverly Hills, Calif: Sage Publications.
4. Friedlander, Walter, A. (1968). *Introduction to Social Welfare*, Prentice Hall
5. Gore, M. S. (1965). *Social Work and Social Work Education*. Bombay: Asia Publication House.
6. Hepworth, Dean, H (2010). *Direct Social Work Practice-Theory and skills (8th edition)*. New York: Brooks/Cole.
7. Konopka, Gisela.(1958). *Social Work Philosophy*. Minneapolis: The University of Minnesota Press.
8. Mclunis-Dittrich, Kathlee. (1994). *Integrating Social Welfare Policy and Social Work Practice*. New York: Brooks/Cole.
9. Palackappilly, George & Felix T.D.(1998). *Religion & Economics ,Gandhism, Buddhism*. AIDBES, SPCI House
10. Wadia, A. R (1961). *History and Philosophy of Social Work in India*.New Delhi: Allied Publishers

Course Name	Social Work Practice with Individuals				
Type of Course	Core				
Course Code	24P1SWC04				
Course Description	This course provides the individual an in-depth knowledge about the primary method of professional social work practice. This course is structured in such a way that the incumbent learns about the scientific theories and theoretical concepts underlying this method, acquire values and skills and will be able to practice social case work in various settings in a professional and ethical way.				
Credit	3				
Semester		Credits			Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others
		42	-	12	-
					54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Apply knowledge, values and principles of Social Case Work as a method of Social Work.	A, An, E
2	Analyze and adopt the theories and theoretical framework that aid professional practice	U, An, A
3	Demonstrate the competency to adopt a multi- dimensional approach in assessment; analyze and evaluate a case.	A, An, E
4	Utilize required skills and competencies of different treatment modalities of social case work in various settings.	A
5	Exhibit skills in recording and documenting social case work practice	A, An, C

***Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)**

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	0	0	2	0	2	0	0	2
CO 2	3	2	0	0	0	3	0	0	3
CO 3	3	3	0	1	1	3	0	0	2
CO 4	3	3	0	1	1	3	2	0	3
CO5	3	3	2	2	1	3	0	0	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	2	2	3	1	2	3
CO 2	3	3	3	1	3	3
CO 3	1	3	3	1	1	1
CO 4	3	3	3	0	1	2
CO 5	0	3	3	1	3	0

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1: Introduction to Social Case Work			
	1.1	Social Case Work: Definition, objectives of Social Case Work; Difference between Case Work, Counselling, Psychotherapy Historical developments of Case Work; Relevance of social case work in the current social milieu.	4	1
	1.2	Practice Frame Work- Values, Principles. Application of Code of Ethics. Components of Social Case Work: Person, Problem, Place and Process (4 Ps)	4	
	1.3	Overview of the phases of social case work: Psycho Social Study- Purpose, Contents; Social Diagnosis- Definition, Contents, Types; Social Treatment- Phases, and different types of treatment Phases of Direct Social Work Practice: Exploration, Engagement, Assessment and Planning; Implementation and goal attainment; Termination and Evaluation	6	
2	Module2: Exploration and Engagement Phase			
	2.1	Client-Worker Relationship: Definition, use and characteristics. Transference and Counter-Transference and their use in diagnosis and treatment.	2	2
	2.2	Interviewing- concept, techniques for social case work practice; Sources of information – Primary and collateral Maintaining psychological contact with the clients: Verbal and nonverbal skills in social case work	2	
	2.3	Assessment and Formulation of Contract: Definition, Person in Environment (PIE); Multidimensionality of assessment- various components of assessment; Formulation of Contract: concept, rationale; Goal Setting: purpose, types, guidelines for selecting and defining goals.	4	
3	Module 3: Social Case Work Intervention			
	3.1	Theoretical models of social case work practice: Problem Solving, psychosocial, Task centered, Solution focused, System theory, Crisis intervention, Cognitive restructuring	7	3
	3.2	Planning and developing an action plan based on the models of social case work; Developing and supplementing resources, utilizing and enhancing support systems	5	
	3.3	Termination: Types – Planned and Unplanned, steps Consolidating gains and planning maintenance strategies, Relapse prevention, Follow up Evaluation: Outcomes, process, satisfaction	4	
4	Module: 4 Recording Social Case Work, Use of Supervision			
	4.1	Recording: use, structure and content, Methods of recording: Verbatim, narrative, condensed, analytical and summary records	2	4
	4.2	Supervision – relevance, uses, types	2	
	4.3	Development of personal and professional self Reflective practice in social case work	2	

Module 5: Scope of Social Case Work in different settings				
5	5.1	Family and child welfare settings, health settings	4	5
	5.2	Correctional settings, industrial settings	2	
	5.3	Community Development settings, school setting.	4	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Beistek Felix. (1957). Case Work Relationship. Chicago: Loyola University Press
2. Grace Mathew. (1992). Introduction to Social Case Work. Bombay: Tata Institute of Social Sciences.
3. Hamilton Gordon, (1976). Principles of social case recording. New York: Colombia University Press.
4. Hepworth & Larsen. (2010). Direct Social Work Practice: Theory and Skills (Eighth Edition). Belmont, CA: Brooks/Cole/ Thompson.
4. Woods, M. & Hollis, F. (2000). Case work: A Psycho-Social Therapy. New York: McGraw Hill Inc.
5. Perlman, H.H. (1957). Social Case Work: A Problem Solving Process. Chicago: University of Chicago Press.
6. Roberts, R.W., Nee R.H.(1970). Theories of Social Case Work. Chicago: University of Chicago o press.
7. Fischer, J. (1978). Effective Case Work Practice- An Eclectic Approach. New York: McGraw Hill Book Co.

Course Name	Social Work Practice with Communities					
Type of Course	Core					
Course Code	24P1SWC05					
Course Description	This course teaches community engagement through community organization and social action. It covers social work practice in community settings including principles, theories, and methods.					
Credit	3					
Semester	I					Total Hours
Course Details	Learning Approach	Lecture 40	Tutorial -	Practical 14	Others -	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Understand the scientific base of community organization and social action as the methods of social work practice	U,A, An,E
2	Apply various principles, approaches, models, and strategies of community organization and social action	A, An
3	Demonstrate effective interpersonal and critical thinking skills in ethical and professional community practice	A, E
4	Demonstrate the ability to conceptualize, plan, and execute community organization and social action initiatives to address systemic issues	A,E, C
5	Exhibit competence in practicing community organization and social action methods	A, An, E, C
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	3	0	3	3	3	0	3	3
CO 2	3	3	1	3	3	3	0	3	3
CO 3	3	3	0	3	3	3	0	3	3
CO 4	3	3	2	3	3	3	0	3	3
CO 5	3	3	3	3	3	3	0	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	2	2	3	2	2
CO 2	2	3	2	3	2	3
CO 3	3	3	3	3	3	2
CO 4	3	3	2	3	2	3
CO 5	3	3	3	3	3	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1 COMMUNITY PERSPECTIVES			
	1.1	Community: Meaning, Definition and Types. Characteristics, Structure, and Functions of Community	2	1
	1.2	Social Analysis of community: Social System, Economic System, Political System, Cultural System, Legal System, Religious system, Value System, Consciousness, Social Problems, Dominations, Dynamism, Functions of community.	4	
	1.3	Perspectives of community practice- Subaltern, anti-oppressive, feminist. Community Resilience. The process of community integration and disintegration.	2	
2	Module 2 METHODS OF COMMUNITY ORGANIZATION			
	2.1	Community organization - Definition, objectives, principles of Community Organization. Historical development of community organization in India. Phases of Community Organisation: Study, analysis, assessment, discussion, organization, action, Evaluation, modification, and continuation. Methods of Community Organisation.	6	2
	2.2	Approaches and models of community organization- The social work approach, the political activist approach, neighborhood maintenance approach/community development approach, system change approach, structural change approach. Models of Community Organisation – Locality Development Model, Social Planning Model, and Social Action Model.	6	
	2.3	Community Organization as a method of social work - Para-Political Processes, Concept of power, sources of power, Understanding community power structure, Powerlessness and empowerment, Cycle of empowerment. Characteristics of a Good Community Organiser, Skills needed for community organization, Role of Community Organizer.	6	
3	Module3: TOOLS, TECHNIQUES AND STRATEGIES OF COMMUNITY ORGANIZATIONS			
	3.1	Leadership in community organization: Concept - types of community leaders and power structure (Catalyst, connectors, civic leaders, elite, officials) of the community, Significance of leadership in the process of community development.	3	4
	3.2	Strategies and techniques in community organization: formation and capacity building of CBOs, capacity building of community level institutions (PRI, SHG), strategies for capacity building of the marginalized	2	

		groups, committee formations, Organising conferences, training programmes, consultation, negotiation, leadership, and cadre building and networking.		
	3.3	Social Audit, Social Impact assessment studies (SIA) Environmental Impact Assessment (EIA), PRA /PLA, and Participatory Action Research (PAR). Community-Led Initiatives and Programs at the Grassroots Level	4	
4	Module 4- METHOD OF SOCIAL ACTION			
	4.1	Concept of social action, objectives - principles, methods of social action. Models of Social Action: Conscientisation model of Paulo Freire, Role of Ideology, Saul Alinsky as a radical community organizer, Liberation Theology, Gandhian Model.	4	5
	4.2	Means of Social Action: Research and Collection of Data – Survey, Analysis and Assessment, Planning Solution, Meeting Key Persons, Groups and Agencies, Public Meetings, Discussions, Create Public Opinion, Awareness, education, Use of Mass Media and Press Meeting for Propaganda, Use of Legislation and Enforcement of Legislation, Representation to the Authorities, Proposal to the Authorities, Coordinating the work of different groups and agencies, Implementing the Action and Reflection, Modification and Continuation	3	
	4.3	Strategies of Social Action: Campaign, Collaboration, Advocacy, Negotiation, Litigation, Conscientization, Human Relations, Political Organisation, Economic Organisation, Conflict Management, and Situation Modification. Social media for social action.	3	
	MODULE 5 - CASE STUDIES OF SOCIAL ACTION			
5	5.1	Social movements and social reforms for social developments - Nature, types and purpose. Social Legislation through Social Action	4	
	5.2	Case studies of social action in India- Peasant Movements, subaltern movements, queer movements, environment movements, climate action movements, feminist movements, political movements, movements against development-induced displacement, land rights movements, free software movements, etc.	3	
	5.3	Social Problems and Social Action, Role of Social Worker in Social Action- Social Activists and Social Action Groups.	2	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Ross Murray, G., (1985). Community Organization: Theory and Principles. New York: Haand Row Pub.
2. Siddhiqui, H.Y. (1997). Working with community. New Delhi: Hira Publications.
3. Cox M. F. & Erlich L, J. (1987). Strategies of Community Organisation. Illinois: F.E. Peacock Publishers
4. Jack Rothman, etal. (2001). Strategies of community interventions & Macro practices – Peacock Publications, 6th Edition
5. Banmala, Community Organisation. Indian Institute of Youth Welfare, 134, Shivaji Ma
6. Freire, Paulo. Pedagogy of the Oppressed. Adult Education & Liberation.
7. Freire, Paulo, Education as Practice of Freedom
8. Freire, Paulo, Cultural Action for Freedom.
9. Gandhi M.K., Social Service. Work & Reform (3 vols.)
10. Ramachandran P., (1996). Towards an understanding of People's Movements: History from below. Institute for Community Organization Research.
11. Adams, Robert, Oominelli, Lena & Payne, Malcom (ed.), Social Work: Themes, Issues & Critical Debates. Ch. 17, Radical Social Work.
12. D'Abreo, Desmond, A., From Development Worker to Activist.
13. Haynes, Karen S. & Mickelson, James S., Affecting Change, Social Movements Pub. 107 ff.
14. Kramer, R.M. & Spechit, H. (1974). Community Organisation Practice. Strategies.
15. Fink, Arthur, E. (1978). The fields of Social Work. New York : Holt Rinehart and Winston 16
Anne Hope & Sally Timmet (1985). A handbook for community workers. 3 volumes, Gwera Mambo Press

Course Name	Field Work Practicum 1					
Type of Course	Core					
Course Code	24P1SWC06					
Course Description	Students are introduced to the field setting through different field related activities like understanding the local community through Know your Neighborhood, Organization Visits, Rural Camp, and Community based field engagements.					
Credit	6					
Semester	1	Credits				Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		-	-	216	-	216

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Analyze the community in terms of its geographical, social, cultural, economic and political systems, power structures and their inter-relationships	U, An
2	Demonstrate knowledge of the structure and function of the decentralized governance system and various institutions in the community	U, An
3	Apply skills in social analysis and need assessment, program planning, implementation and evaluation in the community setting	A, An, E, C
4	Demonstrate the values, principles and code of ethics of professional social work practice in community setting	A, An, E
5	Develop professional and culturally competent oral, written communication and presentation skills in the community context	A, C
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	2	0	1	0	0	0
CO 2	3	1	0	1	0	1	0	0	0
CO 3	3	2	1	2	3	3	0	3	3
CO 4	3	1	0	3	1	2	0	1	3
CO 5	2	3	2	0	0	0	0	0	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	2	1	0	0	0	0
CO 2	2	1	1	1	2	1
CO 3	2	3	2	1	2	2
CO 4	2	3	3	2	2	3
CO 5	2	3	2	2	2	2

COURSE REQUIREMENTS

Each Student shall complete the following field practicum requirements in the first semester

No.	Activity	Minimum Requirement	Credits
1.	Rural Camp	5 days – 72 hours	1.5
2.	Observational visits to at least five Social Work-related organizations	5 days – 18 hours	1.5
3.	Community based field work at least for 18 days of 7 hours duration for the practice of stages of community organization	18 Days – 126 hours	3
4.	Total	216 Hours	6

Field Practicum Evaluation

The evaluation of the field work will be based on overall performance of the student in all the practicum requirements.

Sl.No.	Parameters	Weightage
1.	Evaluation by agency supervisor	1
2.	Rural camp	2
3.	Field work Presentation	1
4.	Evaluation by faculty supervisor based on performance of the student in the field work: - Understanding of concepts and quality of field work reports - Application of theory into practice	2
	Completion of requirements (observational visit (5), community programme (1), completion of 126 hours in the community-based field work) and participation in individual conference	4

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 weight
	End Semester Assessment (ESA) 30 weight

SEMESTER - 2

Sl. No	Course Code	Course Title	Type of the Course	Hours per week	Credits
1.	24P2SWC01	Introduction to Abnormal and Social Psychology	Core	3	3
2.	24P2SWC02	Counselling and Psychotherapy	Core	3	3
3.	24P2SWC03	Professional Skills for Social Workers	Core	3	3
4.	24P2SWC04	Social Work practice with Groups	Core	3	3
5.	24P2SWC05	Social Work Research and Statistics	Core	3	3
6.	24P2SWC06	Field Practicum 2	Core	12	6

Course Name	Introduction to Abnormal and Social Psychology					
Type of Course	Core					
Course Code	24P2SWC01					
Course Description	The course aims to develop fundamental knowledge about abnormal psychology, mental health disorders, and their classification, with a focus on enabling social work trainees to recognize, analyze, and engage with these conditions. Additionally, the course will cover key concepts and theories in social psychology, enhancing the ability to comprehend the social factors influencing individual and group behavior.					
Credit	3					
Semester	II.					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		35	-	9	10	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Describe fundamental concepts of abnormal psychology and diagnostic classifications of psychological disorders	R, U, A, An
2	Identify and analyze mental health disorders within real-world scenarios	A, An
3	Develop an in-depth understanding of theories of human personality	U, A, An
4	Describe fundamental concepts and theories of social psychology and assess its significance in social work practice	U, A, An
5	Analyze individual and group behavior within social contexts	A, An
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	2	1	3	0	3	0	2	2
CO 2	3	3	0	3	1	3	0	2	2
CO 3	3	0	0	0	0	2	0	0	1
CO 4	3	2	0	3	1	3	0	2	2
CO 5	3	3	0	2	1	3	0	3	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	1	1	0	0	0
CO 2	3	3	3	1	1	0
CO 3	2	1	1	0	0	0
CO 4	3	3	2	2	2	2
CO 5	2	2	1	1	1	2

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1- Introduction to Abnormal Psychology			
	1.1	Historical development of abnormal psychology, Concept of Normality and abnormality. Concept of mental health – Characteristics of Mentally healthy person, positive mental health, well-being and mental illness.	4	1
	1.2	Etiology of Psychiatric disorders; Predisposing, Precipitating, Perpetuating factors. Models of mental health – bio-psycho-social model, structural model and social determinants model, recovery model.	3	
	1.3	Classification of psychological disorders– Functional & Organic, Neurotic & Psychotic. Overview of diagnostic guidelines - introduction to ICD & DSM (ICD 10 & 11, DSM 5)	3	
2	Module 2- Mental Health Disorders			
	2.1	Etiology, Prevalence, and brief overview of: Organic mental disorders -Delirium, Dementia, Alzheimer’s. Functional Psychotic disorder- Schizophrenia, Delusional disorder. Mood disorder – Unipolar disorder & bipolar disorder. Mental and behavioural disorders due to psychoactive substance use. Suicide . Personality disorders.	5	2
	2.2	Neurotic, stress related and somatoform disorders- phobia, anxiety, panic disorder, obsessive compulsive disorders, adjustment disorders, acute stress disorder, post-traumatic stress disorder, dissociative disorders and somatoform disorders. Eating disorders, sleep disorders, sexual dysfunctions	5	
	2.3	Major Childhood disorders- Mental retardation, learning disability, pervasive developmental disorders, hyperkinetic disorders, conduct disorders	3	
3	Module 3- Theories of Personality			
	3.1	Introduction to Schools of Thought in Psychology. Definition of Personality, Type & trait Theories. Detailed understanding of Psychoanalytic theory, Psychosocial Theory	3	3
	3.2	Learning theories: Operant and Classical Conditioning, Social Learning Theory. Cognitive theory: Social Cognitive Theory of Jean Piaget.	4	
	3.3	Hierarchy of Needs Theory - Maslow Humanistic /Existential theories - Carl Rogers, Eric Fromm	3	
4	Module 4- Social Psychology & Individual Behaviour in social context			
	4.1	Definition, Historical background, Nature and Scope of Social Psychology and relevance to social work. Overview of the Theoretical foundations of Social Psychology.	3	4,5

	4.2	Individual Behavior in social context - Social Cognition: Meaning & Definition, determinants of cognition, Schemas and Heuristics Perception: Two major determinants of perception: Structural and functional factors - organized nature of cognitive field - Functional selectivity of perception - whole - part relationship - perceiving and judging people - Frame of reference – Stereotypes	4	
	4.3	Attitude: Definition and Formation of attitudes - change of attitudes. Prejudice: Definition and characteristics of prejudices - cases of prejudices	3	
5	Module 5- Group Behaviour in social context			
	5.1	Rumour: Definition and meaning of rumour - Circumstances responsible for spread of rumour - causes for spread of rumour - process of rumour - Check on propagation of rumours. Propaganda: Definition and meaning of propaganda – Psychological basis of propaganda - Techniques of propaganda - Media of propaganda - counteracting misleading propaganda.	4	5
	5.2	Crowd: Definition and characteristics of crowd; classification of crowd. Audience: Definition and characteristics of audience; classification of audience. Distinction between crowd and audience	4	
	5.3	Group Morale: Meaning of Group Morale - Determinants of group morale -Characteristics of high and low morale, Group Behaviour.	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. American Psychological Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: APA.
2. Baron Robert A., (1995). Social Psychology - Understanding Human Interaction. New Delhi: Prentice, Hall of India Pvt. Ltd
3. Brehm Sharon S. (1999). Social Psychology. New York : Houghton Mifflin Co.
4. Calhoun Donald W, (1976). Persons-In-Groups: A Humanistic Social Psychology. New York ; Harper Row
5. Carson, R., Butcher, J.; Mineka, S. (2000). Abnormal Psychology and Modern Life. Boston: Allyn & Bacon - Chicago: Nelson-Hall.
6. Crano Wil Sharma Rajenliam; Messe Lawrence A., (1982). Social Psychology: Principles and Themes of Interpersonal Behaviour. Illinois: Dorsey Press
7. Davison, G. & Neale, J. (2004). Abnormal Psychology. New York: Wiley
8. Grider, Kavanaugh (1989). Psychology-3 rd Edition. Gelnview: Scott-Foresman; Co.

9. Hutchison, E. (2007). Dimensions of Human Behaviour: Person and Environment. Thousand Oaks: Sage Publications, Inc.
10. Mangal, S.K.(2008). Abnormal Psychology. City: Sterling Publishers Pvt. Ltd.
11. Mcdavid J.W., Social Psychology. Delhi : CBS Pub. & Distributors.
12. Mohanty Girishbala. (1997). Social Psychology. New Delhi: Kalayani Pub.,
13. Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J (2004). Introduction to Psychology. Tata Mc Graw-Hill book Co.
14. Namboothiri, V.M.D.(2009). Concise Textbook of Psychiatry .Gurgaon: Elsevier Health Sciences.
15. Sadock, B., Kaplan, H.; Sadock, V. (2000).
16. Kaplan; Sadock Comprehensive Textbook of Psychiatry. Hagerstown: Lippincott Williams & Wilkins.
17. Sadock, B.J. (2007).Synopsis of Psychiatry10th Edition. Delhi: Wolters Kluwer India Pvt Ltd
18. SharmraK..(1997). Social Psychology. New Delhi: Atlantic Publishers and Distributors
19. W.H.O. (1994). ICD 10 Classification of Mental and Behavioural Disorders. Oxford University Press

Course Name	Counselling and Psychotherapy					
Type of Course	Core					
Course Code	24P2SWC02					
Course Description	The course equips social work trainees with a comprehensive understanding of the theoretical foundations and therapeutic approaches in counselling and psychotherapies. By the end of the course, learners will be able to ethically and effectively engage in counselling and psychotherapeutic practices across diverse client populations and settings.					
Credit	3					
Semester	II.					Total Hours
Course Details	Learning Approach	Lecture 39	Tutorial -	Practical 15	Others -	

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Describe the comprehensive understanding of counselling	R, U
2	Demonstrate knowledge and skills in the process and techniques of counselling to address the unique needs of clients	A, An, E, C
3	Demonstrate skills for ethical practice of counselling with diverse client populations across various settings	A, An
4	Describe and utilize theoretical frameworks and therapeutic approaches in psychotherapy	U, A, An
5	Exhibit knowledge of skills and techniques of various psychotherapeutic interventions	A, An
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	2	2	3	1	2	0	0	2
CO 2	3	3	2	3	1	3	2	1	2
CO 3	3	2	2	3	2	3	2	2	3
CO 4	3	2	0	3	1	3	0	0	2
CO 5	3	3	2	3	2	3	1	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	2	3	0	0	1
CO 2	3	3	3	1	2	0
CO 3	3	3	3	1	2	2
CO 4	3	3	3	0	0	0
CO 5	3	3	3	0	0	0

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1- Fundamentals of Counselling			
	1.1	Counselling: definitions, need, scope and principles. Concepts, similarities and differences: Guidance, counselling, Social Case Work, Psychotherapy.	3	1
	1.2	Elements in counselling: counselee, counsellor, counselling setting. Types of counselling: Individual counselling, Group counselling. Counsellor as a professional: Code of ethics and ethical standards in Counselling	3	
	1.3	Important psychological tests and tools and its applications in counselling- individuals, families and environment.	2	
2	Module 2- Process, Skills and techniques in Counselling			
	2.1	Counselling process: Relationship building Phase, Exploration and understanding phase, Problem Solving Phase, Termination and Evaluation Phase. Components of the counselling relationship- Facilitative dimension and procedural dimension.	3	2
	2.2	Counselling skills- Questioning, paraphrasing, reflection of feelings, summarization, clarification, open and closed questioning, reinforcement, Extinguishing, leading, informing, contract, silence, referring, interpretation, confronting. Physical Attending skills: Non-verbal skills: Posture, Facial Expressions, Voice, Eye Contact . Qualities of an effective counsellor.	4	
	2.3	Counselling techniques: Listening, Responding, Goal setting, Exploration and Action, Behaviour techniques, Psychodrama, Role play.	2	
3	Module 3 - Counselling practice in different settings			
	3.1	Counselling in special situations: Family counselling premarital, marital counselling; Industrial counselling; De-addiction Counselling- Motivational Interviewing; Sex Counselling; Career Counselling; Crisis Counselling; Genetic Counselling; Gerontological Counselling, Palliative programmes and counselling. Counselling in the Context of HIV/ AIDS.	6	3
	3.2	Specific Techniques in - Stress management, Anger management, Post traumatic Stress Counselling, Grief Counselling. Counselling for Elderly: old age and retirement	5	
	3.3	Counselling services for children and adolescents- Life skills education, sexuality education, School counselling and mental health programmes, Management of Screen addiction disorders.	3	
	Module 4- Introduction to Psychotherapies			

4	4.1	Psychotherapy- Nature and scope, Common goals and ingredients of psychotherapy, Types of psychotherapeutic intervention; Group Therapy- Concept, process, therapeutic factors	3	4
	4.2	Structuring therapeutic relationship: Nature of client-therapist relationship, dimensions and stages of client therapist relationship, building the helping relationship.	3	
	4.3	Major principles, therapeutic process, Techniques in psychotherapy.	3	
5	Module 5- Psychotherapeutic Interventions			
	5.1	Psychoanalysis, Client-centered therapy, Gestalt therapy. Behaviour Therapy, Cognitive Behaviour Therapy, Rational Emotive behaviour Therapy.	6	5
	5.2	Reality therapy, Mindfulness and Solution Focused Treatment. Transactional Analysis, Neuro Linguistic Programming.	6	
	5.3	Person Centered practices for person with disabilities (PWD). Eclectic approach in Counselling.	2	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Carroll, Michael., (1996). Workplace Counselling: A systematic Approach to Employee Care. London: Sage Publications
2. Corey, G. (2013). Theory and practice of counselling and psychotherapy. Australia Belmont, CA: Brooks/Cole, Cengage Learning
3. Fuster, J. M., (2002). Personal Counselling. Mumbai: Better Yourself Books
4. Gladding, S. (2013). Counselling: a comprehensive profession. Boston: Pearson.
5. Kinra, A. (2008). Guidance and counselling. Noida: Dorling Kindersley (India).
6. Nelson-Jones, R., (2000). Practical Counselling and Helping Skills. Mumbai: Better Yourself Books
7. Patri, V.R., (2005). Counselling Psychology. New Delhi: Authors Press
8. Rao, S.N., (2002). Counselling and Guidance. New Delhi: Tata Mc Graw Hill Publishing Company Ltd
9. Sharf, R. (2008). Theories of psychotherapy and counselling: concepts and cases. Australia United States: Thomson/Brooks/Cole
10. Yeo, Anthony, (1993). Counselling a Problem-Solving Approach. Boa Vista: APECA publications in India.

Course Name	Professional Skills for Social Workers					
Type of Course	Core					
Course Code	24P2SWC03					
Course Description	The course is designed to provide students with a comprehensive understanding of the essential skills required for success in social work professional settings. This course focuses on developing a range of interpersonal, communication, problem-solving, and leadership skills that are crucial for navigating the complexities of the modern workplace					
Credit	3					
Semester	1	Credits			4	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	54
		30	10		14	

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Demonstrate professionalism	U & A
2	Demonstrate skills in critical reflection in personal and professional practice contexts	A
3	Display knowledge and competence in life skills	U, A & C
4	Demonstrate skills in communication	A
5	Display competence in management of teams and leadership in the practice context	An & A
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	2	1	0	0	0	1	0	1	1
CO 2	3	0	0	2	0	3	0	1	1
CO 3	3	3	1	0	0	1	0	1	2
CO 4	2	3	2	0	0	0	0	0	1
CO 5	2	2	0	0	3	2	0	3	1

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	1	3	3	1	1	3
CO 2	1	3	2	2	1	2
CO 3	1	2	2	0	1	3
CO 4	2	3	1	1	1	3
CO 5	2	3	1	0	1	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1 Professionalism and Professional skills			
	1.1	UNIT 1: Professional Behaviour: Meaning, Competencies and Capabilities of a Professional Skills: concepts, standards and frameworks	4	1
	1.2	UNIT 2: Professional Capabilities Framework for Social Work in England	3	
	1.3	UNIT 3: Professional Grooming and Etiquettes: Personal and professional etiquettes and grooming, Use of professional language in communication, Characteristics of an employable professional. Presentation skills: Public speaking and oral presentations Technology-based Communication: Netiquettes: effective e-mail messages, power point presentation	4	
2	Module 2 Critical Reflection and Knowing the Self			
	2.1	UNIT 4: Critical Reflection: meaning, critical reflection and reflective practice in social work, Reflection on action, reflection in action and reflection for action Critical reflection for professional decision making	4	2
	2.2	UNIT 5: Self-assessment: Identifying one’s strengths and weaknesses, Identity, Body image and values. Tools used: Johari window, Identity circle, Keeping journal, Self-performance appraisal, Self-awareness questionnaires- Questionnaires on Learning styles, Interpersonal needs, Assertiveness, Big five personality	4	
	2.3	UNIT 6: Building self-esteem and confidence, setting values, Goal setting: Meaning of goal and goal setting, finding choices, short term and long term, SMART goals	4	
3	Module 3 Life Skills			
	3.1	UNIT 7: An overview of WHO Core Life Skills: • Empathy, Self-Awareness, • Critical Thinking, Creative thinking • Decision Making, Problem Solving • Interpersonal relationships, Effective Communication • Coping with stress, coping with emotions	4	3
	3.2	UNIT 8: Application of life skills for personal development and for practice with clients	3	
	3.3	Unit 9: Professional Leadership: Assessment of leadership style, applying leadership style	3	
4	Module 4 Communication for Social Work Practice			
	4.1	UNIT 10: Development communication-Purpose, Principles, Paradigms Modernization, Dependency and Participatory. Application of Communication strategies in Development projects	4	4
	4.2	UNIT 11: Mass communication and Mass Media concepts; use with different target groups – therapeutic, education, entertainment and organization building	3	

	4.3	UNIT 12: Mass Media in Social work practice, IEC, BCC-Meaning, Developing IEC and BCC activities-Making Posters, brochures, banners, newsletters, use of puppetry, exhibition, folk art, theatre, rallies etc; Online campaign, use of social media	4	
5	Module 5 Documentation in Social Work			
	5.1	UNIT 13: Documentation: Meaning, Purpose and Types-report, video, audio, newspaper report	3	5
	5.2	UNIT 14: Report Writing-Basics of report writing, Structure of a report, Analytical and creative writing skills for social work practice Use of IT for documentation	4	
	5.3	UNIT 15: An overview of strategies for dissemination of social work activities – writing an abstract, scientific articles, scientific poster, newspaper reports, blogs, essays etc. Concept of plagiarism and measures to limit plagiarism in scientific writing APA style	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	Total should be 30 Weight (Exam) 6 Weight each from 5 modules

References and Suggested Readings:

1. BASW (2018). *Professional Capabilities Framework for Social Workers in England*. Retrieved from <https://www.basw.co.uk/system/files/resources/PCF%20Final%20Documents%20Overview%2011%20June%202018.pdf>
2. CSWE (2015). *Educational Policy and Accreditation Standards Handbook*. Retrieved from <https://www.cswe.org/Accreditation/Standards-and-Policies/EPAS-Handbook>
3. Healy, K. & Mulholland, J. (2007). *Writing skills for social workers*. Los Angeles London: SAGE.
4. Kumar, Keval J., (2002). *Mass communication in India*. Jaico Publishing House
5. Mefalopulos, Paolo. (2008). *Development communication sourcebook: broadening the boundaries of communication*. World Bank.
6. Prasad, Kiran. (2009). *Communication for Development-Reinventing Theory and action*. New Delhi: B R Publishing Corporation.
7. Robins, S.P., Hunsaker, L.P. (2013). *Training in Interpersonal Skills- Tips for Managing People at Work*. Noida: Pearson India.
8. Sherfield, M.R. Montgometry, J. R. Moody, G.P. (2005). *Cornerstone Developing Softskills (4thed)*. Pearson
9. Thompson, L.L. (2015). *Making the Team*. Noida: Pearson India. WHO (1997). *Life Skills Education for Children and Adolescents in Schools*. Geneva: WHO

Course Name	Social Work Practice with Groups					
Type of Course	Core					
Course Code	24P2SWC04					
Course Description	This course covers theories, methods, and skills for effective social work in group settings. It examines group behavior dynamics, the social worker's role in facilitating processes, and group work's application in social work contexts.					
Credit	4					
Semester	II	Credits			5	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		40		14		54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Understand social group work as a practice in social work and apply it effectively as an intervention approach.	U & R
2	Demonstrate proficiency in using the technique for developmental and therapeutic goals.	U
3	Understand the diversity of situations in which social group work can be applied.	An
4	Understand group work as a tool for promoting individual growth and development in group situations.	E
5	Develop the ability to successfully negotiate various stages of group dynamics while recording the procedure, exhibiting therapeutic proficiency to carry out group work effectively.	A & C
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	3	0	3	3	3	0	3	3
CO 2	3	3	1	3	3	3	0	3	3
CO 3	2	2	2	2	2	3	0	2	2
CO 4	3	3	0	3	3	3	0	3	3
CO 5	3	3	0	3	3	3	0	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	3	3	2	2	2
CO 2	3	3	2	2	2	2
CO 3	3	3	3	2	2	2
CO 4	2	3	2	2	2	2
CO 5	2	3	2	2	2	2

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module1 INTRODUCTION TO GROUP WORK AND GROUPS			1
	1.1	Definition of Social Group Work- Philosophy, Objectives Historical development, current trends, its relevance and scope	4	
	1.2	Values, Principles of group work, Role of groups in the development of the individual	4	
	1.3	Group- definition, Characteristics, Types of groups - open and closed groups, Treatment groups (Re-socialization groups, therapeutic groups, T-groups) , Task-oriented groups (forum, committees, and work team), Developmental groups (self-help groups and support groups)	5	
2	Module 2 GROUP PROCESS			2
	2.1	Stages of Group Development	5	
	2.2	Group Process: Bond, acceptance, isolation, rejection, conflict and control, Subgroups- meaning and types	3	
	2.3	Tools for assessing group interaction- Sociogram and sociometry, functional and non-functional role of individuals in the group	3	
3	Module 3 GROUP DYNAMICS			3
	3.1	Group formation, Group norm, Group cohesiveness, Group culture, Group control, Group morale, Communication, Interaction pattern, Decision making, Goal setting, Conflict resolution	5	
	3.2	Group leadership, Concept.	3	
	3.3	Theories, Types, Roles and qualities of Leadership, Participatory leadership training	4	
4	Module 4: GROUP WORK PROCESS AND RECORDING IN SOCIAL GROUP WORK			4
	4.1	Group Work process- intake, study, objectives and goal setting, interventions, evaluation, and follow-up. Evaluation-Definition, types -Process evaluation, outcome evaluation to be applied in group work	4	
	4.2	Program as a tool- principles of program planning, program media, and program development process. Recording- Definition, Importance, Content, Principles, and Types.	4	
	4.3	Group Worker – Role and functions, skills, qualities, group work format	3	
5	Module 5 Research and evaluate Group Work Models, Therapeutic Group Work, and Group Work Practice across diverse settings.			5
	5.1	Educational, Growth, Remedial and Socialization, Group Work, and Group Therapy. Concept – Principles of Group Therapy, Process in Group Therapy	3	
	5.2	Group Work Practice includes problems to be	2	

		intervened, group formation, principles applied, and the role of social work in: Child care settings, Family settings, Correctional settings, Community development settings, Educational settings & Health care setting		
	5.3	Documenting Group Processes: Understand the importance of documenting group processes and outcomes, and learn effective methods for record-keeping, progress tracking, and evaluation.	2	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. BASW (2018). *Professional Capabilities Framework for Social Workers in England*. Retrieved from <https://www.basw.co.uk/system/files/resources/PCF%20Final%20Documents%20Overview%2011%20June%202018.pdf>
2. CSWE (2015). *Educational Policy and Accreditation Standards Handbook*. Retrieved from <https://www.cswe.org/Accreditation/Standards-and-Policies/EPAS-Handbook>
3. Healy, K. & Mulholland, J. (2007). *Writing skills for social workers*. Los Angeles London: SAGE.
4. Kumar, Keval J., (2002). *Mass communication in India*. Jaico Publishing House
5. Megalopolis, Paolo. (2008). *Development communication sourcebook: broadening the boundaries of communication*. World Bank.
6. Prasad, Kiran. (2009). *Communication for Development- Reinventing Theory and Action*. New Delhi: B R Publishing Corporation.
7. Robins, S.P., Hunsaker, L.P. (2013). *Training in Interpersonal Skills- Tips for Managing People at Work*. Noida: Pearson India.
8. Sherfield, M.R. Montgomery, J. R. Moody, G.P. (2005). *Cornerstone Developing Soft skills (4thed)*. Pearson
9. Thompson, L.L. (2015). *Making the Team*. Noida: Pearson India.
10. WHO (1997). *Life Skills Education for Children and Adolescents in Schools*. Geneva: WHO.

Course Name	Social Work Research and Statistics					
Type of Course	Core					
Course Code	24P2SWC05					
Course Description	Social Work Research being the secondary method of professional social work practice, it is important that social workers engage in scientific knowledge building adding to the indigenous knowledge base of the profession. This course would enhance the knowledge and skills on scientific enquiry, various approaches to research – Quantitative and Qualitative; and prepare them to independently carry out research studies in their functional areas.					
Credit	3					
Semester	II					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		34	-	20	-	54

COURSE OUTCOMES (CO)

CO. No	At the end of the course, the student will be able to:	Learning Level
1	Reproduce the knowledge about the scientific approach to human inquiry and social work research as a method of social work	U
2	Apply knowledge and skills to effectively implement quantitative research methods and techniques in the field.	A, An, C
3	Apply skills in literature search and skill in designing research proposals	C
4	Apply appropriate statistical analysis in social work research.	A
5	Demonstrate competency to carry out different methodological approaches within qualitative research independently	A, C
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	2	2	3	0	3	1	1	3
CO 2	3	2	2	2	0	3	1	1	3
CO 3	3	2	2	3	0	3	0	0	3
CO 4	2	0	3	0	0	1	0	0	0
CO 5	3	3	1	3	0	3	0	0	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	0	1	3	3	3	2
CO 2	0	2	3	3	2	0
CO 3	0	1	0	2	2	0
CO 4	0	0	0	2	2	0
CO 5	1	1	3	2	2	0

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Introduction to Social Work Research			1
	1.1	Definition and objectives of social research and social work research. Scope and Nature of scientific enquiry Overview of Qualitative, quantitative methods and mixed methods.	4	
	1.2	Basic elements of scientific method: concepts, constructs, conceptual and operational definitions, assumptions, hypothesis, theory, law.	2	
	1.3	Sources and types of data: primary and secondary, quantitative and qualitative data. Variables and levels of measurement.	2	
2	Research Process			2
	2.1	Identification and formulation of research problem. Need and importance of theoretical frame work in research, Review of Literature. Formulation of objectives, hypothesis.	3	
	2.2	Design of research: Importance and types- explorative, descriptive, explanatory (diagnostic) and experimental methods (Pre, True and Quasi designs)	2	
	2.3	Evaluation research- types, steps Participatory research, action research, mixed research methods. Ethical considerations in research Research proposal: meaning and major steps of a research proposal	3	
3	Quantitative Analysis			3
	3.1	Formulation of Hypothesis Population and sampling. Sampling definition, sampling theory, purpose and types-probability and non-probability sampling.	2	
	3.2	Methods & Tools of data collection – observation, questionnaire, interview schedule, interview guide, Steps and guidelines in the construction of research instruments Reliability, Internal and external validity	4	
	3.3	Nature and purpose of statistics – use of statistical methods and limitations of statistics. Selection of appropriate statistical methods –based on levels of measurement, number of variables, nature of research Tabulation of data – purpose and basis of classification, Frequency distribution-construction of frequency tables, graphic presentation of data- Bar chart, pie chart, histogram, frequency curve and ogive	6	
4	Statistical Procedures			
	4.1	Interpretation and presentation of the statistical findings Descriptive statistics- Measures of central tendency: Mean, median, mode. Measures of variability - range, Standard Deviation, uses-co-efficient of variation	4	
	4.2	Inferential statistics - Correlation: Pearson's Coefficient of correlation, Spearman's Rank correlation.	2	

	4.3	Significance tests: Parametric and Nonparametric tests Pearson's chi square, 't' test, analysis of variance-one-way - Relevance, application and interpretation. Use of software packages in data analysis – SPSS. Process and various statistical procedures using SPSS.	12	
5	Qualitative Research methods for Social work			
	5.1	Advantages and disadvantages of Qualitative research Methods. Possible biases and measures to ensure objectivity Preparation of Qualitative research proposal- Important components, Precautions to ensure reliability and validity.	4	5
	5.2	Tools of data collection in Qualitative research method Systematic observation, Focus group discussion, in-depth interview, Case studies, Projective techniques. Qualitative data analysis and interpretation of the findings, triangulation.	3	
	5.3	Major components of a research report, Formats for presenting the report. APA Style in research reporting, bibliography and referencing.	1	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Cresswell, J.W. (2012). Educational Research. New York: Pearson
2. Kothari. C.R, (2004). Research Methodology. New Delhi : NAI Publishers
3. LalDas .D.K., (2000). Practice of Social Research. Jaipur : Rawat Publications
4. Aczel Amir D., (1995). Statistics: Concepts and Applications. Richard D. Irwin Inc.
5. Alan Bryman, (2004) Social Research Methods. New York : Oxford University Press
6. Cramer Duncan, (1999). Fundamental Statistics for Social Research: Step-by-Step Calculations and Computer Techniques using SPSS for Windows, New York :Routledge.
7. Darin Weinberg, (2002). Qualitative Research methods, UK : Blackwell publishing
8. Earl Babbie, (1998) Adventures in Social research using SPSS. New Delhi : Pine forge press
9. Elifson K., (1998). Fundamentals of Social Statistics. New York : McGraw-Hill.
10. Gupta S.C., (1997). Fundamentals of Statistics. New Delhi : Himalaya Pub. House
11. Gupta.S.P, (2005). Statistical Methods. New Delhi : Sultanchand publishers
12. Janet M. Ruane, (2005). Essentials of Research Methods. UK : Blackwell publishing
13. Lakmi Devi, (1997) Encyclopedia of Social research. Vol I, II & III . New Delhi : Anmol publications
14. Rubin, A. & Babbie, E. (2014). Research methods for social work. Belmont, CA Belmont, Calif: Brooks/Cole, Cengage Learning, Brooks/Cole Cengage Learning.
14. Sarantakos, (2005). Social research. New York : Palgrave Macmillan

Course Name	Field Work Practicum 2					
Type of Course	Core					
Course Code	24P2SWC06					
Course Description	Students are introduced to a structured primary or secondary setting/agency to understand the functioning and practice the in depth application of social work methods.					
Credit	6					
Semester	2	Credits				Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		-	-	216	-	216

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Analyze the functioning of a structured setting/agency – Primary or Secondary	U, An
2	Demonstrate the application of Social Work methods in dealing with individuals (case work) and groups (group work)	U, A
3	Develop the ability to do interventions ensuring clients' participation	U, A, An
4	Apply the method of social work research through field level application	A
5	Develop professional and culturally competent oral, written communication and presentation skills in the community context	A, C
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	1	0	1	0	0	0
CO 2	3	3	1	3	3	3	0	2	3
CO 3	3	3	1	2	3	3	0	1	3
CO 4	3	3	1	3	3	1	1	1	3
CO 5	2	3	1	0	0	0	0	0	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	0	0	0	1	0	0
CO 2	3	3	3	3	0	2
CO 3	3	3	3	3	1	3
CO 4	3	3	3	1	2	1
CO 5	0	0	1	3	1	1

COURSE REQUIREMENTS

Each Student shall complete the following field practicum requirements in the first semester

No.	Activity	Minimum Requirement	Credits
1.	Observational visits to at least five Social Work related organizations	5 days – 18 hours	1.5
2.	Agency based fieldwork at least 25 days	25 days-198 hours	4.5
	Total	216 Hours	6

Field Practicum Evaluation

The evaluation of the field work will be based on overall performance of the student in all the practicum requirements.

Sl. No.	Parameters	Weightage
1.	Evaluation by agency supervisor	1
2.	Case work (4), Group Work (1)	2
3.	Field work Presentation	2
4.	Evaluation by faculty supervisor based on performance of the student in the field work: - Understanding of concepts and quality of field work reports - Application of theory into practice Completion of requirements (observational visit (5), completion of 198 hours in the agency-based field work, and participation in individual conference	1 4

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

SEMESTER - 3

Sl. No	Course Code	Course Title	Type of the Course	Hours per week	Credits
1.	24P3SWC01	Planning and Implementation of Development Projects	Core	3	3
2.	24P3SWC02	Administration of Human Service Organizations	Core	3	3
3.	24P3SWC03	Field Practicum 3	Core	12	6
Specialization Courses					
Group 1: Community Development (CD)					
4.	24P3SWE01	Rural & Urban Community Development	Elective	3	3
5.	24P3SWE02	Environment and Disaster Management	Elective	3	3
6.	24P3SWE03	Community Health for Development Practice	Elective	3	3
Group 2: Family and Child Welfare (FCW)					
7.	24P3SWE04	Social Work Practice With Families	Elective	3	3
8.	24P3SWE05	Policies and Programmes for Children and Youth	Elective	3	3
9.	24P3SWE06	Population dynamics and Reproductive and Child Health	Elective	3	3
Group 3: Medical and Psychiatric Social Work (MPSW)					
10.	24P3SWE07	Clinical Assessment and Diagnosis of Psychiatric Disorders	Elective	3	3
11.	24P3SWE08	Social Work in the Field of Health	Elective	3	3
12.	24P3SWE09	Health Care Administration and Community Health	Elective	3	3
		Semester III Total			21

Course Name	Planning and Implementation of Development Projects					
Type of Course	Core					
Course Code	24P3SWC01					
Course Description	This course provides a comprehensive understanding of the principles, methodologies, and tools involved in the planning and implementation of development projects. Development projects encompass a wide array of initiatives aimed at fostering social, economic, and environmental progress in various contexts, including community development, infrastructure development, and sustainable development goals (SDGs) implementation					
Credit	3					
Semester	3	Credits			3	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		35	15		4	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Understand in detail the nature, approaches and strategies of development projects	U
2	Analyze systematic approach to project planning.	An
3	Develop an understanding of the changing trends in participatory project planning approach in government and NGOs	U
4	Demonstrate skills to handle various phases of Development projects and Understand the concepts of financial management of a project	U&A
5	Able to write project proposals and initiate projects	C&A

***Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)**

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	0	1	1	0	0	0
CO 2	3	1	0	1	1	1	0	1	0
CO 3	3	1	0	1	1	1	1	0	1
CO4	3	3	3	3	2	3	1	3	3
CO5	3	3	3	3	3	3	3	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	1	0	1	0	0	0
CO 2	1	0	2	0	0	2
CO 3	2	0	2	3	1	0
CO 4	3	0	3	0	0	3
CO 5	2	1	3	1	1	2

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1 Development projects			1
	1.1	UNIT 1: Concepts of project and project planning need assessment, programmes, project planning cycle, strategy formulation	4	
	1.2	UNIT 2: Application of PRA in project formulation, project activities, Characteristic features of a project, Scientific approach to project planning	3	
	1.3	UNIT 3: Principles in development projects: sustainability, development direction, viability, concern for the marginalized.	4	
2	Module 2 Project identification, project Appraisal and implementation			2,3
	2.1	UNIT 4: Stages of project identification, Essentials of a development projects. Problem analysis, project designs, Goals and objectives, formulation of objectives, objective analysis, feasibility and viability, cost benefit analysis.	4	
	2.2	UNIT 5: Budgeting, activity plan, time schedule, preparing different models of development projects, preparing project proposals. Logical Framework Analysis and Result Based Management	4	
	2.3	UNIT 6: Appraisal technique, Stake holder analysis, beneficiary analysis, identification of beneficiaries. Implementation plan, Role of Intermediary Organisation in the administration of the project.	4	
3	Module 3 Financial Management of the Project			4
	3.1	UNIT 7: Preparation of cost plan, financial plan. Fund raising methods for local financial participation in the project. Need for cost-benefit analysis, Accounting and Record keeping in a Project.	3	
	3.2	UNIT 8: Preparation of accounts for auditing-records needed, Rules regarding foreign contributions-FCRA,	3	
	3.3	UNIT 9: Fundraising methods for local financial participation in the project	3	
4	Module 4 Monitoring and Evaluation of Project			4
	4.1	UNIT 10: Monitoring & Evaluation – Concept, purpose, Monitoring cycle, process monitoring, output monitoring, project review.	4	
	4.2	UNIT 11: variance analysis, performance analysis, different types of M&E. Internal evaluation, External evaluation, Evaluation focus, steps in evaluation	4	
	4.3	UNIT 12: Management Information System in Projects. Project Scheduling –Gantt Charts, Programme Evaluation and Review Technique (PERT) and Critical Path Method (CPM) : Logical Framework as a tool in Monitoring and Evaluation, Assessment at various stages of the project: Pre-programme Assessment, Feasibility Assessment, Mid-term and Impact Evaluation	4	

Module 5 Project writing and project management skills				
5	5.1	UNIT 13: Components of Project Proposal: Project title, Executive Summary. Introduction, objectives, project beneficiaries, activities of the project, strategy of implementation, budget/cost Plan, itemized budget	4	5
	5.2	UNIT 14: Monitoring & evaluation plan, outcome/output/ impact, sustainability of the project and conclusion.	3	
	5.3	UNIT 15: Report writing, documenting, Administration of project related staff, team work in the project, management and communication and relation with stakeholders, public relation.	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References

1. Chandra, P.(1995).*Projects: Planning, Analysis, Selection, Implementation, and Review*, Tata McGraw Hill Pub. Co. Ltd.
2. Choudhury, S (1988), *Project management*. New Delhi: Tata McGraw Hill
3. CIDA, SIDA, DANIDA Project databases
4. Fernando, Emmanuel S. Fr. *Projects from Problems*, Jain Book agency, New Delhi.
5. Lock, Dennis (1997), *Handbook of Project Management*. Delhi : Jaico Publishing House
6. Mohsin, M (1997), *Project Planning and Control*. Vikas Publishing House Pvt. Ltd.,
7. Moorthy, R. V (2002). *Project Management*. Masters Publication
8. Patil R. K(1976), *Appraisal of Rural Development Projects through Systems Analysis*. National Institute of Bank Management
9. Puttaswamaiah, K (1978). *Aspects of Evaluation and Project Appraisal*. Bombay : Popular, Parkashan
10. Roy, Sam, M (2002), *Project Planning and Management, Focussing on Proposal writing*. The Catholic Health Association of India
11. Vasant, Desai (1977), *Project Management: Preparations, Appraisal, Finance and Policy*. Delhi : Himalaya Pub. House,

Course Name	Administration of Human Service Organizations					
Type of Course	Core					
Course Code						
Course Description	Administering Human Service Organizations course covers principles, practices, and challenges for effective administration in diverse settings. It equips the learners with essential knowledge and skills in managing and leading within the sector, including understanding organizational characteristics and addressing ethical dilemmas.					
Credit	3					
Semester	3	Credits			3	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		45		9		54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Understand how the administration has evolved as a discipline and a method in social work practice.	U
2	Understand and comprehend the importance of an organization's administrative structures, processes, and procedures.	U
3	Gain expertise and understanding in applying various HSO management approaches.	U & A
4	Demonstrate a strong understanding of organizational behavior, including culture, development, motivation, leadership, and method of communication.	An
5	Understanding organizational management concepts, including social marketing's relevance to social work.	A & C
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	3	0	2	0	3	0	3	3
CO 2	3	3	3	3	0	2	0	2	3
CO 3	3	3	3	3	0	2	0	3	3
CO 4	0	0	3	3	0	3	0	3	3
CO 5	3	3	3	3	0	3	0	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	3	3	3	2	3
CO 2	3	3	3	3	2	3
CO 3	2	3	3	3	3	3
CO 4	3	3	3	3	3	3
CO 5	3	2	2	3	3	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module1 Introduction To Administration			
	1.1	Evolution of administration as a science. Concepts - Administration, Organization, Management, Business Administration, and Public Administration.	4	1
	1.2	Social Welfare Administration: Meaning, definition, scope, and social welfare administration as a method of social work.	3	
	1.3	Different social welfare programs at the Central and State levels include the profile and functions of Central and State Ministries relevant to social welfare: MoWCD, MoSJE, MoUA, MoRD & PRI	4	
2	Module 2 Introduction to Voluntary Organization			
	2.1	Functions, Voluntary Organization: Organizational Structure, Functions, and Principles. Role and type of voluntary organizations.	3	2
	2.2	Organizational structure, Organization - Types of organizations, characteristics of HSO, Procedures in registering an organization Registration Act, Trust Act and Companies Act (2013- Section VIII)	5	
	2.3	Administrative skills; writing letters, reports, and minutes, fundraising; conducting meetings, Public relations; and Networking	3	
3	Module 3 Elements of Administration and Approaches to Organizational Management			
	3.1	Basic elements in administration: are planning, Organizing, Staffing, Leading (directing), coordinating), Controlling (Reporting & Budgeting)	4	3
	3.2	Organizational Management: Concept, functional areas – Production, Finance, Marketing and Human Resources	5	
	3.3	Approaches to Organizational Management - Bureaucratic, Democratic, Human Relations Model, System Theory, Theory X, Theory Y, and Theory Z.	5	
4	Module 4: Organizational Behaviour			
	4.1	ConceptsConcept of Organizational Behaviour, Organizational Culture, Organization development-process, approaches and strategies. Communication in Organization	4	4
	4.2	Evaluation of motivational theories and basic understanding of their application in the work context	3	
	4.3	Leadership; Meaning, Definition, and importance of leadership	2	

Module 5 Social Development Administration and Marketing Of Social Services				
5	5.1	Social Entrepreneurship: Definition, types of Social Entrepreneurship, History of Social Entrepreneurship, Functions of Social Entrepreneurship, and Differences between Social and Business Entrepreneurship.	3	5
	5.2	Corporate Social Responsibility (CSR): Definition, Meaning and Objectives of CSR, Provisions for CSR in Companies Act, models of projects. Staff training and development objectives and Needs - Training Process-Methods of Training-Tools and Aids - Evaluation of Training Programs. Organizational Development Programs.	3	
	5.3	Introduction to Social Work Marketing: Understanding the Role of marketing in promoting social Services, and Social work goals. Social Work Values and Marketing Strategies: Aligning marketing efforts with social work values such as social justice, empowerment, and cultural competence. Communication and Engagement Strategies: Utilizing various communication channels and engagement tactics to reach and connect with target audiences. Partnerships and Collaborations: Building partnerships with stakeholders, community organizations, and other agencies to enhance the reach and impact of social services.	3	

Teaching and Learning Approach	Classroom Sessions Analyze the administrative structures, processes, and procedures of a human services organization's case study. Identify strengths, and weaknesses, and suggest improvements.
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Abha, Vijay, and Prakash. (2000). Voluntary Organizations and Social Welfare. ABD Publishers
2. Chhabra.T.N.(1999). Principles and Practice of Management. New Delhi: Dhanpat Rai & Co
3. Chowdhary D.Paul.(1992). Social Welfare Administration. New Delhi: Atma Ram
4. Goel S.L, Social Welfare Administration VOL. 2: Theory and Practice, Deep & Deep Publication, Goel S.L., Jain R.K., (1988).Social Welfare Administration VOI. I: Theory and Practice, Deep & Deep Publication,
5. Kohli A.S., Sharma S.R. (1996). Encyclopaedia of Social Welfare and Administration Vol. 1-7, New Delhi: Anmol Pub. Pvt. Ltd.
6. Lawani B.T.(1999). NGOs in Development. Jaipur: Rawat Publication.
7. Lewis Judith A., (1991), Management of Human Services, Programs. Brooks Cole Publishing Co.
8. Pasad. L.M. (2000). Principles and Practice of Management. New Delhi: Sultan Chand & Sons.
9. Ralph Brody. (2005). Effectively Managing Human Service Organizations (Third Edition). New Delhi: Sage Publications
10. Sachdeva.D.R.(2003).Social Welfare Administration in India. New Delhi: Kitab Mahal

11. Sidmore Rex A. (1990). Social Work Administration: Dynamic Management and Human Relationships. New Jersey: Prentice Hall
12. Chahine Teresa, Introduction to Social Entrepreneurship
13. Bhattacharya Sanjay, Social Work Administration and Development, Rawat Publications New Delhi
14. Rao, V. (1987). Social Welfare Administration. Bombay: Tata Institute of Social Sciences.
15. "Social Work and Social Marketing: Management and Leadership" by Alan D. Dettlaff and Katherine van Wormer (2018)
16. "Social Marketing and Social Change: Strategies and Tools For Improving Health, Well-Being, and the Environment" by R. Craig Lefebvre (2013)
17. "Empowerment of the Marginalized in India" edited by S. P. Rath (2014)

Course Name	Field Work Practicum 3					
Type of Course	Core					
Course Code						
Course Description	Students are introduced to the field setting to gain in-depth knowledge of the specialization area.					
Credit	6					
Semester	3	Credits				Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	216
		-	-	216	-	

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Understand and analyze the administrative structure and function of the agency	U,An
2	Critically evaluate the policies, laws, and government programmes applicable to the client system of the agency.	U,E
3	Develop skills in specialization based tools, techniques	A
4	Demonstrate interventions based on the specialization	A,An
5	Develop professional and culturally competent oral, written communication and presentation skills in the specialization context	A, C
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	0	0	1	0	0	0
CO 2	3	1	0	1	0	1	0	0	0
CO 3	3	2	3	1	0	3	1	1	2
CO 4	3	2	1	2	0	3	2	2	2
CO 5	3	3	1	1	0	1	0	0	0

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	1	2	0	1	0	0
CO 2	2	2	2	3	3	2
CO 3	3	3	3	1	0	1
CO 4	3	3	3	0	0	3
CO 5	2	2	3	0	0	1

COURSE REQUIREMENTS

Each Student shall complete the following field practicum requirements in the first semester

No	Activity	Minimum Requirement	Credits
1	Organizational visit to at least five agencies in the area of specialization	5 days – 18 hours	1.5
2	Concurrent/Block field practicum for 25 days	25 Days – 198hours	4.5
	Total	216 Hours	6

Field Practicum Evaluation**Elective (Specialization)--Community Development (CD)**

The evaluation of the field work will be based on overall performance of the student in all the practicum requirements.

Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2.	Field work Presentation	2
3.	Evaluation by faculty supervisor based on performance of the student in the field work: - Understanding of concepts and quality of field work reports - Application of theory in to practice Completion of requirements: (Organizational visits (5), (organizational Study (1), community intervention (1), Study the projects of the agency (2), project proposal (1), PRA (1), completion of 198 hours in the community/agency based field work) and participation in individual conference	2 5

Elective (Specialization)—Family and Child Welfare (FCW)

Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Field work Presentation	2
3	Evaluation by faculty supervisor based on performance of the student in the field work: - Understanding of concepts and quality of field work reports - Application of theory into practice Completion of requirements: (Organizational visits (5), Organizational Study (1), Intervention: (Individual (3), Group (1), Family (1), Completion of 198 hours in the community/agency based field work) and participation in individual conference	2 5

Elective (Specialization)—Medical and Psychiatric Social Work

Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Field work Presentation	2
3	Evaluation by faculty supervisor based on performance of the student in the field work: • Understanding of concepts and quality of field work reports • Application of theory in to practice Completion of requirements: (Organizational visits (5), Organizational Study (1), Intervention: (Case history and mental status examination (5), individual (3),Group (1), Completion of 198 hours in the agency based field work) and participation in individual conference	2 5

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	Total 30 Weight (viva-voce) 6 Weight each from 5 CO

Course Name	Rural & Urban Community Development					
Type of Course	Core					
Course Code						
Course Description	This course explores community development in rural and urban areas. It covers theories, principles, and practices, and addresses distinct challenges and opportunities. Novices will learn about social, economic, and political factors influencing community development. The information is presented simply and logically.					
Credit	3					
Semester	3	Credits			3	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		43		11		54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Understand and learn about the strategies and approaches for community development in both rural and urban areas.	U
2	Understand challenges faced by people in rural/urban/tribal/coastal India and related governmental programs.	U
3	Analyze the impact of LSG and cooperative institutions on Rural and Urban Development.	An
4	Understand the role of Civil Society and NGOS in Rural and Urban Development	An
5	Understand the important roles of local self-government, cooperatives, civil society organizations, and NGOs in rural and urban development.	U
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	3	3	2	2	2	3	2	2
CO 2	2	2	2	2	2	2	2	2	2
CO 3	2	2	2	2	2	2	2	2	2
CO 4	2	2	2	3	2	3	2	2	2
CO 5	2	3	2	2	2	2	2	2	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	3	3	3	3	3
CO 2	3	3	3	3	3	3
CO 3	3	3	3	3	3	3
CO 4	3	3	3	3	3	3
CO 5	3	3	3	3	3	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module1 Introduction to The Foundations of Community Development Through Understanding Rural and Urban Dynamics In India			
	1.1	Definitions, concepts and objectives of rural community development. History and `evolutions of rural community development models in India. Concepts of urban, urbanism, urban community development, urbanization.	4	1
	1.2	Principles and Theories of urban development: sector theory, concentric zones and multiple nuclei theory.	5	
	1.3	Strategies and Approaches for Rural and Urban Development: Infrastructure development: Housing, transportation, water supply, and sanitation. Economic development: Entrepreneurship, agriculture, tourism, and small business support. Social development: Education, healthcare, social services, and community welfare programs	4	
2	Module 2 Community Challenges Addressing Rural Poverty, Urban Issues, And Tribal Concerns			
	2.1	Rural Poverty and unemployment. Water and Sanitation, Problems of Agriculture farmers and workers and food security issues in Rural India.	3	2
	2.2	Urban social problems: overcrowding, urban disorganization and maladjustments, urban migration. Poverty and unemployment in urban areas. Crime and juvenile delinquency. Urban housing and slums, waste management.	4	
	2.3	Tribal community’s social and development problems and interventions, Coastal community.	2	
3	Module 3 Approaches and Policies In Rural And Urban Community Development			
	3.1	Various Approaches to rural and urban development in India. A critical review of India’s strategies for rural and urban development.	3	3
	3.2	National and state polices for rural and urban development. Five year plans and urban development welfare programmes for urban poor	3	
	3.3	Urban development authorities at national and state levels. Models of urban development in India. Public private partnership (PPP) for urban development (eg. Ahamedbad urban development Project).	5	
4	Module 4: Local Self Government and Cooperatives In Rural And Urban Development			
	4.1	Understanding Local Governance in India-Analysis of the 73rd and 74th Constitution Amendment Acts. Concept of decentralized governance in India	4	4

	4.2	Administrative Setup and Functions in Kerala- Administrative setup for Panchayati Raj Institutions (PRI) in Kerala. Structure and functions of rural and urban local self-government institutions in Kerala	3	
	4.3	Empowering Local Development in Kerala- Programmes of rural and urban local bodies in Kerala. Role of local self-government (LSG) and cooperatives in local development. Analysis of Cooperative Movement and its contribution towards rural development in India.	3	
5	Module 5 Civil Society and NGO's In Rural Development			
	5.1	Mobilizing Civil Society for Community Empowerment- Theory of voluntarism and voluntary action for empowering rural communities. Role of NGOs in rural development and their interventions. Local initiatives and leadership in empowering rural communities	5	5
	5.2	Corporate Engagement in Social Responsibility for Rural Development- Case studies illustrating Corporate Social Responsibility (CSR) initiatives and their impact on rural community development	3	
	5.3	Urban Civil Society for Development- NGO intervention in addressing urban problems and promoting urban community development. The role of civil society organizations such as resident associations and citizen clubs in fostering urban development. Case studies highlighting corporate involvement in urban community development through CSR initiatives	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Barik, C.K & Sahoo, U.C. (2008). Panchayati raj institutions and rural development. Jaipur: Rawat.
2. Bhose, J.S.G.R. (2003). NGOs and rural development: Theory and practice. New Delhi: Concept.
3. Johri, P.K. (2005). Social work for community development. New Delhi: Anmol.
4. Munjal, S. (1997). Rural development and cooperation. Jaipur: Sublime.
5. Sharma, R.K. (1997). Rural sociology. New Delhi: Atlantic.
6. Singh. (2009). Rural development principles, policies and management. New Delhi: Sage.
7. Sisodia, Y.S. (2007). Rural development: Macro-micro realities. Jaipur: Rawat.
8. Tripathy, S.N (1998). Cooperatives for Rural Development. New Delhi: Discovery.
9. Das, A.K. (2007). Urban planning in India. New Delhi: Rawat.
10. Goel, S.L. & Dhaliwal, S.S. (2004). Slum improvement through participatory urban based community structures. New Delhi: Deep & Deep.

11. Jayapalayan.N. (2002). Urban Sociology. New Delhi: Atlantic.
12. Nath, V. & Aggrawal S.K. (2007). Urbanization, urban development and metropolitan cities in India. New Delhi: Concept.
13. Reddy J.S. (2006). Indian's urban problems. New Delhi ISI.
14. Thudipara J.Z. (2007). Urban community development (ed.2). New Delhi: Rawat.

Course Name	Environment And Disaster Management				
Type of Course	Elective				
Course Code					
Course Description	This course covers environmental issues and disaster management strategies. Topics include environmental policy, risk assessment, disaster preparedness, climate change adaptation, sustainable development. Emphasis on practical skills and real-world application.				
Credit	3				
Semester	1	Credits			3
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Demonstrate knowledge about the interrelatedness of human life and environment	U
2	Develop an understanding of problems arising out of environmental degradation and globalization.	U&An
3	Demonstrate the role of social work practice in tackling environmental issues and disaster management	A
4	Promote sustainable practices and foster resilience in the face of environmental challenges.	A
5	Able to critically analyze policies and frameworks related to disaster management and environmental protection	An,E

***Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)**

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	1	0	1	0	0	1
CO 2	3	1	0	2	0	1	0	0	1
CO 3	3	2	1	3	3	3	1	3	3
CO 4	3	2	1	1	3	3	3	3	2
CO 5	3	0	0	3	1	3	1	0	1

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	0	1	1	2	0
CO 2	1	1	2	3	1	0
CO 3	3	2	2	2	1	3
CO 4	2	1	2	1	1	2
CO 5	2	1	1	2	3	0

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1. Concepts: Environment & Ecology			1
	1.1	UNIT 1: People and Environment Interaction: Environment, Components of environment, Factors affecting Environment, Types of environments	4	
	1.2	UNIT 2: Hazards-Geographical, Climatic and Atmospheric, The Interrelatedness of living organisms and natural resources	4	
	1.3	UNIT 3: Political Ecology - a frame work for understanding sources and political ramifications of environmental change	4	
2	Module 2. Environmental Crisis and its linkages to the development process			2
	2.1	UNIT 4: Climate change and Global Warming-Causes, Problems and interventions	3	
	2.2	UNIT 5: Environmental politics and resource development regimes	4	
	2.3	UNIT 6: Sustainable development - Management & Conservation change. Energy Conservation and Management- Conventional and nonconventional sources of energy	4	
3	Module 3: State of India's Environment			3
	3.1	Unit7: Waste Management; Pollution - Air, Water, Soil, Noise, Light, Radioactive	3	
	3.2	Unit8: Impact of Pollutants on Human Life, Prevention and control of pollutions	3	
	3.3	Unit9: Laws related to environment. National Environment policies, National green tribunal, Environment Issues in India, role of social worker in tackling environmental issues	4	
4	Module 4: Social Work and Environment			4
	4.1	UNIT 10: Green protocol, Green Social Work Initiatives. Environment Education, Environment Ethics, Promotion Environment Movements, Environment Management – EIA	4	
	4.2	UNIT 11: Definition, Natural and Human made disasters, Stages of Disaster. Multiple causes & effects; Vulnerability, Hazards. Major Natural Disaster-Cyclone, Earth quake. Land slide, Flood, Forest fire, Tsunami	3	
	4.3	UNIT 12: Development & Disaster; Preventive Measures	3	
5	Module 5: Disaster Management and Social Work Responses			
	5.1	UNIT 13: Preparedness, rescue, relief, reconstruction & rehabilitation. Disaster Risk assessment, Risk Reduction in communities, Resilience	4	
	5.2	UNIT 14: Natural hazards disaster management and Mitigation. Disaster management Cycle- Before disaster, During a disaster, After disaster, Psycho social intervention	4	

	5.3	UNIT 15: Role of government and voluntary organizations. National and state disaster management authority, Disaster Management Policy, Social Work responses in disaster management	3	
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Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References

1. Aggarwal, Nomita, (2003) *Social Auditing of Environmental Laws in India*,
2. Bharucha, Erach, (2005) *Text book of Environmental Studies for Undergraduate Courses*
3. Benimadhab Chatterjee, (2003) *Environmental laws: Implementation problems and perspectives*
4. Gulia, K S (2004), *Geneses of Disasters: Ramifications and Ameliorations*
5. Dasgupta, Rajdeep (2007) *Disaster management and rehabilitation*
6. Rajagopalan, R, (2009) *Environmental Studies : From Crisis to Cure*
7. Shukla, S K and Srivastava, P R (1992), *Human Environment: An Analysis*,
8. Shukla, S K and Srivastava, P R (1992), *Environmental pollution and chronic diseases*
9. Goel, P.K, (1996), *Environmental Guidelines and Standards in India*
10. Sharma J.P, (2004), *Comprehensive Environmental Studies*
11. Rajesh Dhankar (2006), *Environmental Studies*
12. Panday, P.N., (2010), *A Text book of Environmental Pollution*

Course Name	Community Health for Development Practice					
Type of Course	Elective					
Course Code						
Course Description	This comprehensive course provides social work trainees with a thorough understanding of health, covering diverse aspects of community health, healthcare systems, and equips with the necessary skills for social work interventions in the community health sector. The learners gain insights into national and international health policies and programs, including the management and planning processes.					
Credit	3					
Semester	III.					Total Hours
Course Details	Learning Approach	Lecture 40	Tutorial -	Practical 4	Others 10	

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Describe the concepts of health and community health	R,U
2	Develop a critical perspective of health care system in the country	U,An,E
3	Analyze national and international plans/policies in health and implications for social work practice	A,An, E
4	Develop an understanding of healthcare planning and management	U,An,C
5	Demonstrate a comprehensive understanding of social work interventions in the community health sector	U,A
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	2	1	1	0	2	1
CO 2	3	2	0	3	3	3	0	2	1
CO 3	3	3	0	3	2	3	1	2	1
CO 4	3	2	2	2	3	3	2	3	2
CO 5	2	3	2	3	2	3	1	3	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	0	1	0	0	0	0
CO 2	0	1	1	0	0	0
CO 3	1	2	2	2	0	0
CO 4	0	2	2	2	1	2
CO 5	0	3	3	2	1	2

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1- Health and Community Health			
	1.1	Definition of health, Indicators of health. Basics of Epidemiology - Meaning and scope of epidemiology: Determinants of health; Models of health and diseases.	3	1
	1.2	Concept and various dimensions of: Public Health, Global health, environmental health, nutritional health, occupational health, maternal and child health. Health in developed and developing countries	4	
	1.3	Community Health-Definition and Scope. Special aspects of community health-Alcoholism and Drug Dependence –Agent factors, prevention, treatment and Rehabilitation.	3	
2	Module 2- Health care system and health problems in India			
	2.1	Health care systems: Organization of the various health care system- Private Health system, Indigenous system, Voluntary health system, Problems of health care system	3	2
	2.2	Important health problems in India	2	
	2.3	Health Economics - Basics of health economics, Demand/Supply of Medical Care	3	
3	Module 3- Health Policies and Programmes			
	3.1	Policies -National Health Policy, Population Policy, Health for all. Population Dynamics in India and Kerala. Central & State Government Policy implementation of Health insurance.	3	3
	3.2	Health programmes in India : Family welfare; Maternal & Child Health, ICDS; School Health Programmes, National Health Mission (NHM), UIP NEMP; NLEP; NTP; AIDS Control programme , National Programme for control of blindness, National Vector Borne Diseases Control Program, Prevention and Control of Non-Communicable Diseases Program, National Cancer Control Program, Welfare measures for the physically challenged. International Health organizations (WHO, UNCEF, Red Cross)	6	
	3.3	State health programmes for - weaker sections, physically challenged and developmentally challenged	2	
4	Module 4- Health Planning and Management			
	4.1	Concept of Health Planning & Planning Cycle. Health Planning in India and Five-Year plans	3	4
	4.2	Healthcare planning process: Information Gathering, Analysis of Health Situation, Establishment of Objectives and Goals, Assessment of Resources, Fixing Priorities, Write-up of Formulated Plan, Programming and Implementation, Monitoring, Evaluation	6	
	4.3	Management techniques and methods	4	

5	Module 5- Health Care Administration and Social Work Interventions in Community Health			
	5.1	Concept of Health Care and levels of Health care. Health care administration- Principles of health care Administration. Health Care System in India-Central, State and District level. National Rural Health Mission	4	5
	5.2	Health care services in India: Primary, Secondary and Tertiary Primary Health care in India- sub center, primary health center, community health center.Roles and functions of health personnel in this level including ASHA workers.	3	
	5.3	Need for social work Intervention in Community health practice. Preventive and promotive programmes. Health education in schools/families/communities. Role of social worker in community health care services.	5	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Basavanthappa.B.T. (1998). Community Health Nursing, Jaypee Brothers
2. Dawra,S.(2002). Hospital Administration and Management. New Delhi: Mohit Publications
3. Goel, S.L.(2004).Health Care Management & Administration. New Delhi: Deep & Deep Publications Pvt. Ltd.
4. Goel, S.L.,Kumar,R.(2007). Hospital Administration and Management- Theory and Practice. New Delhi: Deep & Deep Publications Pvt. Ltd.
5. Hellberg J.H. (1971).Community health, Co-ordinating Agency for Health Planning
6. Park K, (1997).Preventive and Social Medicine, Jabalpur :Banarsidas Bhanot Publishers
7. Rajneesh, Goel. (2002).Community health care, Deep & Deep Publications
8. Sundar, Kasturi. (1997). Introduction to Community Health Nursing: with Special Reference to India, B.I.Publications
9. Tabish, S.A.(2001). Hospital & Health Services Administration. New Delhi: Oxford University Press.

Course Name	Social Work Practice with Families					
Type of Course	Core					
Course Code						
Course Description	This course is designed to equip the candidates who opt Family and Child Welfare, with competencies to work with families in crisis. The course provides understanding about the scientific frameworks for understanding family dynamics and equips candidates with skills and tools for scientific assessment. The candidates are also trained to prepare a family life education module to engage and intervene among families.					
Credit	3					
Semester	III					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		29	-	20	5	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Demonstrate knowledge on family as a social institution and the different conceptual frameworks for understanding marriage and family	<i>U, An</i>
2	Demonstrate knowledge and skills to formulate and implement Family Life Education programmes.	<i>A & C</i>
3	Illustrate scientific knowledge and skills for a comprehensive assessment of family functioning	<i>A, An, E</i>
4	Demonstrate knowledge on family social work and family therapy as scientific methods	<i>A, An, E</i>
5	Apply skills of Family Social Work in various settings	<i>A</i>
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	3	0	3	0	2	3
CO 2	3	3	0	2	0	3	0	0	3
CO 3	3	1	0	0	0	0	0	1	2
CO 4	3	2	0	3	0	3	0	1	3
CO 5	3	3	0	3	0	3	0	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	3	3	1	2	0
CO 2	3	3	3	1	2	3
CO 3	2	3	2	3	3	0
CO 4	3	3	3	3	3	3
CO 5	3	3	3	3	3	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Family As A Social Institution			
	1.1	Concept of family, Definition Marriage and Family, Types of family, Functions of family; Qualities of successful families, Trends and changes in Marriage & Family in Global and Indian Contexts	3	1
	1.2	Indian values and families: Purusharthas in connection with families (Dharma, Artha, Kama, Moksha). Asramas / stages of life (Shaishavam, Brahmacharya, Grahastashram, Vanaprastha and sanyasa - their challenges and needs.	4	

	1.3	Overview of Conceptual frame works for Understanding Marriage and Family: Family Systems Perspective, Family Developmental Perspective, Symbolic interaction framework, Structural/functional framework, exchange framework	6	
2	Lifespan Approach to Family			
	2.1	Family life cycle - Characteristics, goals, needs, tasks and problems of each stage in the family life cycle; Variations affecting the life cycle	4	2
	2.2	Family Life Education-Concept, philosophy, goals and significance.	3	
	2.3	Major components, structure of FLE	4	
3	Family Dynamics: Assessment of Family			
	3.1	Models for understanding family Dynamics: The Mc Master Model of Family functioning, Structural Approach, Triaxial Scheme, The Circumplex Model.	5	3
	3.2	Family assessment: components of assessment -emotional, social, practical, material, functional Family tasks. Overview of family assessment: Family Assessment interview, Criteria for assessing family functioning	3	
	3.3	Tools: Genogram, Ecomap, Time line, family mapping, Three Houses Tool	3	
4	Family Social Work			
	4.1	Family social work – Concept & Definition, historical background - Assumptions	3	4
	4.2	Family Social Work, Family Counselling and Family Therapy – similarities and differences.	3	
	4.3	Different phases of Family Social Work - Beginning phase - Assessment phase - Goal Setting and Contacting - Intervention phase - Behaviour change - Intervention phase - Evaluating outcome.	4	
5	Family Social Work Practice			
	5.1	Scope and practice of social work in - Family Service Agencies (governmental and nongovernmental); premarital counselling centres, Family Counselling Centres, Family Courts, Family Welfare Clinics, Suicide Distress Centres, Community Centres	4	5
	5.2	Adoption and Foster Care Agencies, Rehabilitation Centres, Sponsorship Programmes, Geriatric care, palliative care and support, Organ donation and support.	3	
	5.3	Existing policies, programmes, legislations, organizations in the field of family welfare and development	2	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Carter, Betty, Monica Mc Goldrick (1999). Expanded Family Life Cycle: Individual, Family Social Perspectives. Boston: Allyn and Bacon.
2. Carter, Betty (2004). Expanded family life cycle: individual, family and social perspectives. New York : Pearson Education
3. Collins, D. Jordan, Catherine, Coleman, Heather (1999). An Introduction to Family Social Work. Illinois: F.E. Peacock Publishers
4. Desai, M. (ed), (1994). Family and Intervention: A course Compendium. Mumbai : Tata Institute of Social Sciences.
5. Horne, Arthur M (2000). Family Counseling and Therapy. New York : F E Peacock Publishers.
6. Ingoldsby, Bron B (2004). Exploring family theories. California: Roxbury Publishing Company.
7. Khasgiwala, A. (1993). Family Dynamics: Social Work Perspectives. New Delhi: Anmol Publishers.
8. Kilpatrick, Allie C (2009). Working with Families :An Integrative model by Level of Need. New York : Pearson Education
9. Marie Mignon Mascarehas (1989). Family Life Education Value Education. Bangalore Crest Publications
10. McCubbin, H.I. & Figley, C.R. (1984). Stress and family: Coping with Normative Transitions. New York: Brunner Publishers.
11. Sally Holland (2011). Child & Family Assessment in Social Work Practice. New York : Sage publications.

Course Name	Policies and Programmes for Children and Youth					
Type of Course	Core					
Course Code						
Course Description	This course provides an insight into the legal mandates, policies and programmes for children and youth in India. The course gives an in-depth knowledge on the concept of child mental health, its relevance and gives an understanding about children's problems, mental health conditions and scope of professional social work practice.					
Credit	3					
Semester	III					Total Hours
Course Details	Learning Approach	Lecture 36	Tutorial -	Practical 12	Others 6	

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Analyze the needs and challenges of children and youth in various circumstances	<i>U, An</i>
2	Articulate knowledge of legal provisions, policies – national/international; schemes and programs for children in India.	<i>U, An, E</i>
3	Apply knowledge and skills in working with children	<i>U & A</i>
4	Demonstrate comprehensive understanding about the situation of youth in India, legal provisions, policy, schemes and programs for youth in India	<i>U, An, E</i>
5	Apply knowledge and skills in working with youth	<i>U & A</i>

**Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)*

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	3	1	3	0	0	3
CO 2	3	2	0	3	1	3	0	2	3
CO 3	3	3	2	3	2	3	2	3	3
CO 4	3	1	0	1	0	3	0	0	2
CO5	3	3	2	3	2	3	3	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	2	3	2	1	0
CO 2	2	3	2	3	3	2
CO 3	3	3	3	2	3	3
CO 4	2	3	3	3	3	3
CO 5	3	3	3	3	3	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Situational Analysis of Children in India			
	1.1	Psycho-social needs and problems of a growing child.	4	1
	1.2	Situational Analysis of Children in need of Care and Protection (CNCP): Institutionalised children; Homeless Children, Orphaned Children, Migrant Children, Child beggars, Child Labourers, Street Children, Children affected by disasters, Child Sex Worker/victims of trafficking, Children of Sex Workers	4	
	1.3	Situational Analysis of Children in Conflict with Law (CCL); institutional mechanism to address CCL; Situational Analysis of Children with Special Needs: Children living with Disabilities, children living with terminal illnesses, HIV/ AIDS	4	
2	Child in India: the legal mandates			
	2.1	Policies for Children: National Policy for Children (1974/2013), National Policy on Education (1986), National Policy on Child Labour (1987)	3	2
	2.2	National Charter for Children (2003) National Early Child Care and Education Policy (2013) National Plan of Action for Children (2005/2016)	4	
	2.3	Constitutional Provisions for children; institutional framework: National/State Child Rights Commission, Child Welfare Committee, Juvenile Justice Board, District Child Protection Unit	6	
3	Child Rights and Child Welfare Programmes			
	3.1	UN Conventions on the Rights of Child -Right to Survival, Right to Development, Right to Protection, Right to Participation	2	3
	3.2	Schemes and Programs to ensure child rights: ICDS, ICPS, Child line, KAVAL/KAVAL PLUS,	4	
	3.3	Schemes and programmes under LSGs, Adoption, Foster care	5	
4	Introduction to Youth; Policies and Programmes for Youth in India			
	4.1	Youth: Definition, characteristics, Situational Analysis of Youth in India	4	1, 3
	4.2	National Youth Policy; National Skill Development Framework; Youth Welfare organizations: National and International	3	
	4.3	Govt. and Non-Govt. Programmes for youth: educational, recreational, vocational guidance and counselling, employment, leadership and health, NSS, NCC, NYK	3	
5	Working with Youth			
	5.1	Problems of Youth: Unemployment, youth unrest, substance abuse, HIV/AIDS; Problems of Youth: suicide, generation gap, radicalization and terrorism	3	5

	5.2	Principles, skills and values in working with youth	2	
	5.3	Social work methods and working with youth, Role of a social worker in youth development; issues and challenges	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Bajpai, A (2017). Child Rights in India: Law, Policy & Practice. Third Edition. New Delhi: Oxford University Press
2. Chopra, G. (2016). Child Rights in India, New Delhi: Springer India.
3. Suchitra S Dinkar (2010). Child Development and Psychology. New Delhi: Axis Publications
4. Shyam Sunder Shrimali (2008). Child Development. New Delhi: Rawat publications
5. Saraswathi, S (2008). Indian Youth in the New Millennium. RGNIYD [Rajiv Gandhi National Institute of Youth Development], Coimbatore
6. Saraswathi, T., Menon, S., & Madan, A. (2018). Childhoods in India: Traditions, Trends and Transformation. Routledge Publications.
7. Ministry of Statistics and Programme Implementation. (2017). Youth in India
8. Ministry of Statistics and Programme Implementation. (2018). Children in India: A Statistical Appraisal
9. Rashmi Agrawal (2008). Education for Disabled Children. New Delhi : Shipra publications □ Michele Henderson, (2009). How to Motivate Children to Learn. New York : Epitome Books
10. Saraswathi, S (2008). Indian Youth in the New Millennium. RGNIYD [Rajiv Gandhi National Institute of Youth Development], Coimbatore,
11. Vasanthi Rajendran (2006). Youth and Globalisation, RGNIYD [Rajiv Gandhi National Institute of Youth Development] Coimbatore

Course Name	Population Dynamics and Reproductive Child Health					
Type of Course	Core/Elective					
Course Code						
Course Description	This comprehensive course offers an in-depth exploration and understanding of key concepts in demography, family welfare, and Reproductive Maternal Newborn Child Health (RMNCH) programs; its application in the field of family and child welfare. The course will also focus on evaluating population policies and programs, with a specific emphasis on the Indian context. The course will also equip candidates with skills to develop programmes for RCH in communities utilizing development communication techniques.					
Credit	3					
Semester	III					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	Total Hours
		25	15		14	

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Demonstrate comprehensive understanding of basic demographic elements, measures and its applications in field of family and child welfare	<i>U</i>
2	Analysis of transition of population dynamics and its implications on family and households and larger society	<i>An</i>
3	Analyze Population policies and programs in India and in the global context.	<i>E</i>
4	Analyze and apply the knowledge about reproductive ill health burden in community and a comprehensive understanding of RMNCH Programs in India	<i>An, A</i>
5	Demonstrate professional skills and technical know-how to construct IEC materials for propagation of RMNCH and Family Welfare	<i>C</i>
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	2	1	2	1	3	0	0	1
CO 2	2	2	0	2	0	3	0	0	2
CO 3	3	2	0	1	0	3	0	0	2
CO 4	3	3	0	3	0	3	0	3	2
CO5	3	3	3	3	2	3	0	3	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	0	3	3	3	1
CO 2	3	0	0	3	3	1
CO 3	3	2	1	3	3	0
CO 4	3	1	1	3	3	1
CO 5	3	3	3	3	3	3

COURSE CONTENT

Module	Units	Course description	Hrs.	CO Mapped
1	Demography: An Introduction			
	1.1	Demography: Definition, Scope, Basic Elements: Size, Composition and Distribution; Demographic Processes: Fertility, Mortality & Migration	3	1
	1.2	Measures of Fertility: Crude Birth Rate, Total Fertility Rate, Age Specific Fertility Rate Mortality: Crude Death Rate, Age-Specific Death Rate, Infant Mortality Rate, Maternal Mortality Rate	4	
	1.3	Projection of Population: Rate of Natural Increase, Gross Reproduction Rate, Net Reproduction Rate, Vital Index of Population Life Tables: Average Life Expectancy, Stable and Stationary Population	4	
2	Demographic Transition and impact on Population Dynamics			
	2.1	Theories of Population; Theory of Demographic Transition	4	2
	2.2	Transitions in Health and Mortality, Fertility, Age, Migration and Urbanization	4	
	2.3	Family and Household Transition.	3	
3	Population Policies and Programmes			
	3.1	World Population policies, International Conference on Population and Development, Current State of World Population (UNFPA); National Population Policy 2000	4	3
	3.2	Overview of Population policies and programs in India: Phase I: Programs until 1977 Phase II: Post Emergency Phase (1977-95); Phase III: Post ICPD Phase (1996-15)	4	
	3.3	Family Welfare Schemes in India: Appraisal of Family planning services in terms of Birth Spacing Methods, Natural Methods and Terminal Methods	3	
4	Reproductive and Child Health: Programs and policies in India			
	4.1	Situational Analysis of Maternal and Child Health in India	4	4
	4.2	Burden of Reproductive Ill Health: Unintended Pregnancies, Unsafe Abortions, Reproductive Tract Infections (RTI's); Infertility, Female Genital Mutilation	3	
	4.3	RCH Programmes Phase I & Phase II; Govt. Initiatives to address Maternal and Child Health in India	4	

5	Reproductive Maternal New Born Child and Adolescent Health (RMNCH+A)			
	5.1	Reproductive Maternal New Born Child and Adolescent Health (RMNCH+A)	4	5
	5.2	Assessment and Levels Interventions for Reproductive Maternal New Born Child and Adolescent Health (RMNCH+A)	3	
	5.3	IEC in the context of (RMNCH+A): Role of NGOs in Education and People's Participation; exemplary models and best practices	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Black, R., Laxminarayan, R., Temmerman, M., & Walker, N. (2016). Disease Control Priorities: Reproductive, Maternal, New Born and Child Health (3rd ed.). Washington: World Bank Group.
2. Ramesh, B., Halli, S., Jayanna, K., & Mohan, H. (2018). Maternal, New Born and Child Health Programmes in India- A Programme Science Approach. New Delhi: Sage Publications.
3. Seetharaman, S. (2018). Dynamics of Population. New Delhi: Studera Press.
4. Sharma, R. (2007). Demography & Population Problems. New Delhi: Atlantic Publishers.
5. Srinivasan, K. (2018). Population Concerns in India. New Delhi: Sage Publications.
6. Weeks, J. (2016). Population: An introduction to Concepts and Issues (12th ed.). Linda Schrieber-Ganster.
7. World Health Organization. (2015). State of Inequality: Reproductive, Maternal, New Born and Child Health: Interactive Visualization of Health Data. Luxembourg.
8. UNFPA. (2018). The Power of Choice: Reproductive Rights and Demographic Transitions.
9. Sinha, V., & Zacharia, E. (2016). Elements of Demography (2nd ed.). New Delhi: Allied Publishers.
10. Goel, S. (2005). Population Policy and Family Welfare: Reproductive and Child Health Administration (RCH). New Delhi: Deep & Deep Publications.

Course Name	Clinical Assessment and Diagnosis of Psychiatric Disorders					
Type of Course	Elective					
Course Code						
Course Description	This advanced course equips social work professionals with proficiency in clinical assessment, diagnosis, and treatment modalities for mental health disorders across the lifespan. Furthermore, the course delves into Mental Health Policies, fostering a critical understanding of the frameworks guiding mental health practices and developing skills to advocate for effective policies.					
Credit	3					
Semester	III.					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		35	-	19	-	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Develop an in-depth understanding of psychiatry and clinical psychopathology	U, A, An
2	Demonstrate proficiency in clinical assessments and diagnosis in mental health settings	U, A, An, E,C
3	Demonstrate advanced comprehension of mental health disorders and their treatment across the lifespan	A
4	Analyze the multi-dimensional impact of mental health issues	An
5	Develop a critical understanding of Mental Health Policies	U, An , E
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	2	0	2	0	2	0	1	1
CO 2	3	3	2	3	0	3	0	3	2
CO 3	3	2	0	3	2	2	0	2	3
CO 4	3	3	2	3	2	3	0	3	3
CO 5	3	0	0	3	2	3	0	1	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	2	2	2	0	0	0
CO 2	3	2	3	0	0	2
CO 3	2	3	2	0	1	0
CO 4	3	3	3	2	3	0
CO 5	1	0	3	3	2	1

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1- Overview of Psychiatry and Clinical Psychopathology			
	1.1	Psychiatry - Definition, History and Growth of Psychiatry, Traditional and Modern attitude towards psychiatric illness.	3	1,2
	1.2	Definition and Scope of Psychopathology. Disorders of perception, thought, speech, memory, emotion, consciousness & Motor disorders.	3	
	1.3	Assessment in psychiatry: Psychiatric interviewing - Content, types, techniques & skills; Case history recording and mental status examination; Psychosocial assessment. Diagnostic formulation. Classification and diagnostic systems in psychiatry,	6	
2	Module 2- Neurotic, Behavioural and Culture Bound Syndromes			
	2.1	Prevalence, etiology, clinical manifestation, different treatment modalities of: Neurotic, stress-related and somatoform disorders-Obsessive Compulsive Disorder, Panic Disorder, Anxiety Disorder, Dissociative Disorder, Somatoform Disorder. Psychiatric rating scales of stress, anxiety.	6	3,4
	2.2	Behavioural syndrome associated with physiological disturbances and factors- Eating Disorders, Sleep Disorders, Sexual Dysfunctions	3	
	2.3	Social - Cultural factors in psychiatric disorders with special reference to India. Transcultural psychiatry - culture bound syndromes.	3	
3	Module 3- Organic, Personality and Childhood Disorders			
	3.1	Prevalence, etiology, clinical manifestation, course and outcome and different treatment modalities of: Organic Disorders – Dementia, Delirium, Epilepsy, Alcohol and Substance Abuse.	4	3,4
	3.2	Personality Disorders: Paranoid, Dissocial (Anti-social), Emotionally unstable (Impulsive Borderline) Histrionic, Anankastic, Anxious-avoidant, Dependent.	2	
	3.3	Childhood Disorders: Specific Learning Disability, Pervasive Developmental Disorder, Hyperkinetic Disorders, Conduct Disorder, Emotional Disorders, Mental retardation	4	
4	Module 4 - Schizophrenia & Mood Disorders			
	4.1	Prevalence, etiology, clinical manifestation, course and outcome and different treatment modalities of: Schizophrenia, schizotypal and delusional disorders Mood [affective] disorders – Mania & Depression Psychiatric rating scales of schizophrenia, mania, depression.	5	3,4
	4.2	Psychotic disorders due to general medical conditions	2	
	4.3	Substance-induced psychotic disorders	2	

Module 5- Mental Health Policies & Treatment Approaches				
5	5.1	Mental Health Policies and Programmes: National Mental Health Programme (NMHP – 1982)- Merits and demerits; National Mental Health Policy. Legislations related to Mental Health-Mental Health Act, 1987, Mental health care Act 2017. The RPWD Act, 2016	4	5
	5.2	Recommendations of WHO - World Health Report 2001. Practice of Right based approach. mental health advocacy	3	
	5.3	Perspectives on Prevention and promotion Interventions; Rehabilitation. Coping with mental illness and enhancing resilience.	4	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. American Psychological Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: APA.
2. Gelder, M., Mayou, Richard., Cowen, Philip. (2001). *Shorter Oxford Textbook of Psychiatry*. New Delhi: Oxford University Press
3. Hamilton, M. (1994). *Fish's Clinical Psychopathology*. Bombay: Varghese Publishing House.
4. Namboothiri, V.M.D. (2009). *Concise Textbook of Psychiatry*. Gurgaon: Elsevier Health Sciences.
5. Sadock, B., Kaplan, H. & Sadock, V. (2000). *Kaplan & Sadock's Comprehensive Textbook of Psychiatry*. Hagerstown: Lippincott Williams & Wilkins.
6. Sadock, B.J. (2007). *Synopsis of Psychiatry 10th Edition*. Delhi: Wolters Kluwer India Pvt Ltd
7. Vyas J.N., Ahuja, Niraj (1999). *Textbook of Postgraduate Psychiatry*. New Delhi: JAYPEE Brothers. Vol 1 & 2
8. WHO (2002). *ICD-10 Classification of Mental and Behavioral Disorders*. Geneva: WHO. (Also Available in www.who.int/entity/classifications/icd/en/bluebook.pdf)

Course Name	Social Work in The Field Of Health					
Type Of Course	Elective					
Course Code						
Course Description	The Social Work Professionals Will Gain A Foundational Understanding Of The Holistic Concept Of Health And Disease And Will Explore The Scope Of Social Work Practice In Health, Focusing On Interventions In Medical Social Work. This Course Will Equip Young Social Workers To Analyze And Uphold The Standards Of Social Work Practice In Health Settings, Preparing Them For Meaningful Contributions To The Field.					
Credit	3					
Semester	III.					Total Hours
Course Details	Learning Approach	Lecture 40	Tutorial -	Practical 4	Others 10	
						54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Describe the holistic concept of health	R, U, An
2	Explain and analyze various health challenges in India	U,An
3	Demonstrate ethical and effective social work practices within the medical setting.	A, An
4	Demonstrate the social work methods in health settings	A,An
5	Interpret the scope of medical social work across different settings	U,An
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	2	1	2	0	0	1
CO 2	3	2	0	3	2	3	0	0	1
CO 3	3	3	1	3	3	3	0	3	3
CO 4	3	3	0	3	3	3	0	3	3
CO 5	2	3	0	2	0	2	0	2	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	1	0	0	0	0	0
CO 2	1	1	0	3	3	0
CO 3	3	3	3	1	1	2
CO 4	3	3	3	2	1	2
CO 5	2	3	2	1	0	1

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Basic Concepts			
	1.1	Overview of Human Anatomy-major systems and functions. Concept of health; disease, disorders and syndromes. Dimensions of Health - Social, Physical, Emotional, Mental and Spiritual. Natural history of diseases, Ice-berg concept of disease.	4	1
	1.2	Psychosocial aspects related to various illness- The concept of patient as a person, Illness as a social problem and its effects on the individual, family and community. Hospitalization and its implications on patient and family.	3	
	1.3	An overview of the concepts: Curative Medicine, Preventive and Social Medicine (PSM), Health management, Family and Community Medicine. Alternative system of medicine in India -AYUSH Quality assurance in hospital: NABH, JCI and RCI	4	
2	Module 2- Health Challenges			
	2.1	Types of diseases: Communicable, Non-communicable, Nutrition deficiency diseases. Relationship between Nutrition, Health and Development; Problems of malnutrition in India - preventive and management measures.	4	2
	2.2	The specific health care problems: Disaster, Migration, marginalization and health, Violence, alcohol and drugs.	4	
	2.3	Persons with Disabilities: Types and Models of Disability, Welfare and benefits accrued to persons with disabilities	3	
3	Module 3- Medical Social Work - Intervention and specific Skills			
	3.1	Medical Social Work - Meaning, Definition, Historical Development, and Scope. Medical Social Work in India. Values and ethics in medical social work, Medico-legal issues, Patients' rights. Theories of health behaviour.	5	3
	3.2	Assessment: Bio-psychosocial Assessment and documentation, clinical reasoning and formulation. Care planning process: components of care plan.	4	
	3.3	Practice of: Grief Counselling, Genetic Counselling, Geriatric Counselling, Crisis intervention, Case management, Group Therapy Health Education: meaning, importance, principles and components of Health Education.	5	
	Module 4 - Social work methods in medical settings			
	4.1	Case work in medical Social Work Process, need for Recording.	2	4

4	4.2	Group work practice medical Social Work; Relevance of Treatment groups, task Groups, Support groups for patients and carers in Medical social work practice.	4	
	4.3	Clinical Research and applications in medical settings	3	
5	Module 5- Role and Functions of medical social work in various medical settings			
	5.1	Role of medical social worker- roles, functions and standards of social work in Health. Role of Social worker in prevention of disease and promotion of Health.	2	5
	5.2	Functions - treatment adherence interventions, patient and family education, advocacy, referrals, resource mobilization, discharge planning.	4	
	5.3	Social Work Practice in various medical settings: Hospitals, Emergency care, organ transplantation, Blood banks, Special clinics, community outreach services, palliative care, and rehabilitation.	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Cockerham William C (2000). *Medical Sociology*, Prentice Hall
2. Goel, S. L. (2004). *Health care policies and programmes: Health care system and management-2*, Deep & Deep Publications
3. Golstine Dora (1965), *Readings in the Theory and Practice of Medical Social Work*. University of Chicago Press.
4. Health Information in India, Central Bureau of Health Intelligence, Ministry of Health & Family Welfare, Govt. of India, New Delhi
5. M.C. Gupta & B.K. Mahajan (2003). *Textbook of Preventive and Social Medicine*, Jaypee Brothers
6. Madeley John (2002). *Food for All*. Books for Change
7. Park K. (2009). *Preventive and Social Medicine*, Banarsidas Bhanot Publishers
8. Pathak S.H. (1961). *Medical Social Work in India*, Delhi School of Social Work
9. Seth G.S. (1995). *Medical Social Work*, Medical College, Mumbai
10. Sivan Sadhana (1997). *Preventive and Social Medicine*. All India Publishing & Distributors, Chennai.
11. Yash Pal Bedi, (1980). *Social and Preventive Medicine*, Athma Ram & Sons

Course Name	Health Care Administration and Community Health					
Type of Course	Elective					
Course Code						
Course Description	This comprehensive course provides social work trainees with a thorough understanding of health, covering diverse aspects of community health, healthcare systems, and equips with the necessary skills for social work interventions in the community health sector. The learners gain insights into national and international health policies and programs, including the management and planning processes.					
Credit	3					
Semester	III.					Total Hours
Course Details	Learning Approach	Lecture 40	Tutorial -	Practical 4	Others 10	
						54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Describe the concepts of health and community health	R,U
2	Develop a critical perspective of health care system in the country	U,An,E
3	Analyze national and international plans/policies in health and implications for social work practice	A,An, E
4	Develop an understanding of healthcare planning and management	U,An,C
5	Demonstrate a comprehensive understanding of social work interventions in the community health sector	U,A
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	2	1	1	0	2	1
CO 2	3	2	0	3	3	3	0	2	1
CO 3	3	3	0	3	2	3	1	2	1
CO 4	3	2	2	2	3	3	2	3	2
CO 5	2	3	2	3	2	3	1	3	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	0	1	0	0	0	0
CO 2	0	1	1	0	0	0
CO 3	1	2	2	2	0	0
CO 4	0	2	2	2	1	2
CO 5	0	3	3	2	1	2

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1- Health and Community Health			
	1.1	Definition of health, Indicators of health. Basics of Epidemiology - Meaning and scope of epidemiology: Determinants of health; Models of health and diseases.	3	1
	1.2	Concept and various dimensions of: Public Health, Global health, environmental health, nutritional health, occupational health, maternal and child health. Health in developed and developing countries	4	
	1.3	Community Health-Definition and Scope. Special aspects of community health-Alcoholism and Drug Dependence –Agent factors, prevention, treatment and Rehabilitation.	3	
2	Module 2- Health care system and health problems in India			
	2.1	Health care systems: Organization of the various health care system- Private Health system, Indigenous system, Voluntary health system, Problems of health care system	3	2
	2.2	Important health problems in India	2	
	2.3	Health Economics - Basics of health economics, Demand/Supply of Medical Care	3	
3	Module 3- Health Policies and Programmes			
	3.1	Policies -National Health Policy, Population Policy, Health for all. Population Dynamics in India and Kerala. Central & State Government Policy implementation of Health insurance.	3	3
	3.2	Health programmes in India : Family welfare; Maternal & Child Health, ICDS; School Health Programmes, National Health Mission (NHM), UIP NEMP; NLEP; NTP; AIDS Control programme , National Programme for control of blindness, National Vector Borne Diseases Control Program, Prevention and Control of Non-Communicable Diseases Program, National Cancer Control Program, Welfare measures for the physically challenged. International Health organizations (WHO, UNCEF, Red Cross)	6	
	3.3	State health programmes for - weaker sections, physically challenged and developmentally challenged	2	
4	Module 4- Health Planning and Management			
	4.1	Concept of Health Planning & Planning Cycle. Health Planning in India and Five-Year plans	3	4
	4.2	Healthcare planning process: Information Gathering, Analysis of Health Situation, Establishment of Objectives and Goals, Assessment of Resources, Fixing Priorities, Write-up of Formulated Plan, Programming and Implementation, Monitoring, Evaluation	6	
	4.3	Management techniques and methods	4	

5	Module 5- Health Care Administration and Social Work Interventions in Community Health			
	5.1	Concept of Health Care and levels of Health care. Health care administration- Principles of health care Administration. Health Care System in India-Central, State and District level. National Rural Health Mission	4	5
	5.2	Health care services in India: Primary, Secondary and Tertiary Primary Health care in India- sub center, primary health center, community health center. Roles and functions of health personnel in this level including ASHA workers.	3	
	5.3	Need for social work Intervention in Community health practice. Preventive and promotive programmes. Health education in schools/families/communities. Role of social worker in community health care services.	5	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Basavanthappa.B.T. (1998). Community Health Nursing, Jaypee Brothers
2. Dawra,S.(2002). Hospital Administration and Management. New Delhi: Mohit Publications
3. Goel, S.L.(2004).Health Care Management & Administration. New Delhi: Deep & Deep Publications Pvt. Ltd.
4. Goel, S.L.,Kumar,R.(2007). Hospital Administration and Management- Theory and Practice. New Delhi: Deep & Deep Publications Pvt. Ltd.
5. Hellberg J.H. (1971).Community health, Co-ordinating Agency for Health Planning
6. Park K, (1997).Preventive and Social Medicine,Jabalpur:BanarsidasBhanot Publishers
7. Rajneesh, Goel. (2002).Community health care, Deep & Deep Publications
8. Sundar, Kasturi. (1997). Introduction to Community Health Nursing: with Special Reference to India, B.I.Publications
9. Tabish, S.A.(2001). Hospital & Health Services Administration. New Delhi: Oxford University Press.

SEMESTER - 4

Sl. No	Course Code	Course Title	Type of the Course	Hours per week	Credits
1.	24P4SWC01	Social Legislation and Human	Core	3	3
2.	24P4SWC02	Gerontological Social Work	Core	3	3
3.	24P4SWC03	Field Practicum 4	Core	12	6
4.	24P4SWC04	Dissertation	Core	3	3
5.	24P4SWC05	Internship (After the completion of fourth semester examination)	Core	10	5
Specialization Courses					
Group 1: Community Development (CD)					
6.	24P4SWE01	Human Resource Management for Development Practice	Elective	3	3
7.	24P4SWE02	Economic Development: Theory and Practice	Elective	3	3
Group 2: Family and Child Welfare (FCW)					
8.	24P4SWE03	Therapeutic Interventions in the field of Family and Child Welfare	Elective	3	3
9.	24P4SWE04	Social Work in Education	Elective	3	3
Group 3: Medical and Psychiatric Social Work (MPSW)					
10.	24P4SWE05	Social Work Interventions in the field of mental health	Elective	3	3
11.	24P4SWE06	School Mental Health and Social Work Practice	Elective	3	3
	24P4SWV01	Comprehensive Viva Voce			1
		Semester III Total			27

Course Name	Social Legislation and Human Rights					
Type of Course	Core					
Course Code						
Course Description	This course explores the merging of legal frameworks and human rights concepts, scrutinizing the influence of laws on social justice, equality, and the safeguarding of human rights. It encompasses important laws, real-life examples, and global agreements, promoting comprehension of legal representation and the creation of policies.					
Credit	4					
Semester	4	Credits			4	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		45		9		54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Understand the Indian Legal System and its functioning	U
2	Understand and appreciate the Indian Constitution with particular emphasis on the Fundamental Rights and Directive Principles	U
3	Understand the social legislation and explain relevant laws for underprivileged groups such as families, women, children, and others.	U
4	Understand the concept of social policy and demonstrate skills in social policy analysis.	A, AN
5	Demonstrate skills in using legal procedures to defend human rights of various marginalized groups	A,E
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	3	0	0	0	0	0	0	0
CO 2	3	3	0	0	0	0	0	0	0
CO 3	3	3	0	0	0	0	0	0	0
CO 4	0	0	0	3	3	0	3	3	0
CO 5	0	0	0	0	0	3	3	0	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	2	2	1	1	2
CO 2	3	3	2	1	0	2
CO 3	3	3	2	2	0	2
CO 4	2	2	2	2	2	2
CO 5	3	3	3	2	2	3

COURSE CONTENT

Module	Units	CourseContent	Hrs.	CO Mapped
1	Module1 Indian Constitution and Social Legislation			
	1.1	Legislation –concept and definitions; meaning and scope; kinds of law, Indian legal system, legislation as a judicial branch of Government, sources of law, law-making body, process of legislation; and Judicial review.	4	1
	1.2	Social Legislation- Concept, objectives, Social Legislation and Social policy, Social Change, Social control and social justice.	3	
	1.3	Indian constitution and Social Legislation-fundamental rights and duties, writs, DPSP.Social legislation and Social work, Role of social worker in legal assistance	3	
2	Module 2 Impact on social justice and human rights			
	2.1	Marriage, Divorce, widow remarriage, introduction to succession and laws of inheritance, women’s property rights, and maintenance.Women’s Commission, Jagratha Samithy, DV Act, Family court structure and functioning	3	2
	2.2	Laws relating to Child welfare and protection: JJ Act, POCSO Act, laws relating to child marriage, child labour, trafficking etc, Guardianship, Commission for Child Rights. Childline; Government and Non-Governmental organizations handle legislation related to children (Children’s homes, Childline etc.).	4	
	2.3	Protection of civil rights, prohibition of atrocities, Immoral traffic prevention, sexual offences, indecent representation of women, trafficking of women, Persons with Disability, protection of Elderly, constitutional provisions to SC/ST.Laws relating to Health: Mental Health Act, MTP, Medical Negligence, food adulteration.	2	
3	Module 3 Tools and systems for social defence			
	3.1	Social Defence-definitions and objectives, IPC, CrPC, Role of court, Judiciary.	4	3
	3.2	Police and prisons, Rights related to arrest, detention and imprisonment.	4	
	3.3	Probation and parole, need for rehabilitation of ex-convicts	2	
4	Module 4 Importance of Social Policy, Policies Levels & Social Security			
	4.1	Social Policy-concept: need and importance.	6	4
	4.2	Familiarise policies at local, national and global levels in the fields of education, health, child welfare and environmental sustainability	3	
	4.3	Meaning of Social Security, need importance and types- Social Insurance and Social Assistance.	4	

Module 5 Social Security and Legislation				
5	5.1	Meaning of Social Security, need importance and types- Social Insurance and Social Assistance.ESI Act, Workmen's Compensation Act, Maternity Benefit Act, Minimum Wages Act – MGNREGA.Laws relating to consumer protection, environment protection land reforms.Corruption: RTI as a tool	4	5
	5.2	Lok Adalat, Public Interest Litigation- meaning, conditions, process.Human Rights, UNDHR, National and State Human Rights Commission	4	
	5.3	Application of Social Legislation in Social Work, Role of Social Worker about Social Legislation and Human Right issues.	5	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Ahuja Sangeeta, (1997). *People law and Justice: A Case Book of Public-Interest Litigation*. Orient Longman Vol.1.
2. Barusch, A. (2006). *Foundations of social policy: Social justice in human perspective* (2nded.). Belmont, CA: Thomson Brooks/Cole.
3. Flynn, J. P. (1992) *Social Agency Policy: Analysis and Perspectives for Community Practice*. Chicago: Nelson Hall publishers
4. Jansson, B.S. (2008) *Becoming an Effective Policy Advocate: From Policy Practice to Social Justice* (5th ed.): California : Wadsworth Publishing Company, Belmont Diwan Paras; Peeyushi
5. Diwan (1996). *Family Law (Hindus, Muslims, Christians, Parsis and Jews)*. Allahabad Law Agency
6. Matha P.D., (1986). *Family Courts*, New Delhi: Indian Social Insti.
7. Smith N.J., (1972). *Brief Guide to Social Legislation*, London: Methuen & Co.Ltd
8. Sugathan N (1983). *Kerala Land Reforms Act*, Cochin: Kerala Law Publi.
9. Tandon Mahesh Prasad; Tandon Rajesh (1973). *Questions and Answers on the Code of Criminal Procedure*, Allahabad Law Agency, Allahabad, Bare Acts of Respective Legislations.
10. The Constitution of India, Ministry of Law and Justice, Government of India.
11. Alcock, P; May, M; Lingson, R.K (eds.)(1998) *The Student's Companion to Social Policy*, MA: Blackwell.
12. Gangrade K.D. (1978). *Social Legislation in India*, Delhi: Concept Pub., Vol. I & II.

Course Name	Gerontological Social Work					
Type of Course	Core					
Course Code						
Course Description	This course aims to enhance students' knowledge of gerontological social work while assessing their research skills in the context of aging populations. The course will cover theoretical foundations, practical skills, and research methods pertinent to gerontology.					
Credit	3					
Semester	4	Credits			4	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		40		14		54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Understand the concept of gerontology and approaches to ageing	A
2	Analyse the process and issues of ageing	An
3	Analyse policies and programmes for elderly in India.	An
4	Demonstrate skills in working with elderly	A
5	Demonstrate and Analyse proficient in gerontological social work interventions and analyzing elder services	A & An
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	3	2	2	2	3	0	2	3
CO 2	3	3	2	2	2	3	0	2	3
CO 3	3	3	2	2	2	3	0	2	3
CO 4	3	3	0	3	2	3	3	2	3
CO 5	3	3	2	2	2	3	3	2	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	3	3	2	2	2
CO 2	3	3	3	1	3	2
CO 3	3	3	3	3	3	2
CO 4	3	3	3	3	3	3
CO 5	3	3	3	3	3	3

COURSE CONTENT

Module	Units	Course description	Hrs.	CO Mapped
1	Module1			
	1.1	Definitions and Key Concepts- Gerontology, Ageism, Geriatric care, Gerontological social work, Healthy aging, Concept of healthy age, Components of healthy aging and Core principles of healthy aging	4	1
	1.2	Myths, Assumptions, and Attitudes about Aging, Global and Indian perspectives on aging, Vulnerability in the Older Adult	3	
	1.3	Theories of Aging and Approaches- modernization theory, disengagement theory and activity theory. Approaches: Psycho-dynamic, ecological and lifespan.	4	
2	Module 2			
	2.1	Process of Ageing: Causes and Consequences, Nature of Degeneration: Diabetes; Cardiovascular Disease. Disability-related issues: Ophthalmologic, Hearing Impairment, Dental problems, difficulties in Speech and Orthopedic problems like Arthritis and Osteoporosis.	4	2
	2.2	Terminal Illnesses; Psycho-neurological issues like Depression, Anxiety, Dementia, Parkinson’s Disease, Alzheimer’s Disease.	5	
	2.3	Importance of promoting healthy methods of handling changes in physical and mental abilities in the natural process of Ageing.	2	
3	Module 3			
	3.1	International policies and provisions: UN Principles for Older Persons (1991), Proclamation on Ageing and the Global Targets for Ageing (2001) and the Universal Declaration of Human Rights (UDHR, 1948), WHO active aging policy framework.	6	3
	3.2	Constitutional provisions and policies in India: National Policy on Older Persons (1999). Older Persons (Maintenance, Care & Protection) Bill, 2005; The Maintenance and Welfare of Parents and Senior Citizens Bill, 2007	3	
	3.3	Programmes for the Older Adults over the Five Year Plans: Welfare Schemes; Shelter and Housing; Health and Disability; Health Insurance. Pension and Retirement; Issues in access to these programmes and denial of Rights.	3	
4	Module 4:			
	4.1	Defining role and functions. Social work practice with elderly - care and rehabilitation of elderly in developed countries. Formal and informal care.	2	4
	4.2	Work on psychological aspects (work-related, self-esteem and mental health), social and cultural aspects (social roles and support, family relationships leisure, handling technology), and Assessing mental and	4	

		physical capacity.		
	4.3	Work on economic security (dependency, housing, retirement and reduction in income, unorganised sector). Work on legal and advocacy issues (legal problems, wills).	3	
5	Module 5			
	5.1	Definition and Scope of Gerontological Social Work- Understanding the unique needs and challenges of older adults. Defining the scope and objectives of gerontological social work. Exploring the historical and theoretical foundations of gerontological social work.	4	5
	5.2	Gerontological Social Work Process - Conducting psychosocial assessments of older adults and their families. Implementing interventions tailored to the needs of older adults and their families. Advocacy and empowerment-oriented social work programs for older adults.	4	
	5.3	Interdisciplinary Team Practices in Elderly Care- Collaborating with interdisciplinary teams in providing comprehensive care for older adults. Understanding the role and skills of social workers in interdisciplinary settings. Enhancing communication and coordination within interdisciplinary teams.	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight Internal Exam 2 - 4,5 modules with CO – 4,5 – 2 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Akundy Anand (2004): Anthropology Of Aging : Contexts, Culture And Implications. New Delhi: Serials Publications.
2. Cowgill, D., and Lowell, D. (1972). Aging and modernization. New York: Appleton-Century-Crofts.
3. Cumming, E., and William, H. (1961). Growing old: The process of disengagement. NY: Basic Books.
4. Desai, M. & Raju, S. (2000). Gerontological Social Work in India: Some Issues & Perspectives. New Delhi: B.R. Pub. Corp. India.
5. Ramamurti P V & Jamuna D (2004). : Handbook Of Indian Gerontology.. New Delhi: Serials Publications.
6. Turner, F. (1992). Mental Health and the Elderly: a Social Work Perspective. New York Toronto New York: Free Press Maxwell Macmillan Canada Maxwell Macmillan International.
7. World Health Organization. (2002). Active Ageing: A Policy Framework. Second United Nations World Assembly on Ageing, Madrid, Spain.

Course Name	Field Work Practicum 4					
Type of Course	Core					
Course Code						
Course Description	Gain in-depth knowledge of the specialization area by working with an agency in the respective area. Practice adaptively all the methods of social work (both primary and secondary)					
Credit	6					
Semester	4	Credits				Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		-	-	216	-	216

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Analyze the policies, laws and government programmes applicable to the client systems of the agency	An
2	Demonstrate the ability in assessing, intervening and working with elderly	U, E
3	Analyze the approaches and intervention strategies employed by the agency/setting	A
4	Demonstrate interventions based on the setting/agency	A, An
5	Demonstrate the role of professional social worker in the assigned setting/agency	A, C
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	1	0	1	0	2	0	0	0
CO 2	3	3	1	1	1	3	0	2	2
CO 3	3	1	0	2	0	3	0	0	0
CO 4	3	3	3	3	2	3	1	3	1
CO 5	3	3	3	3	2	3	1	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	1	2	3	3	3	1
CO 2	1	3	3	2	2	3
CO 3	3	3	3	2	2	3
CO 4	3	3	3	2	2	3
CO 5	3	3	3	2	2	3

COURSE REQUIREMENTS

Each Student shall complete the following field practicum requirements in the first semester

No	Activity	Minimum Requirement	Credits
1	Concurrent/Block field practicum for 30 days	30 Days – 216 Hours	6
	Total	216 Hours	6

Field Practicum Evaluation**Elective (Specialization)--Community Development (CD)**

The evaluation of the field work will be based on overall performance of the student in all the practicum requirements.

Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2.	Field work Presentation & Viva	2
3.	Evaluation by faculty supervisor based on performance of the student in the field work: - Understanding of concepts and quality of field work reports - Application of theory in to practice Completion of requirements: (Evaluation of a project (1), (Preparation of a project (1), community intervention with the participation of the people (1), completion of 216 hours in the community/agency based field work) and participation in individual conference	2 5

Elective (Specialization)—Family and Child Welfare (FCW)

Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Field work Presentation & viva	2
3	Evaluation by faculty supervisor based on performance of the student in the field work: - Understanding of concepts and quality of field work reports - Application of theory into practice Completion of requirements: (intervention: Individual (4), group (1), completion of 216 hours in the community/agency based field work) and participation in individual conference	2 5

Elective (Specialization)—Medical and Psychiatric Social Work

Sl.No.	Parameters	Weightage
1	Evaluation by agency supervisor	1
2	Field work Presentation	2
3	Evaluation by faculty supervisor based on performance of the student in the field work: • Understanding of concepts and quality of field work reports • Application of theory in to practice Completion of requirements: (intervention: Individual (4), group (1), completion of 216 hours in the agency based field work) and participation in individual conference	2 5

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	Total 30 Weight (viva-voce) 6 Weight each from 5 CO

Course Name	Dissertation					
Type of Course	Core					
Course Code						
Course Description	The purpose of this course/dissertation/project is to help the candidate get an understanding about the steps in social work research and the application of the theory of research methodology in a systematic manner. It shall be carried out under the guidance of a faculty supervisor. Dissertation/Project work shall be completed by working outside the regular teaching hours.					
Credit	3					
Semester	IV					
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	Total Hours
		-	-	20	34	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Create research proposals for funding requirements	C
2	Demonstrate skill in carrying out independent researches	C
3	Analyze empirical data using SPSS	An
4	Demonstrate skill in academic writing and publishing articles	C
5	Utilize research knowledge to contribute to the knowledge base of the profession	A, An, E, C
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO1	3	3	2	3	2	3	3	0	3
CO 2	3	3	3	3	2	3	0	3	3
CO 3	2	1	3	0	0	1	1	1	2
CO 4	3	3	2	3	1	2	0	1	3
CO 5	3	3	2	3	3	3	2	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	1	1	3	3	3	0
CO 2	3	2	3	3	3	3
CO 3	2	0	3	1	3	0
CO 4	3	2	2	3	3	0
CO 5	3	3	2	3	3	0

Teaching and Learning Approach	Supervisory learning																							
Assessment Types	Internal Evaluation																							
	<table><tr><th>Components</th><th>Weights</th></tr><tr><td>Relevance of the Topic/Area selected</td><td>2</td></tr><tr><td>Synopsis presentation / Experimentation/data collection</td><td>4</td></tr><tr><td>Punctuality</td><td>2</td></tr><tr><td>Compilation/interpretation and analysis of data</td><td>4</td></tr><tr><td>Presentation of the Findings</td><td>4</td></tr><tr><td>Content/ Project Report</td><td>4</td></tr><tr><td>Total</td><td>20</td></tr></table>	Components	Weights	Relevance of the Topic/Area selected	2	Synopsis presentation / Experimentation/data collection	4	Punctuality	2	Compilation/interpretation and analysis of data	4	Presentation of the Findings	4	Content/ Project Report	4	Total	20							
	Components	Weights																						
	Relevance of the Topic/Area selected	2																						
	Synopsis presentation / Experimentation/data collection	4																						
	Punctuality	2																						
	Compilation/interpretation and analysis of data	4																						
	Presentation of the Findings	4																						
	Content/ Project Report	4																						
	Total	20																						
	External Evaluation of Dissertation																							
	The external evaluation has 30 weights including evaluation of the dissertation and defense viva voce. Evaluation of the dissertation carries 22.5 weights and the viva voce has 7.5 weights.																							
	Project/Dissertation Evaluation & Viva Voce																							
<table><tr><th>Sl. No</th><th>Criteria</th><th>Weights</th></tr><tr><td>1</td><td>Relevance of the Topic</td><td>3</td></tr><tr><td>2.</td><td>Review of Literature</td><td>3</td></tr><tr><td>3.</td><td>Research Methodology</td><td>6</td></tr><tr><td>4.</td><td>Analysis and interpretation</td><td>7.5</td></tr><tr><td>5.</td><td>Implications for social work practice</td><td>3</td></tr><tr><td>6.</td><td>Defense Viva Voce</td><td>7.5</td></tr><tr><td></td><td>Total</td><td>30</td></tr></table>	Sl. No	Criteria	Weights	1	Relevance of the Topic	3	2.	Review of Literature	3	3.	Research Methodology	6	4.	Analysis and interpretation	7.5	5.	Implications for social work practice	3	6.	Defense Viva Voce	7.5		Total	30
Sl. No	Criteria	Weights																						
1	Relevance of the Topic	3																						
2.	Review of Literature	3																						
3.	Research Methodology	6																						
4.	Analysis and interpretation	7.5																						
5.	Implications for social work practice	3																						
6.	Defense Viva Voce	7.5																						
	Total	30																						

Course Name	Internship block field placement					
Type of Course	Core					
Course Code						
Course Description	Final block placement is the culmination of practical training. It is meant to give them the opportunity to work as professional social worker, and student could also take up job in an organization.					
Credit	5					
Semester	1	Credits				Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		-	-	180	-	180

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Enable the trainee to work as a professional social worker	A
2	Apply professional competence in individual assignments and responsibilities taken up by the trainee	A
3	Demonstrate skills in integrated social work practice , where in the trainee is expected to practice adaptively all the methods and skills with the expected attitudinal disposition	A,An, &U
4	Build a social work career by taken up job in an organization	C
5	Develop professional skills required to work in specific areas of social work domain	C
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	3	1	2	2	2	1	3	3
CO 2	3	3	3	2	1	3	1	3	3
CO 3	3	3	3	2	3	3	3	3	3
CO 4	3	3	3	2	1	3	0	2	3
CO 5	3	3	2	2	3	3	1	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	2	3	2	2	3
CO 2	3	3	3	2	2	3
CO 3	2	3	3	3	3	3
CO 4	2	2	3	2	2	3
CO 5	2	2	3	2	2	3

COURSE REQUIREMENTS

Each Student shall complete the following field practicum requirements in the fourth semester last internship

No	Activity	Minimum Requirement	Credits
1	Block field placement	180 hours	5
	Total	180 Hours	

Field Practicum Evaluation

The evaluation of the field work will be based on overall performance of the student in all the practicum requirements.

Sl.No.	Parameters	Weightage
1.	Evaluation by Agency supervisor	1
2	Evaluation by faculty supervisor based on performance of the student in the field work: - Understanding of concepts and quality of field work reports - Application of theory into practice, and completion of 180 hours in the assigned setting	2 5.5

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight

Course Name	Human Resource Management For Development Practice					
Type of Course	Elective					
Course Code						
Course Description	Human Resource Management for Development Practice in Social Work explores the principles and strategies of managing personnel within social service organizations. Emphasizing the unique context of social work and community development, this course equips students with the skills to recruit, train, motivate, and retain staff effectively.					
Credit	3					
Semester	4	Credits			3	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		45		9		54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	An understanding of the strategic issues and organisational challenges in Human Resource Management	U
2	Relevant management competencies, leadership skills and analytical capabilities in HR management	A
3	Insight into the different strategies and approaches commonly adopted in Development Practice	U
4	An appreciation of the issues of managing changes in Human Resource Management.	U
5	Demonstrate proficiency in fostering positive employee relations through effective communication and conflict resolution strategies.	A
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	0	2	0	0	3	0	2	0
CO 2	0	3	0	0	3	0	2	3	0
CO 3	3	0	2	3	0	0	0	0	0
CO 4	0	0	3	3	0	0	3	0	2
CO 5	0	3	3	0	0	0	2	3	0

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	2	2	2	1	1	2
CO 2	2	3	3	2	2	3
CO 3	2	2	2	3	3	2
CO 4	2	3	3	2	2	3
CO 5	3	3	3	2	2	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module1 OVER VIEW OF HUMAN RESOURCE MANAGEMENT			
	1.1	Background and definition of Human resource management, Human Resource meaning.	4	1
	1.2	Objectives and Scope of HRM	3	
	1.3	Functions of HRM, HRM as a Profession. SHRM- Role of HR Mangers	3	
2	Module 2 STAFFING: WORK FORCE PLANNING AND EMPLOYMENT			
	2.1	Recruitment, selection process	3	2
	2.2	Building employee commitment: Promotion, Induction, job description, job analysis and talent management job specification, role analysis	4	
	2.3	Career planning and career development.	2	
3	Module 3 ORIENTATION & EMPLOYEE TRAINING			
	3.1	Significance of Employee training, Assessing Training needs.	4	3
	3.2	Scope of training, steps in training, Methods of training	4	
	3.3	Evaluation of a training program	2	
4	Module 4 COMPENSATION AND ADMINISTRATION			
	4.1	Types of compensation, Theories of compensation	6	4
	4.2	Factors determining pay rate, Current trends in compensation	3	
	4.3	Job evaluation, Incentives, Concepts of wages, Pay structure. Performance appraisal in practice, Managing promotions and transfers	4	
5	Module 5 EMPLOYEE RELATIONS AND ORGANIZATIONAL BEHAVIOR			
	5.1	Maintaining Positive Employee Relations, Managing Discipline, Grievances, and Stress. Employee Security and Managing Dismissals	4	5
	5.2	Labor Legislations and Occupational Health and Safety.	4	
	5.3	Introduction to Organizational Behavior and Diversity, Leadership Approaches, Organizational Culture and Leadership, Organizational Structure and Change	5	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Gary, D. (2005). A Frame Work for Human Resource management. New Delhi: Pearson Education Pvt. Ltd.
2. Northouse P.G (2013). Leadership- Theory and Practise Sixth Edition. New Delhi: Sage Publications India Pvt Ltd.
3. Pravin, D. (2010). Human Resource Management. Noida: Pearson India Education Services Pvt.Ltd.
4. Ratnam Venkata C S, Srivatava B K. (2011). Personal Management and Human Resources. New Delhi: Tata Mc Graw-Hill Education private Limited.
5. Robbins Stephen P., Judge Timothy A., Sanghi Seema. (2010). Essentials of Organizational Behaviour. Noida: Dorling Kindersley(India)Pvt.Ltd.

Course Name	Economic Development: Theory and Practice					
Type of Course	Elective					
Course Code						
Course Description	This course provides an in-depth exploration of economic development theories and their practical applications in real-world contexts. The course begins by examining classical and contemporary theories of economic development, including the role of institutions, markets, technology, and globalization. Students will analyze the historical evolution of economic development thought and its relevance to contemporary policy debates					
Credit	3					
Semester	4	Credits			4	Total Hours
Course Details	Learning Approach	Lecture 35	Tutorial 15	Practical	Others 4	
						54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Demonstrate critical perspectives on various dimensions of development	U
2	Apply appropriate strategies and models in the development practice	A
3	Demonstrate the knowledge on the concept of poverty and its manifestations, and propose sustainable models for the alleviation of poverty	U, An & A
4	Demonstrate skills to quantify the development outcomes for strategic development planning	A
5	Evolve new strategies and models for achieving sustainable development goals	An&C
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	0	0	0	0	1	0	0	0
CO 2	3	3	2	1	1	3	0	2	0
CO 3	3	3	1	3	3	3	3	0	2
CO 4	3	2	3	1	1	2	0	0	2
CO 5	3	3	3	3	3	3	3	0	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	2	1	3	2	2	0
CO 2	3	1	3	2	2	3
CO 3	3	2	3	3	3	3
CO 4	3	1	3	3	3	0
CO 5	3	2	3	3	3	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1 Introduction to economic growth and development			
	1.1	UNIT 1: Concepts of economic growth, economic development, new economic view of development: “Sen’s Capabilities”, development and happiness, core values of development, the 2030 Agenda for sustainable development	4	1,4,5
	1.2	UNIT 2: Features, determinants and dimensions of economic growth and development. Diverse structures and common characteristics of developing economies. Obstacles to growth and development and consequences of under development	4	
	1.3	UNIT 3: Indices of economic development: GNP/GDP, Per Capita Income, Physical Quality of Life Index, Human Development Index, Human Poverty Index, Multidimensional Poverty Index, Social progress Index, Happiness Index.	4	
2	Module 2 Theories, models and approaches to development			
	2.1	UNIT 4: Classical theory of economic growth and development (views of Adam Smith, Ricardo, Malthus). Karl Marx’s approach to capitalistic development & social change and Marxian model of development.	4	2
	2.2	UNIT 5: Schumpeter’s analysis and capitalist development, W.W. Rostow’s stages of economic growth (stage theory of development).	4	
	2.3	UNIT 6: Low level equilibrium trap, theory of big push	3	
3	Module 3 Poverty and inequality			
	3.1	UNIT 7: Concept of poverty, the vicious circle of poverty, causes of poverty, culture of poverty.	4	3
	3.2	UNIT 8: Poverty eradication measures in India and their efficiency. Meaning and features of economic planning. Types and objectives of economic planning. Features of planning in India and contemporary challenges.	4	
	3.3	UNIT 9: Inequality: measurement inequality (Gini coefficient). Determinants of inequality. Impact of inequality on economic growth and development, strategies to address inequality	3	
4	Module 4 Labour and Development			
	4.1	UNIT 10: Labour migration: trends, characteristics and determinants. The labour market in developing countries, issues of employment and wages in developing economies.	3	3
	4.2	UNIT 11: Informality as exclusion and choice, characteristics of informality, feminization and in formalization of labour.	3	
	4.3	UNIT 12: Education and human capital, education policies and challenges in skill development.	3	
	Module 5 Gender and development			

5	5.1	UNIT 13: Women in Development (WID), Women and Development (WAD), Gender and Development (GAD), Gender Development Index(GDI), Gender Empowerment Measure (GEM)	4	
	5.2	UNIT 14: Gender equality and gender mainstreaming; empowerment of women, principles and strategies for gender mainstreaming. Gender analysis: gender analysis frameworks (Harvard analytical framework, gender analysis matrix)	4	
	5.3	UNIT 15: Gender budgeting: definition and purpose, policy framework for gender budgeting (global, national, state levels).	3	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References

1. Jhingan, M. (2006). *The economics of development and planning*. New Delhi: Nisha enterprises. Santhakumar, V. (2013). *Economics in action: An easy guide for development practitioners*. New Delhi: Sage publications India Pvt Ltd.
2. Todaro & Smith, M. P. (2012). *Economic Development (10th edition)*. New Delhi: Dorling Kindersley (India) Pvt Ltd.
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Course Name	Therapeutic Interventions in the Field of Family and Child Welfare					
Type of Course	Elective					
Course Code						
Course Description	This comprehensive course is designed to equip social work professionals, counselors, and therapists with advanced knowledge and skills in working with families from both preventive and curative perspectives. Participants will gain expertise in various therapeutic models for family intervention and develop a nuanced understanding of cognitive-behavioral techniques specifically tailored for marital partners.					
Credits	3					
Semester	IV					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	54
		39	15	-	-	

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Demonstrate knowledge and skills in working with families – preventive and curative	<i>U, An, A</i>
2	Explain various therapeutic models for working with families	<i>U, An</i>
3	Illustrate knowledge and skills in cognitive behavioral techniques with marital partners	<i>A</i>
4	Apply skills in engaging children using therapeutic techniques	<i>A</i>
5	Utilize knowledge about management of autism spectrum disorders and child sexual abuse in various practice contexts	<i>A, An</i>
<i>*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)</i>		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	3	0	2	1	3	0	1	3
CO 2	3	3	0	2	1	3	0	1	3
CO 3	3	3	0	2	1	3	0	3	3
CO 4	3	3	0	3	1	1	0	3	3
CO5	2	2	0	1	1	2	0	2	2

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	3	3	2	3	3
CO 2	3	3	3	1	2	2
CO 3	3	3	3	1	3	1
CO 4	3	3	3	0	2	3
CO 5	3	3	3	1	3	2

COURSE CONTENT

Module	Units	Course description	Hrs.	CO Mapped
1	Psychosocial Interventions with families and Family Therapy			
	1.1	Family Counselling, Family Psycho-education, Crisis intervention in families, Ecological intervention, Behavioural family approach, Parenting skill training Preventive strategies: Communication training, Problem solving, Reducing conflicts	4	1
	1.2	Family Therapy: Aim and purpose, Goals of family Therapy; Indication and contra indications for family therapy. Treatment stages; Early, Middle and Later stage	3	
	1.3	Models of Family Therapy, Specific techniques in family therapy; Specific interventions for Domestic violence victims, alcoholism and addiction.	5	
2	Cognitive Behaviour Marital Therapy			
	2.1	CBMT: History, purposes, domains and scope; sexual dysfunctions and scope of sex therapy under CBMT	2	2
	2.2	Understanding of presenting problem, usual causes of marital distress – relationship issues; Development and maintenance of marital coalition; assessment of targeted problem; Problem areas, relationship history.	3	
	2.3	Treatment structure and interventions: Behavioural strategies, Cognitive strategies.	2	
3	Therapy with children			
	3.1	Behaviour Modification Techniques	2	3
	3.2	Cognitive Behaviour Therapy	15	
	3.3	Art Therapy, Play Therapy	3	
4	Understanding and Managing Autism Spectrum Disorders			
	4.1	Understanding Autism Spectrum Disorders, Diagnostic Guidelines	3	4
	4.2	Management of Autism: Applied Behaviour Analysis, Increasing prosocial behaviours, decreasing maladaptive behaviours, use of behaviour techniques,	3	
	4.3	Developmental individual-difference relationship-based model (DIR)/floor time therapy	2	
5	Understanding and Managing Child Sexual Abuse			
	5.1	Concept, victims, perpetrators, myths;	3	5
	5.2	Understanding signs of CSA, Legal obligations in the context of child abuse	2	
	5.3	Psychological interventions for victims of CSA; Preventing child sexual abuse	2	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Axline, V. M. (1969). Play therapy. New York, NY: Houghton
2. HYPERLINK "https://www.amazon.in/Judith-S.-Beck/e/B000APW256/ref=dp_byline_cont_book_1" Beck, Judith S. (2011) Cognitive Behavior Therapy, Basics and Beyond, Guilford Press
3. Marvin B Sussman., Steinmetz, Suzanne K., Peterson, Gary W. (Eds.)(2013). Handbook of Marriage and the Family. Springer, US
4. Matson, J. (2017). Handbook of treatments for autism spectrum disorder. Cham: Springer.
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6. Sanderson, C. (2013). Counselling skills for working with trauma : healing from child sexual abuse, sexual violence and domestic abuse. London Philadelphia: Jessica Kingsley Publishers.
7. WHO, (1991) Innovative Approaches in Mental Health Care, Psychosocial Interventions and Co-management, Geneva
8. Nichols Michael P (2009), Inside Family Therapy : A Case study in Family Healing. Newyork : Pearson Education.

Course Name	Social Work in Education					
Type of Course	Elective					
Course Code						
Course Description	This advanced course is tailored for social work professionals seeking comprehensive knowledge and skills to address the mental health and well-being of children within educational settings. Participants will gain a deep understanding of child mental health issues, the professional practice of social work in schools, and the development of competencies required to effectively contribute to educational environments. The course will also focus on imparting practical training in life skills education within schools and equip social workers with the ability to operate effectively at various levels and systems within the educational framework.					
Credit	3					
Semester	IV					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		36	-	18	-	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Illustrate knowledge about child mental health and issues of children	<i>U, An</i>
2	Demonstrate knowledge of professional practice of social work in schools	<i>U, A</i>
3	Apply skills to work in educational settings	<i>A, An, E, C</i>
4	Demonstrate skill in imparting life skills education to different target groups	<i>A, C</i>
5	Analyze and evaluate the multiple levels and systems in schools where social workers can effectively practice at these various levels and within these systems.	<i>U, A, An, E, C</i>
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	2	0	3	2	2	0	2	3
CO 2	3	3	2	3	3	3	0	3	3
CO 3	3	3	2	3	3	3	0	3	3
CO 4	3	3	3	2	2	3	3	3	3
CO5	3	3	2	3	3	3	0	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	2	3	2	3	3
CO 2	3	3	3	3	3	3
CO 3	2	3	3	3	3	3
CO 4	3	3	2	0	0	3
CO 5	3	3	3	3	3	3

COURSE CONTENT

Module	Units	Course description	Hrs.	CO Mapped
1	Child Mental Health			
	1.1	Concept and definition, dimensions and phases of Mental Health; School’s potential for promoting child mental health. School related factors impeding child mental health.	3	1
	1.2	Childhood Disorders, Learning disabilities, Speech and language disorders.	3	
	1.3	Overview of issues of children: Abuse of children in school (physical, emotional, sexual), substance abuse, Child labour, Cyber exploitation, child trafficking, Truancy, suicide, victims of family violence.	3	
2	Introduction to School Social Work			
	2.1	History, Meaning and importance of school social work: Concept, purpose and theories. Role of School Social Workers.	4	2
	2.2	Standards for professional practice of school social work; System Approach to School Social Work- School Social worker, management, teachers, parents, children and role of social worker as a liaison.	3	
	2.3	Child Rights Perspective: Survival, Development, Protection and participation; Inclusive education; Scope of Research in school social work.	3	
3	Social Work Practice in Educational Settings			
	3.1	Working with individual students and families, groups of students, consultation with teachers and other school staff, classroom and school-level interventions, coordination and collaboration with other serving agencies outside the school.	3	3
	3.2	School Social Work Interventions: Remedial Education, Supportive Counselling, Sex Education, Career Guidance. Working with special children: Social work practice with differently-abled children and special schools.	4	
	3.3	Therapy for social workers in schools: play therapy, art therapy, behavioral therapy, speech therapy.	4	
	Life Skills Education in Schools			
	4.1	Life Skills- Concept, need and importance of life skills and Life skills education in schools.	6	4

4	4.2	WHO Components of Life Skills: Critical thinking skills/Decision-making skills, Interpersonal/Communication skills, Coping and self-management skills	6	
	4.3	Core life skill strategies and techniques: problem solving, critical thinking, effective communication skills, decision-making, creative thinking, interpersonal relationship skills, self- awareness building skills, empathy, coping with stress and emotions.	6	
5	Governmental and NGO initiatives			
	5.1	School mental health programmes – Social Workers as the focal point on mental health promotion in schools; Government and NGO initiatives for promotion of mental health in schools in Kerala.	2	5
	5.2	School social work in India : Institutional mechanism for promoting mental health in schools; Best Practices and exemplary models	2	
	5.3	Scope of social work practice linked to ICDS – pre-school education and adolescent mental health.	2	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Allen- Meares, P. (2007). Social Work Services in Schools (5th Edition). Boston: Pearson
2. Constable R, McDonald S, Flynn J. (1999). School Social Work Practice, Policy, and Research Perspectives. (5th Edition). Chicago: Lyceum
3. Zastrow C. (1982). Introduction to Social Welfare Institutions –Social problem, services, and current issues. USA: The Dorsey Press
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5. Kathy Sexton Radek (2005), Violence in Schools: Issues, Consequences and Expressions, Raintree Publications
6. Jose Kuriyath (2011), Value Education: A text book for higher secondary and high schools, Karikkamuri: CMI General Department for Education,
7. Philip John (2006), School Mental Health through empowering the education sector, Ernakulam : Peejays Child Guidance Clinic,
8. Dobriyal, N.C (2009), Social Work Education, Sumit Enterprises
9. WHO (1997). Life Skills Education for Children and Adolescents in Schools. Geneva: WHO

Course Name	Social Work Interventions in The Field Of Mental Health					
Type of Course	Elective					
Course Code						
Course Description	This course equips young social work professionals with essential skills to implement psychosocial treatment methods for individuals with mental and emotional disorders. Participants will demonstrate their competence in social work practice within psychiatric settings, focusing on institutional approaches to mental health service provision. Additionally, trainees will gain expertise in community psychiatry and rehabilitation.					
Credit	3					
Semester	IV.					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		35		9	10	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Explain the concept and evolution of psychiatric social work	U, An
2	Analyze institutional approaches to the provision of mental health services	U,An
3	Apply psychosocial treatment methods for persons with mental and emotional disorders	A,An,C
4	Demonstrate advanced proficiency in psychiatric social work in real-world contexts	A
5	Demonstrate knowledge and skills in the practice of community psychiatry and rehabilitation	A,An
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	0	0	1	1	2	0	0	2
CO 2	2	3	0	3	2	3	1	2	3
CO 3	2	3	1	3	2	3	2	3	3
CO 4	2	3	1	3	3	3	2	3	3
CO 5	3	3	1	3	2	3	1	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	1	0	0	1	0	0
CO 2	3	2	3	2	2	3
CO 3	3	3	3	0	1	1
CO 4	3	3	3	1	2	1
CO 5	3	3	3	1	2	3

COURSE CONTENT

Module	Units	Course Content	Hrs.	CO Mapped
1	Module 1- Introduction to Psychiatric Social Work			
	1.1	Psychiatric Social Work- Concept, Definition, Meaning and Scope. Historical development of psychiatric social work in UK. USA and India.	3	1
	1.2	Changing perspective of Psychiatric Social Work – Recent advances in knowledge about the causation of mental illness and treatment.	3	
	1.3	Indian view of Mental Health and wellbeing. Problems and prospects of psychiatric social work in India	2	
2	Module 2- Psychiatric Social Work in Institutional Settings			
	2.1	The Mental Hospital as a social system, Evolution of Psychiatric Care – Psychiatric Hospitals, General Hospital Psychiatry, Day Care Centres and community-based care. Partial hospitalization, Therapeutic community.	4	2
	2.2	Multi-disciplinary team approach in the treatment of psychiatric illness. Application of Social Work Methods in Psychiatric Setting - Social Case Work & Group Work Practice. Family and mental illness: Family Interventions in Psychiatric Setting -Family Counselling, Family Psycho-education.	6	
	2.3	Roles and functions of Psychiatric Social Worker in the following: Psychiatric Out-Patient Departments in the Government General Hospitals, Day Hospitals, Child Guidance Clinics, Epilepsy Clinics, Adolescent Clinics, Neuroses Clinics, Geriatric Clinics. School, De-addiction, and counselling centres.	4	
3	Module 3- Therapeutic Approaches			
	3.1	Family Therapy - History, Concepts and Techniques - Different Models of Family Therapy - Family Therapy Research and Evaluation Sex Therapy: Individual and couple sex therapy, techniques, sex counseling, current approaches Therapy with children: Special Techniques (Behavioral and Play) for developmental internalizing and externalizing disorders, Behavior Modification Techniques	6	3
	3.2	Crisis Intervention: Definition of Crisis, phases of Crisis, Techniques, Stages of crisis, Applications. Supportive Psychotherapy: Definition, goal indications, techniques. Directive and non-directive psychotherapy, current forms of "e-" and tele-counseling. Brief Psychotherapy: Historical context, characteristics of brief psychotherapy, selection criteria, process issues, effectiveness	5	
	3.3	Cognitive Behaviour therapy: Techniques and uses of CBT Cognitive Analytical therapy.	6	
	Module 4- Psychiatric Social Work Interventions			

4	4.1	Overview of Psychiatric Social Work interventions in the areas of: Psychosocial Care in Disasters, Alcohol and Substance Abuse, Suicide	3	4
	4.2	Life Skills Education in psychiatric social work practice	2	
	4.3	Psychosocial interventions - preventive, promotive and curative and rehabilitative. Mental Health Promotion and Prevention	2	
5	Module 5- Rehabilitation & Community Mental Health			
	5.1	Psychiatric Rehabilitation -Meaning, Definition, Types. Psychosocial rehabilitation of Patients with Chronic Mental illness. Occupational therapy - Principles and practice.	3	5
	5.2	Community Psychiatry: Community Mental Health: Concept, Models of Community Mental Health, Role of the Psychiatric Social Worker in Community Mental Health Programmes- NMHP and DMHP	3	
	5.3	Limitations faced by the Psychiatric Social Worker in the field and solutions for the same.	2	

Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Daver, Bhargavi, (1999). *Mental Health of Indian Women*. New Delhi: Sage Publication
2. Daver, Bhargavi, (2001). *Mental Health from a Gender Perspective*. New Delhi: Sage Publications
3. Dhanda, Amita, (1999). *Legal Order and Mental Disorder*. New Delhi: Sage Publications
4. Kaplan, (2005). *Comprehensive Text Book of Psychotherapy*. USA
5. Kapur, Malavika, (1997). *Mental Health in Indian Schools*. New Delhi: Sage Publication
6. Verma, Ratna, (1991). *Psychiatric Social Work in India*, New Delhi: Sage Publications
7. World Health Organization, (1986) *Prevention of Mental, Neurological and Psychosocial problem*
8. WHO, (1991) *Innovative Approaches in Mental Health Care, Psychosocial Interventions and Co-management*, Geneva
9. Sekar, K., Parthasarathy, R., Muralidhar, D., Rao, M.C.(2007). *Handbook of Psychiatric Social Work(Ed)*. Bangalore: NIMHANS

Course Name	School Mental Health and Social Work Practice					
Type of Course	Elective					
Course Code						
Course Description	This advanced course is meticulously designed for social work professionals, offering a holistic understanding and expertise in promoting children's mental health and well-being in educational environments. The learners will attain profound knowledge of childhood mental health issues, intervention strategies, and life skills education while delving into best practices in school social work.					
Credit	3					
Semester	IV					Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	
		36	-	6	12	54

COURSE OUTCOMES (CO)

CO. No	Expected Course Outcome	Learning Level
1	Illustrate knowledge about child mental health and issues of children	U, An
2	Demonstrate knowledge of professional practice of social work in schools	U, A
3	Apply skills to work in educational settings	A, An, E, C
4	Demonstrate skill in imparting life skills education to different target groups	A, C
5	Analyze and evaluate the multiple levels and systems in schools where social workers can effectively practice at these various levels and within these systems.	U, A, An, E, C
*Remember (R), Understand (U), Apply (A), Analyze (An), Evaluate (E), Create (C)		

CO PO Matrix (0, 1, 2, 3)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9
CO 1	3	2	0	3	2	2	0	2	3
CO 2	3	3	2	3	3	3	0	3	3
CO 3	3	3	2	3	3	3	0	3	3
CO 4	3	3	3	2	2	3	3	3	3
CO5	3	3	2	3	3	3	0	3	3

CO PSO Matrix (0, 1, 2, 3)

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6
CO 1	3	2	3	2	3	3
CO 2	3	3	3	3	3	3
CO 3	2	3	3	3	3	3
CO 4	3	3	2	0	0	3
CO 5	3	3	3	3	3	3

COURSE CONTENT

Module	Units	Course description	Hrs.	CO Mapped
1	Module 1- Child Mental Health			
	1.1	Concept and definition, dimensions and phases of Mental Health; School’s potential for promoting child mental health. School related factors impeding child mental health.	3	1
	1.2	Childhood Disorders, Learning disabilities, Speech and language disorders.	3	
	1.3	Overview of issues of children: Abuse of children in school (physical, emotional, sexual), substance abuse, Child labour, Cyber exploitation, child trafficking, Truancy, suicide, victims of family violence.	3	
2	Module 2- Introduction to School Social Work			
	2.1	History, Meaning and importance of school social work: Concept, purpose, and theories. Role of School Social Workers.	4	2
	2.2	Standards for the professional practice of school social work; System Approach to School Social Work- School Social worker, management, teachers, parents, children and role of social worker as a liaison.	3	
	2.3	Child Rights Perspective: Survival, Development, Protection and participation; Inclusive education; Scope of Research in school social work.	3	
3	Module 3- Social Work Practice in Educational Settings			
	3.1	Working with individual students and families, groups of students, consultation with teachers and other school staff, classroom and school-level interventions, coordination and collaboration with other serving agencies outside the school.	3	3
	3.2	School Social Work Interventions: Remedial Education, Supportive Counselling, Sex Education, Career Guidance. Working with special children: Social work practice with	4	

		differently-abled children and special schools.		
	3.3	Therapy for social workers in schools: play therapy, art therapy, behavioral therapy, speech therapy.	4	
4	Module 4- Life Skills Education in Schools			
	4.1	Life Skills- Concept, need and importance of life skills and Life skills education in schools.	6	4
	4.2	WHO Components of Life Skills: Critical thinking skills/Decision-making skills, Interpersonal/Communication skills, Coping and self-management skills	6	
	4.3	Core life skill strategies and techniques: problem-solving, critical thinking, effective communication skills, decision-making, creative thinking, interpersonal relationship skills, self-awareness building skills, empathy, coping with stress and emotions.	6	
5	Module 5 -Governmental and NGO initiatives			
	5.1	School mental health programmes – Social Workers as the focal point on mental health promotion in schools; Government and NGO initiatives for promotion of mental health in schools in Kerala.	2	5
	5.2	School social work in India : Institutional mechanism for promoting mental health in schools; Best Practices and exemplary models	2	
	5.3	Scope of social work practice linked to ICDS – pre-school education and adolescent mental health.	2	

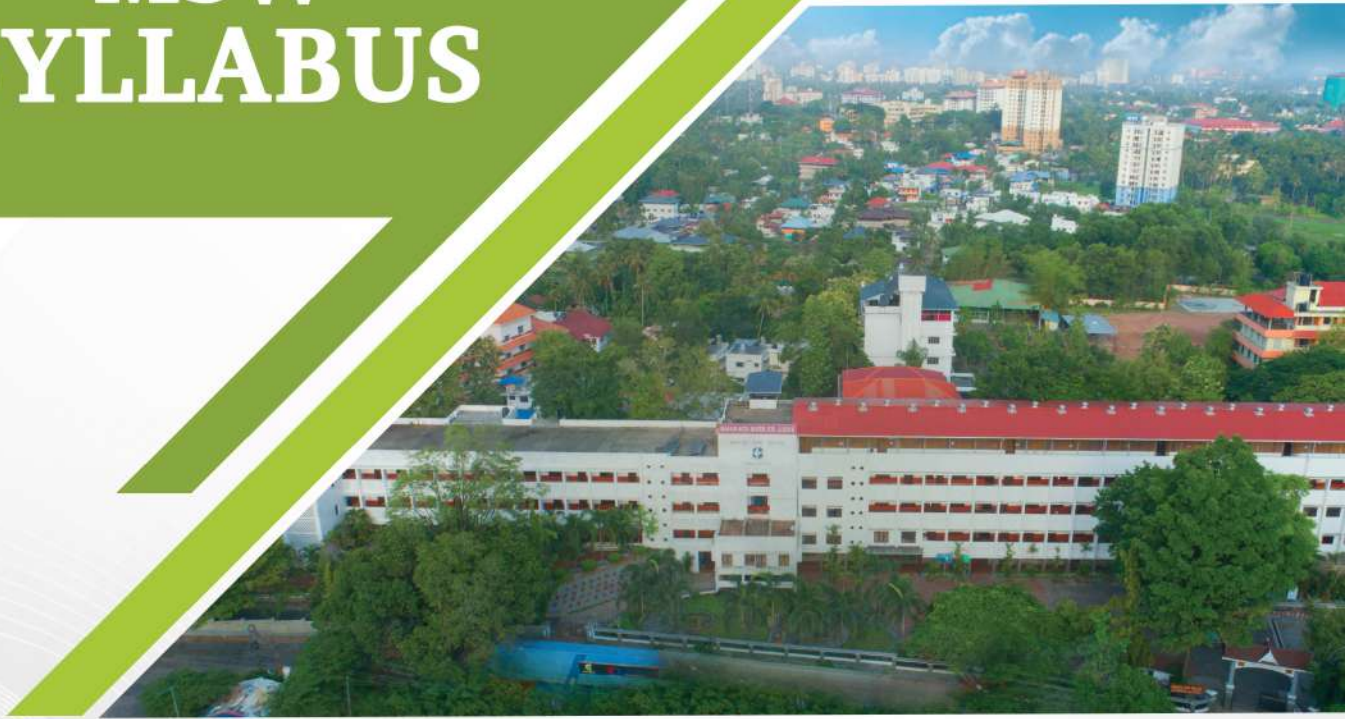
Teaching and Learning Approach	Classroom Sessions
Assessment Types	Continuous Comprehensive Assessment (CCA) 10 Weight
	End Semester Assessment (ESA) 30 Weight

References and Suggested Readings:

1. Allen- Meares, P. (2007). Social Work Services in Schools (5th Edition). Boston: Pearson
2. Constable R, McDonald S, Flynn J. (1999). School Social Work Practice, Policy, and Research Perspectives. (5th Edition). Chicago: Lyceum
3. Zastrow C. (1982). Introduction to Social Welfare Institutions –Social problem, services, and current issues. USA: The Dorsey Press
4. Kapur, Malavika (1997), Mental health in Indian schools, New Delhi: Sage Publications
5. Kathy Sexton Radek (2005), Violence in Schools: Issues, Consequences and Expressions, Raintree Publications
6. Jose Kuriedath (2011), Value Education: A text book for higher secondary and high schools, Karikkamuri: CMI General Department for Education,
7. Philip John (2006), School Mental Health through empowering the education sector, Ernakulam : Peejays Child Guidance Clinic,

8. Dobriyal, N.C (2009), Social Work Education, Sumit Enterprises
9. WHO (1997). Life Skills Education for Children and Adolescents in Schools. Geneva: WHO

MSW SYLLABUS



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