"THE COMMUNIQUE"

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BHARATA MATA SCHOOL OF SOCIAL WORK

THRIKKAKARA, KOCHI - 21

bmssw.in

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BMSSW KOCHI

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OUR MOTO

FOR GOD & COUNTRY

OUR VISION

Bharata Mata College envisages a centre of excellence by providing it's students a comprehensive education with special emphasis on responsible citizenship, secular outlook, moral values and abiding faith in God expressed in active concern for others.

OUR MISSION

The College strives to become a seminal centre for the promotion of all around development of the students of this region, especially the women students who are socially marginalised and those from a rural background who are economically disadvantaged

Fr.Dr. Abraham Oliapurath

Manager

Bharata Mata College, dedicated to 'God and Country', has a strong academic emphasis where students are encouraged to achieve their highest academic standards by participating in a person centered, holistic and secular education based on Christian ideals, that will equip them to serve society by making their contributions across the spiritual, academic, cultural, and sporting domains. Excellence, ethics and values are our guiding principles in achieving these goals par excellence through better teaching standards and discipline.

Our vision based on hard work, open communication, a strong emphasis on team work and a high level of responsibility, allows and encourages the students not only to confront the present day challenges but also to take up individual responsibilities to the society and the nation at large.The prospective plans of the College also include new state-of-the-art infrastructure and teaching facilities for strengthening the existing symbiotic links with the industry and the community.

Dr. Shiny Palatty
Principal

Our college places the highest value on comprehensive, professional, and socially-relevant education. We believe that every student is unique and special and we believe it is our responsibility as educators to nurture every learner, to prepare them for life. We strongly believe in the importance of teachers, parents, and administrators collaborating and communicating openly and collectively for the well being of the students. The curriculum emphasises on the acquisition of knowledge, understanding, critical thinking, and problem-solving abilities of the students attending the college in addition to acting as a crucible for their all round development.

Dr. Sheena Rajan Philip

Head, MSW

We Social worker's strive to enhance the social functioning of individuals, faamilies, groups, organizations and communities; to support the development of human capacities; to empower at-risk groups; and to promote social and economic justice. Bharata Mata School of Social Work draws passionate people from a mixture of backgrounds to do work that matters. Our faculty, our field work and our curriculum promotes critical thinking and reflective practice to integrate foundational coursework with applied courses in social work practice.

BHARATHION 2019: NATIONAL CONFERENCE ON GREEN SOCIAL WORK: EMERGING TRENDS & PROSPECTS

BHARATHION 2019, National conference on “GREEN SOCIAL WORK: EMERGING TRENDS AND PROSPECTS & BHARATHION SARGOTSAV” was conducted on 18th and 19th December 2019, organized and hosted by Bharata Mata School of Social Work, Thrikkakara sponsored by Indian Council of Social Science Research (ICSSR). The conference which was inaugurated by Additional Chief Judicial Magistrate Smt. Saleena V G Nair, witnessed 277 participants which encompass professional social workers, academicians, research scholars in social sciences, environmentalists, social activists, social scientists, CSR experts, eco-friendly habitat consultants, students of social sciences and social work. The conference witnessed panel discussions and paper presentations on various subthemes. Distinguished speakers for the panel discussions were Dr. J. Prasant Palakkappilly, Dr. Induchoodan IFS, Shri.C.R. Bijoy, Dr. Jyothi Krishnan, Dr. Victor Paul, Dr. Sekar, Dr. T.V. Sajeev, Dr. Chitra K. P, Dr. M.K. Joseph, Dr. George Pittappilil CMI, Shri. Jayagopal, Dr. G. Shailaja, Mr. Akhil Soman and Mr. Sanju Soman.

On behalf of Bharathion 2019, Natonal conference on Green Social work: Emerging Trends and Prospects, various competitions like Street Play (Nukkad Natak), Do It Yourself (DIY-Sarga), Photography (Ulkazhcha), Case analysis (Sameeksha), Ramp walk (Chela), Thudi Thalam, Fuel your adventure (Video Competition) and Nadanpattu were conducted as Bharathion Sargotsav.

JANUARY 02 & 03

FILM FESTIVAL

On 2, 3 January 2020 Bharata Mata College, Thrikkakara conducted "Sambhav" a unique travelling film festival on gender diversity organized by Men Against Violence & Abuse (MAVA) associated with PK Rosy Film Society, Women in cinema collective, Kochi. Opened up the stage for specially curated films include regional, national, international features and documentaries covering a range of gender and sexuality themes. The film festival was moderated by festival founder and director Harish Sadani. Twelve movies were exhibited in two days.

Workshop on

REFLECTIVE AND CRITICAL THINKING

JANUARY 10

A workshop titled as “Reflective and creative thinking” was organised for the social work trainees of Bharata Mata College, Thrikkakkara on 10th January 2020. The resource person Dr. Abraham Francis, Associate professor of James Cook University, Australia through his one day work shop had created awareness among the trainees about the importance of engaging in a reflective practice and critical thinking for both personal and professional decision making. The participants were able to learn about self reflection, reflection on others perspective etc. in improving professional practice.

Social Audit

FEBRUARY 05

The social work department of Bharata Mata College, Thrikkakkara had organised a session centering on the theme 'Social Audit' on 5th February 2020. The session dealt by Mr. Arun P A, social worker and former social auditor of Wayanad district was very helpful for the trainees in gaining an in-depth knowledge about the process of social audit, it's purpose, importance, and it’s impact on the beneficiaries and the organisations.

SEMINAR ON VIOLENCE AGAINST WOMEN AND THE LAWS RELATED

FEBRUARY 15

A one day seminar on violence against women and laws related to it was organized by Kerala state women and child department,Cultural academy for peace and Bharata Mata college on 15th February 2020 at seminar hall. The seminar was handled by eminent persons like Smt. N.Leelamani, Smt. Beena Sebastian. The session focused on advantages of domestic violence act, POSH act and other laws regarding women.

DEVELOPING CAMPAINGS

FEBRUARY 28

Bharata Mata School of Social Work had organised a workshop on “Developing campaigns; strategies and methods used” for II semester MSW trainees on 28th February 2020. The session was dealt by Mr. Bijulal Sasidharan, Creative Director, B2 Films. The session mainly focused on campaigns' which are used as one of the major strategy for developmental communication that make use of all types of communication methods including postures, audio visual communication mediums like Television, radio, social medias, awareness classes, street plays, etc. During the session, different campaigns done by both private and public sectors were also visualised inorder to attain a clear idea on campaigns. The session helped in accuring an in-depth knowledge about campaigns.

CSR WORKSHOP ON WHY, WHAT, AND HOW CSR?

MARCH 05

Bharata Mata School of Social Work and BeFORE had organised a workshop on Why, What, and How CSR? The gathering was welcomed and introduction was given by Shri. M.D Varghese, the (Rtd) head of CSR, Cochin shipyard Ltd. During his speech Dr. M. D Varghese mentioned about his meeting with Rev.Fr. Jacob.G. Palackkappilly, Manager Bharata Mata College and their discussion about the importance of CSR funds and its utilization. After the inauguration session PRO Joshy Mary Varghese handed over the wheelchair to Bishop Thomas Chakiath. Bishop Thomas chakiath distributed wheelchair to second year economics student of BMC. The wheelchair Sponsored by chittilappilly foundation.

CSR WORKSHOP ON
WHY, WHAT, AND HOW CSR?

The first session opened on the topic Responsible and Sustainable development through convergence at CSR resources. the session was chaired by shri. M.D. Varghese, head CSR(Rtd), cochin shipyard and Dr. Junaid Rahman, former DMO, Ernakulam: synergy of CSR resources in the public health domain, Shri George Thomas, general manager, BPCL: corporate and industry perspective and Vivek Krishna CA, Snr. Partner, Varma & Varma associates, Ernakulam.

The second panel discussion commenced on the theme INTEGRATED AND INCLUSIVE DEVELOPMENT THROUGH CSR — Experiences and Expectations of the Stakeholders which was chaired by Maj. Gen. Rtd, Vivekanandan President Sevabharati, Thrissur) and tailed by the speakers Smt. Uma Preman Founder Santhi Medical Information Centre), Dr. Jacob Samuel, (Director Programme ESAF) and Shri. Padmakumar (Former Managing Director, Federal Bank).

Seminar presentation started at 3.55pm. Presentation was done by P .G Prageesh, chief corporate communication, air India express. He congratulated BMSSW and BeFORE for the activities done so far. Project Proposal Presentation was one of the major highlights of the CSR Workshop where individuals came together to propose their ideas and to gain support from the corporates who were willing to accept projects which will help the community for better development

SOLIDARITY CONFERENCE

MARCH 08

As part of the International Women's Day 2020 a solidarity conference held at Kacherippady gandhibhavan under world march for peace and non-violence. The main theme was to celebrate and accept gender diversity and develop sensitivity to all gender. The programme was done in collaboration with Humanistic Movement. Social work trainees of Bharata Mata School of Social Work initiated a hand campaign, it was done by participating the gathered people. The hand campaign was inaugurated by Jecrute J moris. The hand print by handicapped persons and children increased the privilege of the campaign. The next session was followed by honouring eminent women who made a mark in their respective fields. They introduced organisations working with humanity, gift economy and non violence. The session wound up with a mega show named 'freedom on wheels' presented by differently abled persons.

Mathrubhumi
മാതൃഭൂമി

ബസിൽ കയറുമ്പോഴും കൈകൾ ശുചീകരിക്കാം

കാക്കനാട് ▸ സ്വകാര്യ ബസുകളിലും ഹാൻഡ് സാനിറ്റൈസർ ഉപയോഗിച്ച് കൈകൾ ശുദ്ധമാക്കാം. ബ്രേക്ക് ദി ചെയിൻ കാമ്പയിന്റെ ഭാഗമായി തൃക്കാക്കര തോട്ടത്ത് മാതാ കോളേജും പ്രൈവറ്റ് ബസ് ഓപ്പറേറ്റേഴ്സ് അസോസിയേഷനുമാണ് ബസുകളിൽ യാത്ര ചെയ്യുന്ന യാത്രക്കാർക്ക് സാനിറ്റൈസർ സൗകര്യം ക്രമീകരിച്ചത്.

ആദ്യഘട്ടത്തിൽ കാക്കനാട് മേഖലയിൽ സർവീസ് നടത്തുന്ന 20 ബസുകളിലാണ് സംവിധാനം ഒരുക്കിയിട്ടുള്ളത്. കോളേജ് മാനേജർ ഡോ. അബ്രാഹം ഒലിയപ്പുറത്ത്, പി.ബി.ഒ.എ. ഭാരവാഹികളായ ഇ.കെ. ഉമ്മർ, കെ.ബി. സുനീർ എന്നിവരും ഫാ. ബിനേറാ കിലുക്കൻ, ഡോ. ഷീന തുടങ്ങിയവരും പങ്കെടുത്തു.

സ്വകാര്യ ബസുകളിൽ വിദ്യാർഥികൾ ഹാൻഡ് സാനിറ്റൈസർ സൗകര്യം ഒരുക്കുന്നു

BREAK THE CHAIN

MARCH 19

As a part of 'BreakTheChain' campaign, on Thursday 19/03/2020 at 11am, the faculties and social work trainees of Bharata Mata School of Social Work (BMSSW) in association with Bharata Mata Extension for Organic and Research Environment (BeFORE), Kerala Association of Professional Social Work Ernakulam (KAPS), Private bus owner's association and Ayodhya sports centre took an initiative to install sanitizers in public buses. Also distributed mask among people who used public transport. The activities were done in both KSRTC and private buses in Kakkanad bus stand. Rev.Fr.Dr. Abraham Oliyapurath, Manager Bharata Mata college, Thrikkakara inaugurated the program. After the inauguration, social work trainees and faculty members placed the sanitizers in the buses and demonstrated how to wear a mask and apply sanitizer.

BMSSW KOCHI

MAY 22

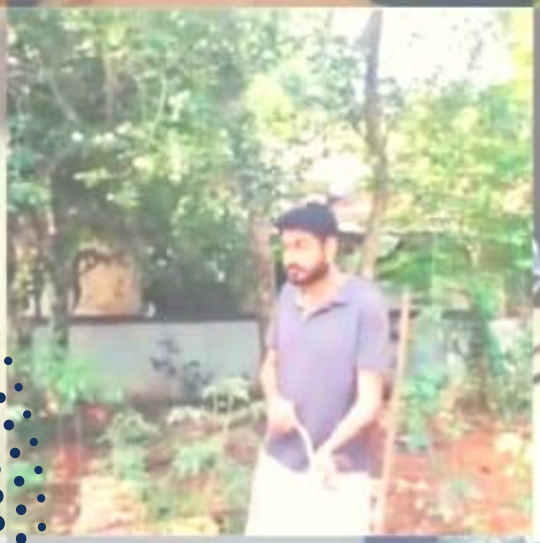
The official YouTube channel of Bharata Mata School of Social Work was launched on May 22nd 2020. The initial video uploaded was the highlights of “Bharathion-2019”. The channel was opened to provide a space for the social work trainees of BMSSW to promote their social and creative activities through virtual field. Thereby, Live Webinars, promotional videos, study materials, competitions, and special day videos were all uploaded through the Youtube channel

SEED BALL CHALLENGE

JUNE 05

The improper availability of food materials from other states was one of the major problems Keralites faced during the lockdown days. As to overcome this and to provide a helping hand to promote farming in our own limited land. Bharata Mata School of Social Work initiates the “Seed ball challenge” on the environment day, 2020. Social work trainees, Kudumbasree, and Youth were challenged at its first phase and the program was lead by Dr. Sheena Rajan Philip.

COVID-19 INITIATIVES



BMSSW

AWARENESS PROGRAM ON MASK WEARING AND MASK MAKING.

APRIL 19

Social work trainees of Bharata Mata School of Social Work in collaborating with KAPS, developed out a video focusing the importance of mask usage and the simple way to design a mask at home. This was done during the beginning of lockdown days as to create a general awareness among people to take the necessary action against Covid-19.

AWARENESS VIDEO ON PROVIDING FOOD TO STREET ANIMALS DURING LOCKDOWN DAYS

APRIL 24

As to alarm the importance of providing food to our street animals, during the lockdown days. Social work trainees of Bharata Mata School of Social Work created an awareness video in order make the public aware about providing a helping hand towards other creatures during the Covid-19 pandemic crisis.

TRIBUTE TO HEALTH WORKERS

JUNE 07

Health workers has a crucial part to play during this Covid-19 pandemic. They worked their maximum for the betterment of public. In order to appreciate their dedication and hardwork, the whole department of Social work including the faculty members, trainees and staffs. Created a saluting video to health workers by taking proper Covid protocols, staying at home, social distancing, engaging in creative activities and all. The video covering a total duration of 8 minutes, passing by the various activities and work done by the BMSSW Family.

INTERNATIONAL WEBINAR ON APPLICATION OF SOCIAL WORK METHODS ON PANDEMIC CRISIS

Bharathion international webinar series was conducted by Bharata Mata School of social work from 1st, 3rd, 5th and 8th June 2020, in association with the Catholic University of Eastern Africa and Association of school of social work in Kerala (ASSK). The key speakers of the series were Dr. Kathryn Conley Wehrmaan, Dr. Sharon Custer and Dr. Johnson Mavole on 01/06/020, Dr. Janet Parameshwara on 03/06/2020, Dr. Sakhi John on 05/06/2020 and Dr. Joseph M.K on 08/06/2020. The topic of the series was “Application of social work methods in micro, mezzo and macro level practice”, one by one on each day. Around 900 people across the globe participated in the series each day. Out of this 350-450 participants responded through feedback each day. Majority of the participants were students. Academicians, practitioners, research scholars, assistant professors, social workers are also attended the webinar.

INTERNATIONAL WEBINAR
SOCIAL WORK COMPETENCIES IN ENGLAND

An International conference on "Social Work Competencies in England" on 13th of June 2020, were organized and hosted by Bharata Mata School of Social Work, Thrikkakara. The Webinar was carried out as a collaborative effort by all the three speakers, Ms. Rachael Kumar (Social Work Lecturer and Practice Educator) and was supported by Mr. Anand Kumar (Practice Educator at Royal Holloway University, England) and Mr. Neeraj Kumar (Advanced social worker, London Borough of Croydon). Around 473 people across the globe participated in the webinar. Out of these 181 participants responded through feedback. Academicians, practitioners, research scholars, assistant professors, social workers are also attended.

WEBINAR ON POSITIVE PARENTING

A conference on "Positive parenting" on 19th september 2021, 3-5 pm was organised and hosted by Bharata Mata School of Social Work, Thrikkakara. The webinar was carried out by the effort of 2 speakers;Mrs. Gracy george (family and student counsellor,former assistant professor, Holy Cross Institute of management and technology,counsellor at bhavans school) and Ms.Varsha Sajeevan (Psychological Counsellor, Punarjani Counselling Centre). The webinar was conducted for the parents of children of 4 to 12 years of age. Around 373 parents participated in the webinar.

HELPING HAND FOR CHELLANAM

JULY 26

On July 21, 2020, sea attacks occured at Chellanam coastal area. During this time Chellanam area was under containment zone, so people there faced double challenges to live. The social work trainees recognized the pathetic situation and focused to raise hand to help Chellanam. ₹50 campaign through social media in order to collect money a from variant zones and collected a total amount of around ₹22, 000 within three days. It was a big challenging process to get sponsorship in this pandemic period and with the help of Arya Vaidyashala Kottakal, and the money collected by social work trainees of Bharata Mata School of Social Work provided medical kit. The medical kit included Ayurvedic immunity powder, Handwash, Bodywash, Scrubbers and Face masks (5) these items were given to 5 members of each family. On 26th July handed over the medical kits to 150 families in Chellanam. The program was initiated and collaborated with KAPS Ernakulam Chapter and INIZIO, Alumini Club BMSSW.

KARKKIDAKA KANJI KIT DISTRIBUTION

AUGUST 3

"Karkkidaka Kanji Kit" was provided to 42 oldage people in Kadamakkudy on 3rd August 2020. In this Covid-19 pandemic, the most affected vulnerable category is oldage people. Considering this issue and focusing on increasing their immunity power, social work trainees provided Karkidakka kanji kit. Kerala which is deeply rooted in its culture and tradition considering the Malayalam month Karkkidakkam as the month with its own nature in improving individuals health conditions, and the most important in it includes the Karkkidaka Kanji. It consists of many pulses and healthy items which increase the immunity power. Through sponsorship from Ayurvedic centres in Ernakulam the program is been initiated. Sponsors include Prakriti Ayurveda Center, Aravind Ayurveda Hospital, Dhanwandhari Ayurvedics, Arya Vaidyashala Kotakkal.

Midst Covid-19 : An Alappian exploration of life

മണ്ണഞ്ചേരി പോസ്റ്റ് ഓഫീസിനു മുന്നിൽ പരിവാർ സംഘടിപ്പിച്ച നിൽപ് സമരം കെ. നജീബ് ഉദ്ഘാടനം ചെയ്യുന്നു

മാനസിക വെല്ലുവിളി നേരിടുന്ന കുട്ടികൾ നിൽപ് സമരം നടത്തി

മണ്ണഞ്ചേരി: മാനസിക-ബൗദ്ധിക വെല്ലുവിളികൾ അതിജീവിക്കുന്ന ഭിന്നശേഷിക്കാരുടെ സുരക്ഷിതത്വ നിയമമായ നാഷനൽ ട്രസ്റ്റ് ആക്ട് 1999 പുനഃപരിശോധിക്കാനുള്ള കേന്ദ്രസർക്കാർ നീക്കത്തിനെതിരെ മാനസിക വെല്ലുവിളികളുള്ളവരുടെ ദേശീയ രക്ഷാകർതൃ സംഘടനയായ പരിവാറിന്റെ നേതൃത്വത്തിൽ മണ്ണഞ്ചേരി പോസ്റ്റ് ഓഫീസിനു മുന്നിൽ രക്ഷാകർത്താക്കളും കുട്ടികളും നിൽപ്സമരം സംഘടിപ്പിച്ചു.

ന് മുന്നിൽ നടന്ന നിൽപ് സമരം മനുഷ്യാവകാശ പ്രവർത്തകൻ കെ. നജീബ് ഉദ്ഘാടനം ചെയ്തു. ആലപ്പുഴ ജില്ല പരിവാർ പ്രസിഡന്റ് കെ. മുജീബ് അധ്യക്ഷത വഹിച്ചു. സിറാജുദ്ദീൻ, മണിയൻ, രേഖ, ശിവരാജൻ, ശ്രീലക്ഷ്മി, സാബു തുടങ്ങിയവർ സംസാരിച്ചു.

ഹരിപ്പാട്: ഹരിപ്പാട് പോസ്റ്റ് ഓഫീസ് പടിക്കൽ നടന്ന സമരം പരിവാർ മധ്യമേഖല കമ്മിറ്റി അംഗം ഐ. നൗഷാദ് ഉദ്ഘാടനം ചെയ്തു. ആശ അജൻ, ഷെർളി വർ

Midst Covid-19 : An Alappian exploration of life

Real life experiences become the best lessons for a student to learn forever. COVID 19 pandemic served as an incredible opportunity to selflessly serve the community without expecting anything in return. The service begun after registering as a volunteer in the 'Sannadham' portal of Alappuzha Municipality. The major works include preparing the list of people under quarantine and providing tele counselling services. A mock drill was conducted for the people on hand sanitizing at Alappuzha KSRTC stand as a part of 'Break the Chain' campaign. It was at that time, I got acquainted with ARDF (Alleppey Development Responsible Forum) and took membership in the forum. I was very much motivated by the initiatives taken by ADRF force for the community during the pandemic. I also became one of them who are engaged in social service without any gender-Age differentiations. This led to the realization that there is no limit for social service. Together with the ARDF force, I also reached Kaavaalam panchayath to provide mental support to people under quarantine and to provide awareness to the neighbors to prevent social exclusion of the quarantined families as per the instruction given by the collector. The extent of psychological distress one suffers when forced to confine himself within the four walls of his house for the safety of the whole society is maginable. Through praising the efforts taken by them, we were able to provide support and relief to those people. These experiences become a practical exposure to me who had learnt only the theoretical aspects of counselling. To me, it is of great importance to provide care and emotional support to others during their difficult situations. Another great experience was travelling through the deserted roads of Alappuzha during the lockdown for providing medicines and other essentials for the elderly, differentially abled, homeless and people under quarantine. The priceless reward I got in return was the blessings and prayers of those human beings. More than 850 food packages were prepared in order to help the municipality. If you really love your life, you have to make use of your time,because the only thing you have is present. The ADRF force supplied food grain kits for the family of disabled persons who were facing financial crisis during the unexpected lockdown period. The lockdown greatly affected the families of those individuals who engaged in making pens, bags and umbrellas for living. Mr. Ajith in the ADRF force was the person who influenced me greatly. Being a disabled person, he provides food kits for families of disabled persons with the government pension he receives. Perhaps, he might know the actual needs of disabled persons than their common needs.

Sreelekshmi V.S
Social Work Trainee
Bharata Mata School of Social Work

A SPARK CAN BECOME A FLAME

A SPARK CAN BECOME A FLAME

Covid-19 made us rethink the working process of social work field where we social workers face many challenges in our working sectors. As a social worker, in this pandemic period I found my space in engaging the community. As the first step, we organized a general awareness video on how every student spent their time during lockdown days and it was titled "JaiHo to all Superheroes." Different ideas and works were show cased and this program was officially released in our Youtube channel. More than 50 Social Work students' participation was ensured. From march onwards I was part of "District Mental Health Program in Ernakulam". I have been working in DMHP for tele-counseling purpose. As a social worker it was a great experience from my part to help others in this Covid-19 pandemic. I got an opportunity to enquire on details regarding the problems of Covid positive cases, old age people, foreigners, social stigmas and ASHA workers. It also added a new experience to work with a team of professional counsellors.

I got a big opportunity to coordinate an International Webinar series from our social work department on the theme "Application of social work methods in this pandemic crisis". The webinar series opened a new platform for social work trainees and practitioners in India to be a part of it. International resource persons, four-day series of webinar, platform for paper presentation and International certificates were the attractive factors of the Webinar Series. The program was conducted on June 1, 3, 5 & 8 by following all covid-19 protocols.

In Kerala, we mainly faced the shortage of food and other necessary materials during this pandemic period. So, to overcome this core issue, we social work trainees from Bharata Mata College began "Seed ball Challenge" on June 5, 2020 to make a general awareness among the public regarding the issues related to our food sector and also to promote cultivation of necessary farming in our limited space. Social work students from Bharata Mata college participated in a program organized by "Project VENDA" on the theme "Substance abuse among the youth" on July 1, 2020. A team of six students participated in the project proposal. Team mainly focused on the substance abuse issues among youth in slums. Students included theoretical and practical methods which are beneficial for their upliftment. Students from several colleges across Kerala participated in the project proposal competition organized by Fourth wave foundations. In this new platform, the Social work trainees from Bharata Mata College won the title and a cash prize of amount ₹2000 securing first position in the competition.

On 21st July, 2020 yet another challenge was put before the Chellanam people. Apart from being in the containment zone, the heavy rain flooded Chellanam coastal area. Their life got stuck between Corona and Flood. As a helping hand, Social Work students from Bharata Mata College raised a ₹50 campaign to provide the needy things to them. At the same time, NSS unit from Bharata Mata College provided food kit including 12

A SPARK CAN BECOME A FLAME

items to 200 families in Chellanam. We focused on the health conditions of the people and provided a Medical kit to 150 families in Chellanam. The kit included items such as Ayurvedic immunity powder, Sanitizer, Hand wash, Body wash, Scrubber and Masks (5) which were provided for five members in a family.

One of most vulnerable group of people during this pandemic period are the elderly. Kerala is very famous for our traditions and culture. "Karkkidaka Kanji" was one among it, which is intended to improve our immunity strength during the Malayalam month Karkkidakam. With an intention to help and support aged people, we provided Karkkidaka Kanji kit to 42 elder people in the wards 1 & 13 of Kadamakkudy. As a social worker it was a real bliss for me to organize such a program in this challenging period. In conclusion, these all are the activities which I organized and been part of. We all are going through the same conditions in pandemic period. One of the main motives we had was to focus on the positive side and not on negatives. We might face many struggles and challenges, but we will not quit because we are social workers who are aware of our duty to help our people, our society and we know very well that even our single action can bring great changes. So, as a professional social worker, we will be vigilant and ready enough to serve better service for our people.

Krishnakumar IP
Social Work Trainee
Bharata Mata School of Social Work

PAPER PRESENTATIONS

Name : Ajitha P.P
Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Women's participation in ecotourism: an initiative to combat economic effects of climate change.

Name : Akhila P. Mony
Venue : Rajagiri College, Kalamasery
Event : Webinar series on "Current practices, strategies and challenges in social work education"
Paper Title : Virtual practicum: Challenges faced by social work students in pandemic catastrophe.

Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Extant policies on climate change and gender considerations: A reflective analysis.

Venue : Bharata Mata School of Social Work, Thrikkakara
Event : International Webinar Series, Bharathion 2020, "Application of social work methods in pandemic crisis".
Paper Title : Promoting local sustainability and self-reliance: A tool for post pandemic socio-economic development.

Name : Albitta Mary Avarachan
Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Combating climate chnage through effective land management strategies: Pokali cultivation as a sustainable community development mode.

Venue : Bharata Mata School of Social Work, Thrikkakara
Event : International Webinar Series, Bharathion 2020, "Application of social work methods in pandemic crisis".
Paper Title : Covid-19 Lockdown: A study on psychosocial impact of coping with lockdown work life among professional and non-professional working women in Kerala.

Name : Ali Ansif KM
Venue : St. Joseph College, Moolamattam
Event : National seminar on Innovations for sustainable rural development
Paper Title : Qualitative study on strengthening of Harithakarmasena: A participatory approach for rural development.

Venue : St.Gregorios College of Social Science, Parumala
Event : AGNEYA 2020
Paper Title : A mental health framework on factors of suicide among youth in India

Name : Amrita Ajay
Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Gendered migration due to climate change : A socio-cultural analysis

Venue : Don Bosco College, Sulthan Bathery, Wayanad
Event : National Conference on "Women, Children, and Sustainable developmental goals and Social Work students meet" ZOHAR T20
Paper Title : Women migration and climate change

Name : Anjali M
Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Differential impact of disaster on women

Name : Anjana Suresh
Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Gendered migration due to climate change: A socio cultural analysis

Venue : Don Bosco College, Sulthan Bathery, Wayanad
Event : National Conference on "Women, Children, and Sustainable developmental goals and Social Work students meet" ZOHAR T20
Paper Title : Women migration and climate change

Name : Arya Ashok
Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Differential impact of disaster on women

Name : Ashima Gopinath
Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Women's participation in ecotourism: an initiative to combat economic effects of climate change.

Name : Aswin D
Venue : Cognizavest
Event : Maganizo
Paper Title : Juvenile Delinquency: With special reference to Kaval project

Venue : Bharata Mata School of Social Work, Thrikkakara
Event : International Webinar Series, Bharathion 2020, "Application of social work methods in pandemic crisis".
Paper Title : Role of social workers in mitigating the impacts of pandemic crisis

Name : Christy Babu
Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Women in disasters; Vulnerabilty and Resilience: with special reference to women in coastal areas of kochi.

Name : Greeshma Sebastian
Venue : St. Joseph College, Moolamattam
Event : National seminar on Innovations for sustainable rural development
Paper Title : Effectiveness of Kerala Government's plastic ban in online food delivery

Venue: Rajagiri College of Social Sciences, Kalamassery
Event : Webinar Series on "Current practices, strategies and challenges in social work education"
Paper Title : Virtual Practicum: Challenges Faced by Social Work Students in Pandemic Catastrophe

Name : Harikrishnan P.R
Venue : St. Joseph College, Moolamattam
Event : National seminar on Innovations for sustainable rural development
Paper Title : Qualitative study on strengthening of Harithakarmasena: A participatory approach for rural development.

Name : James Jose
Venue : Bharata Mata School of Social Work, Thrikkakara
Event : International Webinar Bharathion 2020- "Application of Social Work Methods in Pandemic Crisis"
Paper Title : Promoting Local Sustainability and Self Reliance: A Tool for Post Pandemic socio-economic development
.

Venue : St.Gregorios College of Social Science, Parumala
Event : AGNEYA 2020
Paper Title : A mental health framework on factors of suicide among youth in India

Name : Krishnapriya Sudhakaran
Venue : St. Gregorios College of Social Science, Parumala
Event : AGNEYA 2020
Paper Title : A Systematic review on causes of suicide among LGBT youth in India

Name : Krishnakumar IP
Venue : St. Gregorios College of Social Science, Parumala
Event : AGNEYA 2020
Paper Title : Effectiveness of suicide prevention programs on youth in India

Venue : Rajagiri College of Social Sciences, Kalamassery
Event : - Webinar Series on "Current practices, strategies and challenges in Social work Education"
Paper Title : Phoenix: a project for the empowerment of adolescent dropouts from slums in Kochi city

Venue : Bharata Mata School of Social Work, Thrikkakara
Event : International Webinar Series, Bharathion 2020, "Application of social work methods in pandemic crisis".
Paper Title : Covid-19 Lockdown: A study on psychosocial impact of coping with lockdown work life among professional and non-professional working women in Kerala.

Name : Meenu Jayakumar
Venue : St. Joseph College, Moolamattam
Event : National seminar on Innovations for sustainable rural development
Paper Title : "Waste Management in Houseboat: A study conducted in Vemband Lake Alappuzha,Kerala.

Name : Riya Mary
Venue : Rajagiri College of Social Sciences, Kalamassery, Ernakulam
Event : Webinar Series on "Current practices, strategies and challenges in Social work Education"
Paper Title : Call for Tribal Social Work Practice: Reflections from the field engagement with Muthuvans

Venue : Christ University, Bangalore
Event : National Conference on "Women in climate change"
Paper Title : Post Disaster challenges faced by women in India: A Systematic Analysis.

Venue : Don Bosco College, Sulthan Bathery, Wayanad.
Event : National Conference on "Women, Children and sustainable development goals" and Social Work students meet "Zohar T 20"
Paper Title : Quality Education for tribal Students: A study conducted in government tribal hostel, Kerala.

Name : Roselin Mary Benny
Venue : Don Bosco College, Sulthan Bathery, Wayanad.
Event : National Conference on "Women, Children and sustainable development goals" and Social Work students meet "Zohar T 20"
Paper Title : Climate change and forest fire

Venue : St. Gregorios College of Social Science, Parumala
Event : National Conference "Agneya-2020" on Suicide Prevention among Youth.
Paper Title : Sucidal Behaviour: influence of Social media among youth

Name : Saira Bhanu
Venue : St.Joseph's College, Moolamattom
Event : National Seminar On " Innovations Sustainable Rural Development"
Paper Title : "Waste Management in Houseboat: A study conducted in Vemband Lake Alappuzha, Kerala"

Name : Shahzaman M.S
Venue : Bharata Mata School of Social Work, Thrikkakara
Event : International Webinar Bharathion 2020- "Application of Social Work Methods in Pandemic Crisis"
Paper Title : Role of social worker in mitigating the impact of pandemic crisis

Venue : St. Gregorios College of Social Science, Parumala
Event : National Conference "Agneya-2020" on Suicide Prevention among Youth.
Paper Title : A mental health framework on factors of suicide among youth in India

Name : Sivaprasad CR
Venue : Bharata Mata School of Social Work, Thrikkakara
Event : International Webinar Bharathion 2020- "Application of Social Work Methods in Pandemic Crisis"
Paper Title : Role of social worker in mitigating the impact of pandemic crisis

Name : Sneha Thampy
Venue : Rajagiri College of Social Sciences, Kalamassery, Ernakulam
Event : Webinar Series on "Current practices, strategies and challenges in Social work Education".
Paper Title : Phoenix: a project for the empowerment of adolescent dropouts from slums in Kochi city

Venue : Santhigiri college of computer sciences, Thodupuzha
Event : Dyothana a national Conference.
Paper Title : Magical role of SHGs in the empowerment of women

Venue : St. Gregorios College of Social Science, Parumala
Event : National Conference "Agneya-2020" on Suicide Prevention among Youth.
Paper Title : Family: a risk factor leading to suicide

Name : Sona Jose
Venue : Christ College, Bangalore
Event : National conference on "Women in climate change"
Paper Title : Combating climate chnage through effective land management strategies: Pokali cultivation as a sustainable community development mode.

Venue : Bharata Mata School of Social Work, Thrikkakara
Event : International Webinar Series, Bharathion 2020, "Application of social work methods in pandemic crisis".
Paper Title : Stigma intervention in elderly with special reference to covid-19 Outbreak'

Name : Sree Rekha K Zenith
Venue : Bharata Mata School of Social Work, Thrikkakara
Event : International Webinar Series, Bharathion 2020, "Application of social work methods in pandemic crisis".
Paper Title : Stigma intervention in elderly with special reference to covid-19 Outbreak'

Venue : Shanthigiri college of computer science
Event : Dyothana a national Conference
Paper Title : Child marriage a violation of child rights

Venue : Christ University, Bengalore
Event : National Conference on "Women in climate change".
Paper Title : Women in Disasters; Vulnerability and Resilience: With Special Reference to Women in Coastal Areas of Kochi.

Venue : St. Gregorios College of Social Science, Parumala
Event : National Conference "Agneya-2020" on Suicide Prevention among Youth.
Paper Title : Family a risk factor leading to suicide.

Venue : Online platform
Event : Maganizo. National Conference.
Paper Title : Juvenile Delinquency: With Special Reference to Kaval Project

Venue : Don Bosco College, Sulthan Bathery, Wayand, Kerala.
Event : National Conference on "Women, Children and sustainable development goals" and Social Work students meet "Zohar T 20"
Paper Title : Plastic Pollution and Marine Ecology: A Study on Its Effect on the Fishermen Community

Name : Sreelekshmi VS
Venue : St. Joseph College, Moolamattam
Event : Dyothana 2020
Paper Title : The magical role of SHG 's in the empowerment of women

Venue : St. Gregorios College of Social Science, Parumala
Event : National Conference "Agneya-2020" on Suicide Prevention among Youth.
Paper Title : Suicide behavior: influence of social media among youth.

Name : Amal Dev M
Venue : St. Gregorios College of Social Science, Parumala
Event : National Conference "Agneya-2020" on Suicide Prevention among Youth.
Paper Title : Effectiveness of suicide prevention programs on youth in India

Name : Vivek Ashok
Venue : St. Joseph College, Moolamattam
Event : National seminar on ' Innovations for sustainable rural development'
Paper Title : Effectiveness of Kerala Government's Plastic Ban in Online Food Delivery

Venue : Christ University, Bangalore
Event : National Conference on "Women in climate change"
Paper Title : Post Disaster challenges faced by women in India: A Systematic Analysis.

Venue : Don Bosco College, Sulthan Bathery, Wayanad.
Event : National Conference on "Women, Children and sustainable development goals" and Social Work students meet "Zohar T 20"
Paper Title : Quality Education for tribal Students: A study conducted in government tribal hostel, Kerala.

Name : Praison Alias
Venue : Don Bosco College, Sulthan Bathery, Wayanad.
Event : National Conference on "Women, Children and sustainable development goals" and Social Work students meet "Zohar T 20"
Paper Title : "Women, Children and sustainable development goals"

Venue : Shanthigiri College of Computer Sciences,
Event : Dyothana a national Conference
Paper : Child Marriage a violation of child rights

Venue : St. Gregorios College of Social Science, Parumala
Event : National Conference "Agneya-2020" on Suicide Prevention among Youth.
Paper Title : India a digital hub : forensic crime, it act among youth

Name : Smruthi Aravind
Venue : Rajagiri College of Social Sciences, Kalamassery, Ernakulam
Event : Webinar Series on "Current practices, strategies and challenges in Social work Education".
Paper Title : Enhancing Family Functioning: A Strength Based Practice Model In Engaging With Families

Name : Sebin Varghese
Venue : Rajagiri College of Social Sciences, Kalamassery, Ernakulam
Paper Title : Covid-19 related Socio-Economic and Livelihood issues challenged by Street Vendors in Kerala.

Name : Fousiya
Venue : Bharata School of Social Work, Kochi
Event : International Webinar Series, Bharathion 2020, "Application of social work methods in pandemic crisis".
Paper Title : Covid-19: Anxiety among civic - special reference to Kerala.

EXPERT LECTURES

Name : Jessy P Varghesee
Designation : Admin Officer, Caritas India CBR Forum. Maruti Seva Nagar, Bangalore
Topic : Reminiscing the various social work roles in my professional journey

Name : Jithin Shelly
Designation : Freelance Trainer
Topic : ICT Tools for Social Workers

Name : Dr. Jonas Richard A
Designation : Professor & Head, Department of Social Work, Director, Centre for Life Skills Education, Kristu Jayanti College, Bangaluru
Topic : Foundational Skills for iGen Social Work Practitioners

Name : Bhavya
Designation : Doctoral Scholar, Tata Institute of Social Sciences, Mumbai
Topic : Oppression of women and nature: Ecofeminism as a ecological framework

Name : Melvin Netto
Designation : Liaison Associate, United Nations High Commissioner for Refugees, New Delhi
Topic : Professional experience in working with refugee population, challenges and prospects

EXPERT LECTURES

Name : Dr. Anoop Antony
Designation : Sr. Manager at The Association of People with Disability (APD, India), Banglore in Institute of Disability Rehabilitation and Research (IDRR).
Topic : Psycological First Aid Supporting Yourself and Others during Covid-19

Name : Dr. Noli Nivedita Tirkey
Topic : Understanding Tribal and Developmental and Marginity

Name : Sheeja Karalam
Designation : Associate Professor, Christ University Bangalore.
Topic : How to grab opportunities for higher studies in social work and become a competent researcher, consultant and project manager.

Name : Gracy George
Designation : School Counsellor, Bharatiya Vidya Bhavan School, Kozhikode
Topic : School Counselling Prospects

Name : Project VENDA
Topic : Project VENDA, Student Empowerment Programme

EXPERT LECTURES

Name : Sapna K.S
Designation : Centre for Life (Counselling, guidance & training)
Topic : Battle of Interest [aham v/s tvam]

Name : Gayathri KR
Designation : Psychiatric Social Worker
Topic : Social work practice with children persepectives from child guidance centre

Name : Jaicy George
Designation : Faculty in Department of Professional studies, Christ University, Bangalore
Topic : Etiquette and Professional grooming

Name : Nithin Varghese
Designation : Faculty, Kerala State Civil Service Academy, Trivandrum
Topic : Orientation on Civil Service Preparation

Name : Dr. Sheetal Kamble
Designation : Human Right Activist
Topic : Caste-based violence: Socio-legal intervention in Atrocity Act 1989

ARTICLE PUBLISHED

Name : Akhila.P.Mony
Topic : Gandhi's constructive programme: An appraisal
Journal Name : Rajagiri Journal of Social Development

Name : Anjali. M
Topic : Gandhi's constructive programme: An appraisal
Journal Name : Rajagiri Journal of Social Development

Name : Christy. Babu
Topic : Plastic Pollution and Marine Ecology: A Study on Its Effect on the Fishermen Community
Journal Name : Teresian Journal of Community Research (TJCR)

Name : Krishnakumar I.P
Topic : Substance abuse free environment: a reality- a social work practice model to work with adolescents and youth in Kochi Slums.
Journal Name : A Compendium of evidence based Social Work Education and Practice

Topic : Spark can become a flame.
Journal Name : Unitum 2020

ARTICLE PUBLISHED

Name : Sebin Varghese
Topic : Need for Psycho-Social Interventions among youth offenders- A Nudge towards social responsibility.
Journal Name : A Compendium of Evidence Based Social Work Education and practice year of publication; 2020.

Name : Praison Alias
Topic : Child marriage a violation of child rights
Journal Name : Journal name- International Journal of Research and Analytical Reviews (IJRAR)

Name : Riya Mary
Topic : Call for Tribal Social Work Practice: Reflections from the field engagement with Muthuvans
Journal Name : Compendium of evidence based Social Work Education and Practice

Name : Sreelekshmi V.S
Journal Name : Unitum 2020

ARTICLE PUBLISHED

Name : Sneha Thampy
Topic : Substance abuse free environment: a reality- a social work practice model to work with adolescents and youth in Kochi Slums.
Journal Name : A Compendium of evidence based Social Work Education and Practice

Name : Sree Rekha.K. Zenith
Topic : Child marriage a violation of child rights
Journal Name : Journal name- International Journal of Research and Analytical Reviews (IJRAR)

Topic : Pollution and Marine Ecology : A Study on its effect on the fisherman community
Journal Name : Terasian Journal of Community Research (TJCR)

Name : Smruthi Aravind
Topic : Enhancing Family Functioning: A Strength Based Practice Model in Engaging with families.
Journal Name : A Compendium of Evidence Based Social Work Education and practice year of publication; 2020.

ACHIEVEMENTS

First Runner's Up
Christ College, Irinjalakuda

DEBATE COMPETITION FIRST POSITION:
Shahzaman M.S & Sreelekshmi V.S

PHOTOGRAPHY COMPETITION FIRST POSITION:
Amaldev. M

ACHIEVEMENTS

Best Social Worker Team Award

Don Bosco College, Wayanad

First Runner's-Up

St. Gregorios College of Social Science, Parumala

ACHIEVEMENTS

Title Winner, Project VENDA

SAFE, FOURTH WAVE FOUNDATION

BEST OUT-GOING STUDENT

Ms. Aleena Jose

MSW BATCH 2018-2020

ACHIEVEMENTS

Ms. Sreerekha K Zenith
MSW Batch 2019-2021

1.Indian center for development and rights fellowship
2.Youth Engagement in Leadership and Action fellowship
3.Svadhyaya for change internship
4.Aid hands foundation internship
5.Budding psychologist organization internship
6.On rent anything organization internship
7.Nasha mukth bharath abhayan campaign master trainer.

M.G University Rank Holder

FACULTY

Dr. Sheena Rajan Philip

Journal Articles

Cyber Bullying : A Perspective Study among Higher Secondary Students in Kerala, *BMC Journal*

A Revisit to COVID-19 Challenges and Responses: A Case Study of Kerala, *Space and culture, India- A peer reviewed India focused International Journal in Humanities and Social Sciences ISSN 2052-8396*

Awards

Teacher Innovation Award
Faculty Achievement Award
ICSSR Fellowship

Paper Presentations

India a digital hub : forensic crime, it act among youth at St. Gregorios College of Social Science, Parumala.

"Covid-19: Anxiety among civic - special reference to Kerala"at Bharata Mata School of Social Work

"Covid-19 Lockdown: A study on psychosocial impact of coping with lockdown work life among professional and non-professional working women in Kerala" at Bharata Mata School of Social Work.

Journal Articles

Substance Abuse Free Environment: A Reality- A Social Work Practice Model to work with adolescents and youth in kochi slums, *A Compendium of evidence based social work education and practice*

Dr. Elsa Mary Jacob

Plastic pollution and marine ecology: A study on its effect on the fishermen community, *Teresian Journal of community research Double blind peer reviewed interntional quarterly.*

Need for Psycho-social Interventions among youth offenders - a Nudge towards social responsiblity, *Reformative explorations - a psycho-spiritual and crimino-social quarterly on Reformation and Rehabilitation ISSN 0972-7701.*

Gandhi's Constructive Programme: An appraisal , *Rajagiri Journal of Social Development ISSN 0973-3086.*

A Revisit to COVID-19 Challenges and Responses: A Case Study of Kerala, *Space and culture, India- A peer reviewed India focused International Journal in Humanities and Social Sciences ISSN 2052-8396*

Human well-being and Pandemic Crisis: Implications for Social Work Practice from Kerala Experience, *Space and Culture, India- A Peer reviewed India focused International Journal in Humanities and Social Sciences ISSN 2052-8396*

Community Engagement of Higher Education Institutions in Kerala; Catalyzing Socio-economic Transformation Globally and Locally, *Social Work Education, Research and Practice- Perspectives from India and Australia.*

Enhancing Family functioning: A strength based practice model in engaging with families, *A Compendium of evidence based social work education and practice.*

FACULTY

Arya Chandran L

Paper Published

Chandran,A.Tom, T.M, Mary,R(2020). "Call for tribal social work practice: Reflections from the field engagement with Muthuvans" *A Compendium of evidence based social work education and practice (73-81), Bonfring.*

Chandran, A. Jacob, E.M.Mathew, A.(2020)."Human Wellbeing and Pandemic Crisis: Implications for Social work practice from Kerala Experience", Space and Culture India, 8(2),36-46.

Paper Presentation

Paper presented on "Call for tribal social work practice: Reflections from the field engagement with Muthuvans" at Rajagiri college of Social Sciences on the topic "Current Practices, Strategies and Challenges in Social Work Education" held during 22-24 July, 2020.

Tony M Tom

Research Publications

Call for Tribal Social Work Practice: Reflections from the field engagement with muthuvans , *A Compendium of evidence based social work education and practice. 978-93-89515-29-9 DOI 10.9756/BP2020.1001*

FACULTY

Semichan Joseph

Journal Articles

Professional challenges faced by schools counselors-development of school counselor's professional challenges scale(SCPCS). *The International journal of analytical and experimental model analysis, Volume XI, Issue IX, ISSN:0886-9367*

A Study on job satisfaction among women school counselors in Kerala. *Journal of Information and Computational Science Volume 9 Issue 9, ISSN: 1548-7741.*

Books Published

School Counsellors professionl challenges scale manual-2019, First published in 2019 by MERIT BOOKS, ISBN: 978-93-80762-89-0

Empeiria Stories from the field first published in February 2021, ISBN 978-93-5419-599-0

-

Editorial Members

International Journal of Social and Development Concerns

Dr. Sheena Rajan Philip

Dr. Elsa Mary Jacob

Department Projects

Beat Plastic Pollution: A Study on food chain deliveroo on plastic waste generation in Ernakulam district-ICSSR PROJECT.

Baseline survey and need assessment survey - Help Age India

Social Impact Assessment for Kochi Metro

ICSSR Project for "Green Social Work"

Need Assessment Study & Identification of CSR project in Vypin, Ernakulam with LNG

Villages Adopted for UBA

Kuttampuzha Panchayath
Udayamperoor Panchayath
Puthenvelikkara Panchayath
Ayyampuzha Panchayath
Vadakkekara Panchayath

BHARATHION 2019- AWARDEES

Bharata Mata College, in the year 2019, has constituted The Best Social Work Practitioner & The Best Social Work Academician Award 2019, to those individuals who have rendered exemplary contribution to the field of professional social work. The purpose of this award is to recognize the meritorious contribution rendered in this field. The honor consists of a cash award of INR 10001 and citation, has been presented in the National Conference on Green Social Work, on December 19, 2019.

Awardee for Bharata Mata Social Work Academician

Dr. Prabha Tirmare

Awardee for Bharata Mata Practitioner

Dr. T.S. Chandrashekara